The Loch Rannoch Highland Resort sits on the banks of Loch Rannoch, in the picturesque village of Kinloch Rannoch, in Perthshire, Scotland.

This is a great walking area whatever your ability. There is a wide network of paths and tracks and the most stunning scenery and views to enjoy while walking. If you enjoy a gentle stroll by the Lochside, or in the hills or forests, or want to conquer a Munro or a Corbett, there’s something here for you. The resort is dog friendly and welcomes pets to enjoy the vast spaces around the resort.

Every Lodge has a beautiful view of the loch and the hills beyond with its own conservatory with large panoramic windows and sliding doors or an outside space. Sit back and enjoy the beautiful sunsets, the wildlife and stunning scenery from the luxury of your lodge.

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www.lochrannochhighlandclub.co.uk
Welcome

Scotland is full of more truly amazing experiences for walkers of all aspirations than you could ever imagine.

The options are endless. Wander through a quiet woodland, climb a spectacular mountain or help us celebrate Scotland’s Year of Coasts and Waters 2020 with a stroll along a sandy beach, around a sparkling loch or exploring our amazing 18,000 km coastline.

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Walk in Scotland

Scotland’s amazingly diverse landscape, including majestic mountains, rolling hills, glorious glens, sparkling lochs and a dramatic coastline dotted with beautiful islands, offers a wealth of walking for all.

So easy to reach from across the world and with a fantastic network of transport routes once you’re here, it’s no wonder that Scotland is so popular with visitors.

Add to this a huge range of breathtaking landscapes with walking routes, that range from easy-going strolls to multi-day adventures, and you have many reasons to rejoice that you have chosen our small, neatly packaged country for your active holiday.

But, perhaps, there is one challenge to face: Where will you go walking first?

The seven cities of Scotland - Edinburgh (the capital), Glasgow (the largest), Aberdeen, Dundee, Inverness, Stirling and Perth – and a wealth of picturesque and historic towns, provide a great base for exploring 12 mainland regions and two National Parks.

In the Year of Coasts and Waters 2020, we expect many people will make a trip to Scotland’s islands too, including the Outer Hebrides, Orkney and Shetland, as well as the western isles in Argyll. Regular ferries and flights make even the most remote isles very accessible.

Another attraction for walkers to Scotland is just how close the countryside is to urban settlements, especially in Greater Glasgow & The Clyde Valley, Edinburgh & The Lothians, Aberdeen & Aberdeenshire and Dundee & Angus.

In this guide, we showcase all the regions of Scotland, each with their unique landscapes, paths and trails, and all of them offering a warm Scottish welcome.

In southern Scotland, which includes the Scottish Borders and Dumfries & Galloway, the undulating countryside and peaceful beaches are home to many easier walks, which are ideal for a family outing or a leisurely stroll. This area also boasts some wilder moorlands and high peaks for further walking challenges.

Heading northwards, the landscape changes from lowlands to the magnificent Highlands. The Highland Fault Line, the geological feature that crosses Scotland from the Isle of Arran and Helensburgh in the south west to Stonehaven in the north east, creates a striking change in the landscape.

The beautiful waters of Loch Lomond are situated on this fault line and walkers to Loch Lomond, The Trossachs, Stirling & Forth Valley are truly spoilt for choice. Perhaps you’ll choose an easy walk along a lochside or hike to the summit of one of many hills or mountains in this region.

Further north, the landscape rises ever more dramatically as you reach the regions of Perthshire and the Highlands. A popular challenge is to seek out a Corbett or Munro for a lofty hike.

The increasingly popular pursuit of Munro and Corbett bagging sees walkers ticking off hill lists, including the 282 Munros with a summit of more than 3,000 ft (914 m) and the 222 Corbetts with a peak height of between 2,500 ft (762 m) and 3,000 ft (914 m).

While many of the summits require experience and high levels of...
You can’t beat Scotland for a good walk, generally followed by a restorative whisky in a handy pub.

Penny Smith, former GMTV presenter
Discover Scotland Coast to Coast on the John Muir Way

One of Scotland’s Great Trails, the John Muir Way offers a journey through Scotland’s diverse landscapes, history and heritage. It links Helensburgh in the west with Dunbar in the east – birthplace of ‘father of national parks’ John Muir.

Walk coast to coast in 10 days and you’ll experience a little of everything Scotland has to offer, from tranquil woods and stunning coastlines to our canals’ industrial past and the bustling capital city. Transport links are good too, so it’s easy to explore stage by stage, over day trips or weekends.

New official route passport
Mark your progress across Scotland by earning stamps as you complete the 10 sections to claim your free completer certificate. Plus you’ll find exclusive offers for passport holders along the way. Find out more on the website.

DISTANCE: 134 miles/215 km
TIME: 10 days
HEIGHT GAIN: 2,015m
START/FINISH: Helensburgh/Dunbar

For reservations or enquiries contact: 01856 873535 ext 2901

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energy, others are perfectly suited to walking newcomers.

These regions are not just for experienced hikers, however. In valleys, glens and forests, and along sandy shorelines or close to rivers and lochs, many easier trail gems can be explored on foot. On so many occasions, walkers are treated to fabulous views and wildlife spotting opportunities.

Perthshire is also famed as Scotland’s ‘Big Tree Country’ and boasts many natural treats, such as the world’s tallest hedge and one of the world’s oldest trees. The woodlands and forests are home to so many trails and paths that you will never run out of walking options.

