

TISCOVER Extranet User Guide For Self Catering Accommodation Providers

Health and Fitness

Health and Fitness

As Health and Fitness facilities can be very important to some visitors, this section gives you an opportunity to enhance your details with an image and information relating specifically to Health and Fitness available within your establishment.

This section can also be used to outline any health or fitness facilities in the area surrounding your property such as; golf, fishing, walking, cycling, swimming pool. To outline these facilities you would add an image and use the free text box to write a description of what is available in the area surrounding your property. You would not use the tick boxes in this situation.

To enter Health and Fitness details go to:

Data

Master Data

Health and Fitness


You can enter both a Health and Fitness Image and Health and Fitness Text to enhance your entry further. Details of how to enter the image can be found in the Images section.

The image that you have loaded under this section will appear on the website – as shown below



Below the image you have the ability to add text. This is split into 2 sections, Teaser and Text.

The maximum length of characters for the Teaser is 150, and this text will appear in bold on the website, as a heading. The Text section allows a maximum of 800 characters and will appear in normal text, an example is shown below:

 **Health & Fitness Text**

Teaser (Maximum Length: 150)

"The Spa"

Text (Maximum Length: 800)


Feeling tired? Unwind in the Hilton Glasgow hotel spa. Enjoy a massage in one of 5 treatment rooms or relax in the steam room, sauna or Jacuzzi.

On the website this example would display in the following format.


"The Spa"

Feeling tired? Unwind in the Hilton Glasgow hotel spa. Enjoy a massage in one of 5 treatment rooms or relax in the steam room, sauna or Jacuzzi. Treat yourself to a holistic Hydrotherm body massage or Crystal Clear exfoliating facial in the Hilton Glasgow hotel spa. Products include CACI Quantum, for non-surgical face lifts, and the make-up range I.D. Bare Escentuals.

All the other sections consist of check boxes from which you can choose the facilities applicable to the health and fitness facilities.

 **Vitality** (Please maintain the values Sauna and indoor swimming pool in the area Facilities too.)

<input checked="" type="checkbox"/> Sauna	<input checked="" type="checkbox"/> Steam Room
<input type="checkbox"/> Steam Bath	<input type="checkbox"/> Asian Bath House
<input type="checkbox"/> Outdoor Swimming Pool	<input checked="" type="checkbox"/> Fitness Training

 **Health and Wellbeing** (Please maintain the values Sauna and indoor swimming pool in the area Facilities too.)

<input type="checkbox"/> Acupuncture	<input checked="" type="checkbox"/> Body Wraps
<input type="checkbox"/> Kinesiotherapy	<input checked="" type="checkbox"/> Special Diets
<input type="checkbox"/> Hay Baths	<input type="checkbox"/> Inhalations

- Click save

Health and Fitness details appear on the website as shown overleaf.

Vitality

- › Sauna
- › Steam Room
- › Fitness Training

Health and Wellbeing

- › Body Wraps
- › Special Diets
- › Physiotherapy
- › Beauty Treatments
- › Swedish Massage
- › Sports Massage
- › Traditional Massage

The only headings that will display on the website are ones that you have entered a details for.