

**TISCOVER
Extranet
User Guide
For
Serviced Accommodation
Providers**

Health and Fitness

Health and Fitness

As Health and Fitness facilities can be very important to some visitors, this section gives you an opportunity to enhance your details with an image and information relating specifically to Health and Fitness available **within your** establishment.

To enter Health and Fitness details go to:

Data

Master Data

Health and Fitness.



The screenshot shows a web interface for entering Health and Fitness details. At the top, there is a tab labeled 'Health/Fitness' and a view selector with options: 'view all', 'hide all', and 'view only required fields'. Below this, there are four main sections, each with a small icon and a title: 'Health & Fitness Image (Maximum Size 407x115 Pixel)', 'Health & Fitness Text', 'Vitality (Pflegen Sie bitte die Wertemengen Sauna, Hallenbad, Türkisches Bad auch im Bereich Ausstattung ein)', and 'Health and Wellbeing (Pflegen Sie bitte die Wertemengen Sauna, Hallenbad, Türkisches Bad auch im Bereich Ausstattung ein)'. A 'Save' button is located at the bottom left of the form area.

You can enter both a Health and Fitness Image and Health and Fitness Text to enhance your entry further. Details of how to do this can be found in the Images section.




This screenshot shows the 'Health & Fitness Image' section. It has a title 'Health & Fitness Image (Maximum Size 407x115 Pixel)'. Below the title is a large light blue area. On the left, there is a text input field labeled 'Image:' containing the filename '56344_407x115.jpg'. Below this field are two buttons: 'View Image' and 'Delete Image'. On the right, there is a small thumbnail image of an indoor swimming pool. To the right of the thumbnail, the text '(Size: 173x115 Pixel / 3 KB)' is displayed.

The image that you have loaded under this section will appear on the website – as shown below



Below the image you have the ability to add text. This is split into 2 sections, Teaser and Text.

 **Health & Fitness Text**

Teaser (Maximum Length: 150)

"The Spa"

Text (Maximum Length: 800)


Feeling tired? Unwind in the Hilton Glasgow hotel spa. Enjoy a massage in one of 5 treatment rooms or relax in the steam room, sauna or Jacuzzi.

The maximum length of characters for the Teaser is 150, and this text will appear in bold on the website. The Text section allows a maximum of 800 characters and will appear in normal text, an example is shown below:


"The Spa"

Feeling tired? Unwind in the Hilton Glasgow hotel spa. Enjoy a massage in one of 5 treatment rooms or relax in the steam room, sauna or Jacuzzi. Treat yourself to a holistic Hydrotherm body massage or Crystal Clear exfoliating facial in the Hilton Glasgow hotel spa. Products include CACI Quantum, for non-surgical face lifts, and the make-up range I.D. Bare Escentuals.

All the other sections consist of check boxes from which you can choose the facilities applicable to the health and fitness facilities.

 **Vitality** (Please maintain the values Sauna and indoor swimming pool in the area Facilities too.)

<input checked="" type="checkbox"/> Sauna	<input checked="" type="checkbox"/> Steam Room
<input type="checkbox"/> Steam Bath	<input type="checkbox"/> Asian Bath House
<input type="checkbox"/> Outdoor Swimming Pool	<input checked="" type="checkbox"/> Fitness Training

 **Health and Wellbeing** (Please maintain the values Sauna and indoor swimming pool in the area Facilities too.)

<input type="checkbox"/> Acupuncture	<input checked="" type="checkbox"/> Body Wraps
<input type="checkbox"/> Kinesiotherapy	<input checked="" type="checkbox"/> Special Diets
<input type="checkbox"/> Hay Baths	<input type="checkbox"/> Inhalations

- Click save

They appear on the website as shown overleaf.

Vitality

- › Sauna
- › Steam Room
- › Fitness Training

Health and Wellbeing

- › Body Wraps
- › Special Diets
- › Physiotherapy
- › Beauty Treatments
- › Swedish Massage
- › Sports Massage
- › Traditional Massage

The only headings that will display on the website are ones that you have entered details for.

Theses details will display on the website immediately.