Scotland’s coast is a big draw for visitors. The Kingdom of Fife is famed for its string of pretty fishing villages dotted along a long shoreline, as well as atmospheric forests and gentler hills.

Aberdeen and Aberdeenshire, further north, combines city entertainment and an outstanding urban beach with very scenic countryside and a superb coast, all dotted with numerous walking routes.

From adventurous outings to romantic excursions, the islands of Scotland offer a wonderful get-away-from-it-all atmosphere. In the northerly, yet still highly accessible, islands that make up Orkney and Shetland, there are many walks that link natural, historical and archaeological treasures in one route.

Other islands, such as those in the Outer Hebrides, promise a wide variety of walking all in one chain, from hills and coast, to lochans and spectacular beaches.

The two National Parks, Cairngorms and Loch Lomond & The Trossachs, offer vast areas of natural beauty that are specially managed and conserved to showcase the very best of Scotland’s natural jewels. Walks range from short and sweet to memorably epic.

Scotland is also famed for a long list of waymarked long-distance trails. Helpful signposts, guidebooks and websites aid walkers on routes that offer day after day of wonderful walking, or the option to enjoy a shorter section over a half or a full day.

Celebrating its 40th anniversary in 2020, the original long-distance trail is the West Highland Way, running from just north of Glasgow to the Highland town of Fort William, over 96 miles away. In the south, you’ll find the Southern Upland Way (at 214 miles, Scotland’s longest), the Carrick Way
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I love walking in Scotland because you can feel so far away from it all within a very short drive of a major city.

Hazel Irvine, broadcaster and journalist

and the John Buchan Way, among many others, while in central Scotland there’s the new Fife Pilgrim Way.

Further north, there’s the Great Glen Way, the East Highland Way and the new Loch Ness 360° Trail. At the coast you’ll discover the John o’Groats Trail, the Fife Coastal Path and the Moray Coast Trail. The islands have their own long-distance routes, including Bute’s West Island Way and the Arran Coastal Way.

The life of Scots-born John Muir, the ‘Father of National Parks’ and the great American conservationist, is celebrated with a route from the west coast to the east coast, called the John Muir Way.

Scotland is a place where walking can be enjoyed in all seasons, although you should be prepared for changeable weather. In autumn, the fabulous colours of foliage will delight you, while in spring you’ll enjoy fresh air and fantastic wild flowers.

Summer offers warmer days and lush scenery, yet equally in winter, the views can be as impressive thanks to the drama of the moody sky and snow-covered mountains.

Scotland also boasts the ‘freedom to walk’ law. The Scottish Outdoor Access Code (see pg 96) that gives visitors the right to walk and camp in many wild places, so long as they act responsibly and with common sense.

Walkers are also welcomed by many accommodation providers across Scotland. A Walkers Welcome scheme tells you of accommodation that is best suited to walkers’ needs. For all the details see www.visitscotland.com/walk

You’ll find that there are thousands of high-quality B&Bs, guest houses and hotels that welcome walkers, as well as numerous hostels, bunkhouses and campsites for the more budget-conscious walker.

And of course, there is another great benefit of walking. It’s an activity that is highly accessible to all and helps to maintain a healthy body and mind. So, just imagine how amazing you will feel after a walking holiday in Scotland. The longer the better, we recommend!

Now, all you need to do is to choose where to walk first. It’s easy to imagine that Scotland was created for walking.
www.pocketwalks.com

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Guide to walks

**Guided walks**

**Easy Walks**
These walks all follow an easy gradient. They vary in length from just 1 or 2 km to 15 km but you will not encounter any difficulty on these walks. There may be short, steep sections but all can be tackled by family groups. Reasonable footwear will suffice on easy walks.

**Moderate Walks**
Moderate walks tackle more testing terrain. Length varies from 5 km to close to 20 km. Some involve a sizeable climb (up to 600 m) but none of the walks will present any technical difficulty. Waterproofs should be carried and map reading skills are necessary for more mountainous walks.

**Challenging walks**
These walks explore mountains or remote areas which always need to be treated with respect. Weather can change in minutes and visibility can be reduced to a few metres. Snow can lie on the hills until early summer. Not suitable for winter novices. Navigational skills required year round.

**Guides to symbols used in walking routes**

- Camping  ......................................
- Caravan park ..............................
- Picnic site ....................................
- Public toilets ..............................
- Bank  ............................................
- Cafe/restaurant .........................
- Pub  ............................................
- Shop ............................................
- Telephone ...................................
- Parking ......................................
- Train station/stop .......................
- Bus station/stop ........................
- iCentre ........................................
- 360 degree viewpoint .................
- 180 degree viewpoint .................
- Lighthouse .................................
- Wildlife watching/Nature Reserve 
- Foot bridge ...................................
- Walk start ...................................
- Walk finish ..................................
- Long distance route or other dedicated walking area nearby
- Places of interest e.g. ...............
- National Nature Reserve 

**Need to learn how to navigate?**
www.mountaineering.scot/safety-and-skills/essential-skills/navigation

**Fife Pilgrim Way, Dunfermline**

**John Muir Way, Helensburgh**

**Let the journey on foot begin with our pick of the best walks in Scotland.**

**We have created a guide to a wide variety of walking routes amid Scotland’s fabulous landscape.**

There is a mix of classic walks, as well as some lesser-known walking gems.

The routes are graded easy, moderate or challenging, or somewhere in between. In some cases a low-level or flat walk might be graded moderate because it extends to many miles.

A short but steep hike might also be considered more strenuous because of the ascent or the terrain.

To help you to locate walks easily, each walk in the guide has a reference that corresponds to the grid box on the map of Scotland on pages 94 and 95.

Each route also has a distance, estimated completion time, the difference in height between the lowest point on the walk and the highest, the relevant OS Explorer map and details on how to reach the start of the walk.

All you need to do now is to browse the many pages of walks in all the regions of Scotland and choose where you will go first.

**Did you know?**

Ailsa Craig, off the Ayrshire coast in the outer Firth of Clyde, is home to thousands of breeding gannets in summer as well as everyone’s clown-faced favourite, puffins.

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Join a guided group

A guided group walk is a great way to take steps towards longer and more challenging routes.

Joining a guided walk offers many benefits and rewards for walkers, both new and experienced.

There are many walking guides operating in Scotland, who offer a comprehensive programme of group walks or you can book a tailor-made outing to suit your own aspirations.

Another great place to discover a range of guided walks is at one of Scotland’s many walking festivals. As well as guided walks, these festivals usually offer a range of other activities, such as walking-themed films and workshops. Turn to page 70 for information on events throughout Scotland.

For people who are new to walking, a guide will lead the way so that you do not need to worry about navigation. You’ll also learn valuable walking skills and gain knowledge about the local history, wildlife or geology.

Many guided walks are in groups, which means you will also meet like-minded people.

A one-to-one walking guide or hiring a guide for a group of friends makes lots of sense if you have a particular goal in mind or you are less experienced in the skills of mountaineering.

Perhaps you’re keen to hike your first mountain, such as Britain’s highest summit of Ben Nevis. For other walkers it could be the Cuillin Ridge on the Isle of Skye, the Aonach Eagach in Glen Coe or the group of mountains known as the Fisherfields.

A guided walk that includes techniques of winter mountaineering will be useful to walkers who want to take their hobby to a more challenging level.

Many people also enjoy group-walking holidays. These take place over multiple days and offer the chance to spend more time discovering new places and routes.

Some of the most popular walking holidays in Scotland follow an acclaimed collection of long-distance trails, known as Scotland’s Great Trails (see pages 68-69). An added benefit of these is the chance to walk without heavy packs because your luggage is transferred between accommodation each day.

Other walking holidays will include a mix of day walks, while based in one location.

Joining a guided outing brings a lot of comfort and safety to many different types of walkers.

Guided walks

Something for all
Guided walking holidays are available for a wide range of walkers, regardless of experience and fitness, with routes and itineraries to suit everyone.

Local knowledge
Walking guides know their hiking routes and will have a wealth of information about the history, culture and wildlife in that area.

Easy to book
With walking trips and holidays, everything is arranged for you. On a holiday, your accommodation, transport and itinerary come as a minimum. This takes away the hassle for you.

Fun and sociable
On a guided walk, you’ll meet like-minded people in small groups. The chances are you’ll make new friends.

Green travel
Getting together in small groups is better for the environment than solo travel and therefore helps to preserve Scotland’s landscape for repeat and new visitors.

Scotland is a country of contrasts, which makes it a very exciting place to explore.

Cat Cubie, TV presenter
2020 COASTS & WATERS

Isbister, South Ronaldsay, Orkney near the Tomb of the Eagles

Crinan Canal, Argyll

www.visitscotland.com/ycw2020
In 2020, Scotland celebrates its coasts and waters with a year-long programme of events and activities, which will shine a spotlight on these vital elements of our landscape.

Our coasts and waters are host to an amazing array of riches that come in all shapes and sizes, and are greatly valued and cherished by communities and visitors alike. Our lochs, rivers and canals also play an important part in the visitor experience, offering boat trips, fishing opportunities and activity holidays, while the many nature reserves across the country are home to a tremendous variety of flora and fauna.

Scotland’s coasts and waters have shaped our history: from fishing and textiles to whisky and wave power, they have influenced our culture, our stories, our way of life.

So whether you want to navigate your way around distant isles or canals, experience Scotland’s maritime heritage at a visitor attraction, enjoy Scotland’s abundant natural larder or discover Scotland’s wildlife on a local boat trip - Scotland’s coasts and waters are perfect for get-away-from-it-all adventures.

So what are you waiting for – come on in, the water’s lovely!

Join the conversation
#YCW2020
Set in the heart of beautiful Royal Deeside

The Community run Ballater Caravan Park with its spectacular panoramic mountain views, is located in the heart of Royal Deeside and is an exceptional holiday destination for people and families of all ages.

The pretty conservation town of Ballater, with its plentiful cafes, restaurants and shops is only a 5 minute walk from the caravan park, and with the Royal Castle of Balmoral, holiday home for the Queen and other members of the royal family nearby, this is an ideal base for exploring this beautiful part of Scotland.

The caravan park caters for camper vans, caravans, motorhomes and camping and is bordered on one side by the River Dee, on another by the golf course and on the third by Ballater town centre.

Surrounded by hills and delightful scenery, visitors to Ballater Caravan Park will quickly recognise why Queen Victoria referred to Royal Deeside as her ‘Dear Paradise’.

www.ballatercaravanpark.com

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Situated in the historic fishing village of Catterline, The Creel Inn is set among some of North East Scotland’s most beautiful coast line, perfect for walking and exploring yet only 25 minutes’ drive from Aberdeen (4 miles from Stonehaven).

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This region is perfectly packaged for walkers with coastal hikes; mountain climbs and walks over hills, through forests and along the shores of rivers and lochs.

Aberdeen, on the region’s eastern shore, is also a great place to stroll and a walk of around 2.5 hours reveals many highlights of this historic city. You’ll enjoy wandering through the streets of the Old Town, looking up at buildings such as the famous university, the Old Town House and St Machar’s Cathedral.

The route also follows the banks of the picturesque River Don to reach a surprising urban sight of the city’s sandy beach, situated between two rivers, the Dee and the Don.

North and south of the city and along a beautiful coastline you’ll find plenty more beaches, as well as cliffs, secret coves and a string of pretty fishing villages.

Scotland’s Coastal Path (see www.nationalcoastalpath.co.uk) follows a scenic route along the entire coast and is ideal for walkers who enjoy dipping in and out of shorter walks or completing longer multi-day walking tours. It’s a great walking route to choose, especially in the Year of Coasts and Waters 2020.

Aberdeenshire is famous for its many castles – more than 300 in fact – including famous Balmoral and Braemar as well as Corgarff, Dunnottar, Drum, Findlater and Slains, to name just a few.

You can visit the dramatic ruins of Findlater on a leisurely circular walk of almost six miles from Portsoy, on the Banffshire coast. The castle sits proudly on a tiny peninsula and is surrounded by breathtaking cliffs, but take care, especially if visiting with children, as there are some unprotected drops. The walk also takes in the tiny harbour of Sandend.

Another historic building, the stately home of Haddo House, near Ellon, north of Aberdeen and inland, is a fascinating place to visit. The home is built in the Palladian style and was the residence of the Gordon family for four centuries. Take a tour inside and admire an extensive art collection, including 85 paintings of Aberdeenshire castles by acclaimed Victorian artist James Giles. A short walk explores Haddo’s lovely estate, taking in impressive trees, rhododendrons, sculptures and tumbling falls.

If you like to get away from it all on a walk, there are plenty of options. The Aberdeenshire countryside is a patchwork of fertile, peaceful farmland rising to atmospheric moors, ancient hill forts and the foothills of the Cairngorms.

For a walk that is wild-feeling yet follows a fairly flat and easy-to-find track, head to Balmoral Estate – the Scottish home of the Royal Family – and follow a circuit of Loch

#### 1. River Don Beach and Old Aberdeen

William the Lion granted the settlement of Aberdeen its first charter in 1179 and, in 1319, it was awarded Royal Burgh status from King Robert the Bruce. Start the city walking route on Union Street, which lies on a raised viaduct. Follow the National Cycle Network (NCN) along Broad Street into Gallowgate and north up King’s Crescent through the cobbled College Bounds. You’ll see the Town House, at the head of High Street, with its 1721 coat of arms over the doorway. Continue by St Machar’s Cathedral.

Ignore the NCN signs pointing left but keep straight on and walk into Seaton Park.

Follow the River Don downstream to the Beach Esplanade from where you then join Beach Boulevard and Justice Street to take you back to the start of the route. For further information see Walk Aberdeen and Grampian Highlands guide available from local VisitScotland iCentres.
Wild Camping

Please camp responsibly, in particular by taking away all your litter, removing all traces of your tent pitch and not causing any pollution – for further information see the Scottish Outdoor Access Code:

www.outdooraccess-scotland.scot

Take extra care and follow any local advice when parking cars or campervans. Please note, responsible access rights within the Scottish Outdoor Access Code do not extend to motorised transport. If you’re planning to travel in a motorhome or campervan check with the landowner before you stop or book a pitch in a nearby camping park.
ABERDEEN and aberdeenshire

Loch Muick. The views over the waters of the large loch and the surrounding hills and mountains are breathtaking.

Close to the south-western end of the loch, you’ll pass Glas-allt-Shiel House, a former country retreat of Queen Victoria. You can take a detour including a 500 m climb on a steep path to see Glas-allt-Shiel waterfall.

A far more challenging but very rewarding walking route is the Lairig Ghru, a spectacular hill pass that journeys from Royal Deeside to Glenmore or Aviemore. You can do the walk in the opposite direction if you choose, though starting at Deeside is advised so the prevailing south-westerly wind is at your back.

It’s a wild hike that climbs to an altitude of 835 m, starting in picturesque Linn of Dee. The pretty Pools of Dee, or lochans, are a great place to stop for a bite to eat and to survey the wonderful landscape, although you will be spoilt for choice with fabulous views at almost every turn.

The walk finally reaches magnificent Rothiemurchus Forest, passing iconic peaks such as Cairn Toul and Ben Macdui along the way. (Logistics are made easier if you have already left a car in Coylumbridge on the B970, east of Aviemore).

It’s no wonder that once people discover this rural-and-urban walking haven, with many different routes to suit all abilities, they return time after time.

For more information on walks in Aberdeen & Aberdeenshire go to: www.visitscotland.com/walk

5. Loch Muick

This shoreside walk on the Balmoral Estate offers a circuit that is fairly flat and on a good track. The route starts at the Balmoral Estate visitor centre (near the car park) and first crosses the River Muick to walk through pretty woodland and open countryside, before reaching the northern end of the loch. Near the south western tip of the loch, you’ll pass Glas-allt-Shiel House, a former country retreat of Queen Victoria, where there is an option to detour 500 m to climb a steep path to see the Glas-allt-Shiel waterfall. You can also detour off at the southern end of Loch Muick to Dubh Loch.

The walk continues round the loch, crossing a few burns and passing through old birch woodland. You return along the eastern shore to the start point. Keep an eye out for local wildlife, such as squirrels and red deer.

Other walks

2. Haddo House
Distance: 5 km / 3 miles
Time: 1.5 hours
Difficulty: Easy
Height Gain: Negligible
OS Map: Explorer 426 - Banff, McDuff and Turriff
Map Ref: Pg 95, I8
Access: Haddo House car park.

3. Portsoy and Sandend Circular
Distance: 9 km / 5.6 miles
Time: 3 – 4 hours
Difficulty: Easy
Height Gain: 70 m
OS Map: Explorer 425 - Huntly & Cullen
Map Ref: Pg 95, H8
Access: The walk starts at Portsoy’s old harbour. Some parking can be found here as well as a larger car park near the town’s caravan park.

4. Lairig Ghru
Distance: 30.5 km / 19 miles
Time: 8 – 10 hours
Difficulty: Challenging
Height Gain: 600 m
OS Map: Explorer OL S7 - Cairn Gorm & Aviemore
Map Ref: Pg 95, G9
Access: NTs car park west of Braemar. There is a bus service between Braemar and Aberdeen. However, the end of the route requires walkers to arrange a return lift or to have left a car there earlier. There is a bus to Coylumbridge.

For more information on walks in Aberdeen & Aberdeenshire go to: www.visitscotland.com/walk

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**Bridge Of Orchy Hotel, Bridge Of Orchy, Argyll, PA36 4AD 01838 400208**

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We may be a small hotel but so far we have fourteen footpaths which have all been walked and surveyed.

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We also have Gigha Out and About OS Maps available for £4.00.

These can be posted at a small extra postage cost.

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T: 01583 505254  
[www.gighahotel.com](http://www.gighahotel.com)

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Traditional family run hotel full of character with a cozy and relaxed atmosphere.

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WALKERS HAVE SO MANY ROUTES TO CHOOSE FROM IN THIS REGION THAT BOASTS A LONG COASTLINE, NUMEROUS ISLANDS, ROLLING HILLS, RUGGED MOUNTAINS AND FABULOUS FORESTS.

What surprises many people, too, is how close Argyll & The Isles is to Scotland’s central belt. A scenic car or train journey from many cities and towns makes the region a wonderful get-away-from-it-all destination.

Two long legs of land, the Cowal and Kintyre peninsulas, are popular with walkers. There are two waymarked walking trails, the 100-mile Kintyre Way and the 56-mile Loch Lomond & Cowal Way, that offer a choice of multi-day hikes, as well as half or full-day outings.

For a fine hill walk on Cowal, Beinn Mhor, situated north of the holiday seaside town of Dunoon, is a great choice. The eight-mile return route journeys through Glen Massan on a forest track and then on a narrower path. There are steeper sections that will test your fitness but the rewards are the fantastic views the higher you climb.

From the 741 m summit, the panorama is breath-taking and includes numerous mountains in all directions, such as the Arrochar Alps, Ben Lomond, Ben Lui and Ben Cruachan.

Across on the Kintyre Peninsula, a famous sailing ‘short cut’ combines history, scenery and wildlife for keen walkers at the Crinan Canal. This stunning feat of engineering, which opened in 1808, provides a route for boats from the Atlantic to Loch Fyne, thus avoiding a longer and trickier navigation around the Kintyre coast.

A nine-mile one-way walk follows an almost flat towpath along the canal from Crinan to the village of Ardrishaig, with a bus service to take you back to the start point.

6. Crinan Canal Walk

Known as “Britain’s most beautiful short cut”, the Crinan Canal was built in the early 1800s to allow boats to navigate between the Clyde and the Inner Hebrides, without the need for a long diversion around the Kintyre peninsula. These days it is mainly used by leisure boats and the towpath also offers a lovely walking route along the entire length of the canal. The one-way walk links Crinan to Ardrishaig, and the Atlantic to Loch Fyne. From the canal basin at Crinan, you walk towards the sea and cross two locks and then join an obvious towpath staying on this until Ardrishaig, where there is a hotel. There is plenty to see with lovely seaward views, the canal itself with passing boats, a series of picturesque locks at Cairnbaan and plenty of bird life. It’s possible to catch a bus back to the starting point.
The cottages are surrounded by beautiful countryside on their doorstep, even the walk to the local pub is a pleasure!

Oban is renowned for its spectacular scenery, with many superb walks only a short drive away.

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10. Beinn Mhor, via Glen Massan

Beinn Mhor is the highest hill in a wide area to the west of beautiful Loch Eck on the Cowal Peninsula. The walk starts at the end of a tarmac road that winds through beautiful Glen Massan, north of the seaside town of Dunoon. The route follows a wide forest track at first before you eventually reach a house and a barn. Past old stone walls, the track begins to climb in ever steepening zig-zags. There is a section that is flatter before the path narrows and rises again. Take your time to enjoy the forest atmosphere and glimpses of the wider countryside behind you.

As you reach more open moorland there is a choice of routes although the best views are enjoyed by following a faint all-terrain vehicle track that heads directly up to the ridge and then turns right to the ridge to reach the summit at 741 m. The return is by the same route.

A walk of four miles explores Davaar Island, inhabited only by caretakers, goats, sheep and wildlife, and visits Crucifixion Cave. The cave is so-called after a local artist in the late 1800s that painted a life-sized picture of the Crucifixion on the cave wall.

If you have time, you should visit Campbeltown. Once proclaimed ‘the whisky capital of the world’ with 34 distilleries, today there are still three active distilleries to visit, Glen Scotia, Glengyle and Springbank.

There are many more islands off the Argyll coast with further attractions for walkers. You can take a ferry from Oban to the Isle of Mull where you’ll discover the colourful port town of Tobermory.

A two-mile return walk visits the fabulous sands of Calgary Bay on Mull’s north west coast. The route starts from Calgary village and includes a detour to an Art in Nature Trail, which features many sculptures and artworks hidden in woodlands. Many people enjoy a stop at a lovely tearoom as part of this walk.

On the islands of Colonsay and Oronsay, also reached via a ferry service from Oban, 22 hills of 300 ft or more have been cleverly named the McPhies. The classification was created by two islanders in a similar way to the Scottish Munros, of 3,000 ft height or more.

The tidal island of Oronsay is home to a single McPhie, Beinn Oronsay, with a summit of 93 m. The return route is around just shy of six miles and crosses The Strand – a tidal stretch of sand between Colonsay and Oronsay – to join a wide track to reach the interesting ruins of Oronsay Priory.

Beinn Oronsay is easily seen behind the priory and there is a rough path that climbs steeply in places between crags to reach the summit.

Perhaps your toughest decision in this region is choosing where you will walk next.
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Ayrshire & The Isle of Arran

Seaside towns, holiday islands and historic villages make this region a great destination for all.

Close to the west central area of Scotland yet seemingly a world away, the hills, coast and islands of Ayrshire & Arran provide a wonderful destination for walkers.

The region is just a short drive, train or bus journey from the central belt and Glasgow, or easily reached by plane at the local airport of Prestwick.

In the Year of Coasts and Waters 2020, many people will enjoy the adventure of taking a trip to Ayrshire’s islands of Arran, Great Cumbrae and Little Cumbrae. A busy timetable of ferries makes it simple to reach them.

A short ferry journey takes you from the popular seaside town of Largs to Millport on the small island of Great Cumbrae. From the Old Pier, you can stroll a route of 4.4 miles along the rocky coast to the south-west of the island to reach pretty Fintry Bay.

Look out across the Firth of Clyde to see the larger island of Bute, where on a clear day you might spot Kilchattan Bay, with Mount Stuart – the Marquess of Bute’s grand home – on a hillside. The route returns inland on paths and quiet roads, passing Gowk Stane. The name means ‘stone of the cuckoo’ in Scots.

The larger island of Arran is also accessible by ferry, from Ardrossan to Brodick. The isle is known as ‘Scotland in miniature’ because the Highland Fault Line, a geological feature, dissectes it and creates scenery that is characteristic of both the lowlands and Highlands.

The island is home to the region’s tallest mountain, Goatfell. It offers a dramatic backdrop and can be much admired from afar on a 7.5-mile coastal walk from Brodick to Sannox.

After strolling the shore along sandy beaches, through woodland and via pretty villages, you might hanker for a hike to a higher summit. Goatfell’s 874 m top is perfect for you if you have the energy and experience.

On Ayrshire’s mainland there is a wide choice of coastal walks or gentle, hilly hikes. A route, with an option to stay at a lower level or climb higher, departs Largs Marina to reach Skelmorlie. It is part of the 100-mile Ayrshire Coastal Way that circuits the island over almost 70 miles. The 7.5-mile route starts with an easy stroll along Fisherman’s Walk to a beautiful beach at the northern end of Brodick Bay.

Walkers continue along the coast through Merkland Wood on forest tracks to the village of Corrie and on to Sannox. Keep an eye out for wildlife, including seals, which are frequently spotted in Arran’s waters. The views inland are of a hillier, forested interior with the dramatic mountain of Goatfell often dominating. It’s possible to take a bus back to Brodick from Sannox.

11. Brodick to Sannox on Arran

Alighting the ferry from the mainland at the island town of Brodick, it’s possible to access a lovely coastal walk heading north to the picturesque seashore village of Sannox. This is a section of the long-distance Arran Coastal Way that circuits the island over almost 70 miles. The 7.5-mile route starts with an easy stroll along Fisherman’s Walk to a beautiful beach at the northern end of Brodick Bay. Walkers continue along the coast through Merkland Wood on forest tracks to the village of Corrie and on to Sannox. Keep an eye out for wildlife, including seals, which are frequently spotted in Arran’s waters. The views inland are of a hillier, forested interior with the dramatic mountain of Goatfell often dominating. It’s possible to take a bus back to Brodick from Sannox.

Distance: 12 km / 7.5 miles
Approx. Time: 3.5 - 5 hours
Height Gain: Negligible
Map Ref: P75 56, E12
OS Map: Explorer 361 - Isle of Arran
Access: Brodick Ferry Terminal
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Following the ‘high road’ leads to the best views and takes in Noddsdale Water and Brisbane Glen. You can detour to a great viewpoint on Knock Hill, which is also the site of an Iron Age fort.

The town of Ayr, also situated on the coast, takes its name from the ‘Mouth of the River Ayr’. This river begins high in rough moorland to the east and close to the historic settlement Glenbuck.

A long-distance trail, the River Ayr Way, starts at Glenbuck Loch and winds 40-miles to reach Ayr.

A mid-section of some 11.5 miles from Sorn to Stair wanders through rolling land, wooded valleys, and a gorge that hugs the banks of the winding river that was once used as power for a thriving mill industry. Intersecting an earlier part of the River Ayr Way is another shorter walk from Kames. You’ll see a memorial erected in memory of John Loudon McAdam.

The road builder laid the first stretch of experimental tarmac (or tarmacadam) in nearby Muirkirk.

The three-mile ‘Twa Brigs’ Walk visits two bridges (brigs). The first is Tibbie’s Brig, which was named after Tibbie Pagan, who was known for her singing and poetry.

The second bridge, further along Garpel Water, is Sanquhar Brig. It once formed a vital link for traffic and was part of an old drover’s road to the village of Sanquhar. The wooden brig has since been replaced by a more modern metal pedestrian bridge.

Although it is so close to the busier central belt of Scotland, Ayrshire still retains a wonderfully tranquil atmosphere that keeps walkers coming back time and again.

### Other walks

**12. Largs Marina to Skelmorlie**
- Distance: 15 km / 9.3 miles
- Time: 4 - 5 hours
- Difficulty: Moderate
- Height Gain: 150 m
- OS Map: Explorer 341 - Greenock, Largs & Millport
- Map Ref: Pg 95, E12
- Access: Largs Marina is off the A78.

**13. Fintry Bay, Great Cumbrae**
- Distance: 7 km / 4.4 miles
- Time: 2 - 3 hours
- Difficulty: Easy
- Height Gain: 55 m
- OS Map: Explorer 341 - Greenock, Largs & Millport
- Map Ref: Pg 95, E12
- Access: Old Pier, Millport. Cumbrae is reached by ferry from Wemyss Bay to Millport.

**14. Twa Brigs Walk**
- Distance: 5 km / 3 miles
- Time: 1.5 - 2 hours
- Difficulty: Easy
- Height Gain: Negligible
- OS Map: Explorer 328 - Sanquhar & New Cumnock
- Map Ref: Pg 95, F12

**15. Sorn to Stair on River Ayr Way**

The mid-section of the long-distance River Ayr Way follows close to the river as it winds its way through rocky gorges and picturesque estates. The power of the river was once used to drive industrial mills. The waymarked route is on a mainly flat or undulating path and there is plenty of interest to see, including early 18th century built Sorn Old Bridge, views across to Sorn Castle and a nature reserve at Catrine Voes. Just after the village of Catrine and before the path climbs into a wooded valley, you should look for a cliff-face bearing prehistoric cup and ring markings. You’ll also walk under Ballochmyle Railway Viaduct, which claims the title of having the longest masonry railway arch ever built at just more than 55 m. The route heads through Ayr Gorge Woodland before a short detour by road takes you to the end point at Stair village (note the diversion is not marked on the map).
Traditional house in a quiet village on the rim of the Galloway Forest Park, with its own large beautiful garden. An excellent centre for walking the Galloway hills and forests and the Solway coast. A collection of books with walking routes is kept in the house for visitors’ use. After a hard day out, there are shopping and eating opportunities in several small towns nearby. The house sleeps 6 in comfort, 8 at a stretch, but rents are reduced for smaller numbers. Short breaks available.

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For over 1000 years, Whithorn has been the destination for pilgrims, tracing paths from all over England, Scotland and Ireland. One of these is now accessible - the 143 westerly route to Whithorn from Glasgow, which you can now walk, following cycle paths, the Ayrshire Coastal Path, and minor roads and tracks into Galloway. From Whithorn, you can walk to the Machars coast and St Ninian’s Cave, with its eighth century pilgrim graffiti.

The Whithorn Trust Visitor Centre is open from Easter to October each year, with an exhibition of archaeology, audio visual presentations, and museum which houses the earliest known Christian monument in Scotland.

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Top tips for your hill walking adventures from Heather Morning, Mountain Safety Advisor with Mountaineering Scotland.

Scotland’s hills and mountains are world class, providing fabulous and rewarding experiences for visitors from home and abroad. That special day can be made so much better (and safer) by planning to make sure you are prepared for what you may encounter.

- Check out the mountain weather reports for the area you are visiting - www.mwis.org.uk will give details of wind, temperature, visibility and precipitation on the mountain tops.
- Think about what kit you might need to make your day out comfortable and safe. Download a kit list from www.mountaineering.scot/activities/hillwalking

For further information visit the Mountaineering Scotland website at www.mountaineering.scot/safety-and-skills
Dumfries & Galloway

You’ll discover tranquillity, a fabulous coastline and rolling hills in this walking haven.

Dumfries & Galloway is a picture-postcard region that has a get-away-from-it-all atmosphere with walking routes to suit a range of abilities and aspirations amid a gentler landscape.

This region is also surprisingly easy to reach thanks to modern road and train links. You could travel from the central belt of Scotland or come from across the border in northern England.

For many visitors, the stunning coast, which stretches for 200 miles, provides the focus for numerous walking days. It’s an inspired choice in the Year of Coasts and Waters 2020.

A delightful walk of five miles from Portpatrick Harbour offers a chance to take in some wonderful sea views and sandy bays to reach Killantringan Lighthouse, now decommissioned. It is set on cliffs and below is the sweeping sands of Killantringan Bay.

The route is part of the long-distance Southern Upland Way (SUW), which extends 214 miles, coast-to-coast, from Portpatrick to Cockburnspath in the neighbouring Scottish Borders.

Another long-distance route is the Mull of Galloway Trail, which can be walked along a dramatic coastline from Stranraer over several days to the Mull. The Mull of Galloway is the southern-most tip of Scotland and there is another lighthouse, the Stevenson Tower, which can be visited as part of a popular attraction, the Mull of Galloway Experience.

For more seaward views from on high, Screel Hill, further east along the coast, is a treat. A well-trodden walking route climbs from almost sea level to the hill’s 344 m summit for amazing views. You’ll look out over the expansive Solway Firth and inland towards the vast Galloway Forest Park (the UK’s largest forest park and the UK’s first International Dark Sky Park), and rugged hills such as Cairnsmore of Carsphairn and the Rhins of Kells.

Screel is located near the Kirkcudbrightshire (ki-roo-bree-shire) village of Palnackie and just south of the 16. Striding Arches

British sculptor Andy Goldsworthy has created four stone artworks, the Striding Arches, set in the beautiful Dumfries-shire landscape. One arch is located at Cairnhead, while three more sit on nearby hills. The 4 m tall Striding Arches are made from local sandstone and pay tribute to emigrating Scots. This walk heads to the nearest of the hilltop arches, Colt Hill, at 598 m from which the other Striding Arches can be seen.

Starting from Cairnhead at a byre, which also boasts half an arch, walkers follow the forest road 4 km up the glen. Close to the top, you turn right off the track at the finger post. Continue for 0.5 km along the edge of the forestry trail. You can’t miss the huge structure ahead of you. From the arch look out towards the other stone landmarks on Bail Hill and Benbrack. To return, retrace your steps.

<table>
<thead>
<tr>
<th>Striding Arches</th>
<th>Distance: 9km / 6 miles</th>
<th>Approx. Time: 3 - 4 hours</th>
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<tbody>
<tr>
<td>Map Ref: P91, F13</td>
<td>Height Gain: 300 m</td>
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<tr>
<td>OS Map: Explorer 328 - Sanquhar &amp; New Cumnock</td>
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<tr>
<td>Access: Cairnhead is 7 miles along a minor road from the village of Kircudbright</td>
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Portpatrick Lighthouse and harbour

The Southern Upland Way by Portpatrick

Cairnhead

Striding Arches

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Height Gain: 300 m
OS Map: Explorer 328 - Sanquhar & New Cumnock
Access: Cairnhead is 7 miles along a minor road from the village of Kircudbright
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Never Give Up
18th century town of Castle Douglas, which is now designated a Food Town.

Another historic town, Newton Stewart, is known as the ‘Gateway to the Galloway Hills’. From the town centre, there is a short stroll along the banks of the River Cree. There are benches offering a peaceful seat and the chance to spot waterfowl. The Cree is home to a rare type of fish, the sparling.

For more fabulous views, Criffel Hill overlooking the picturesque village of New Abbey, near the market town of Dumfries, is recommended. A walk of four miles and 488 m of ascent takes you to the summit at 570 m for another breathtaking vista.

On a clear day, it's possible to see three countries, Scotland, the Lake District mountains of England and Ireland.

Take your time to wander New Abbey, too. You’ll discover the ruined Sweetheart Abbey, founded by Lady Devorgilla (Lady of Galloway) in 1273 to commemorate the death of her husband. On her death she was laid next to her husband’s embalmed heart and the monks named the abbey in her memory.

More Scots – those that have emigrated over the last two centuries – are remembered thanks to a set of striking stone artworks near the village of Moniaive, to the north west of Dumfries.

The Striding Arches comprise of four red sandstone arches that ‘stride’ around the natural amphitheatre of Cairnhead.

They are the masterpiece of sculptor Andy Goldsworthy and the first in a series of other arches made of Dumfries-shire sandstone that now stand in Canada, America and New Zealand, echoing the travels of the emigrating Scots.

With so many places to walk and explore it’s worth booking a longer trip, or coming back again very soon.

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20. Screel Hill

A short but rewarding hill walk takes you to the top of 344 m tall Screel Hill. From the Forestry & Land Scotland car park the route is waymarked and stays in the trees until you reach an area of heather and bracken with rocky outcrops. Keep a look out for distinctive red grouse as you walk. The splendid views from the summit take in the Queensberry range to the north east, Cairnsmore of Camphairn and the Rhins of Kells in the north west. On a clear day you’ll see distant mountains and a vista across the beautiful Solway Firth. Walk across to another cairn for a vista across to Bengairn. If you have the energy for an extended walk you could also walk via the top of Bengairn. The return route heads downhill into the forest and joins a track that leads to the outward path.

---

Other walks

17. Portpatrick to Killaetrtingan Lighthouse

Distance: 8 km / 5 miles
Time: 2.5 - 3.5 hours
Difficulty: Easy/moderate
Height Gain: 40 m
OS Map: Explorer 309 - Stranraer
Map Ref: Pg 95, E14
Access: Car park on seaward at Portpatrick.

18. Criffel

Distance: 6.5 km / 4 miles
Time: 3 hours
Difficulty: Moderate
Height Gain: 510 m
OS Map: Explorer 313 - Dumfries
Map Ref: Pg 95, G13
Access: Park at Ardwall, 2 km south of New Abbey on the A710 Solway Coast road.

19. Riverside Walk, Newton Stewart

Distance: 2.7 km / 1.7 miles
Time: 45 min - 1 hour
Difficulty: Easy
Height Gain: 8 m
OS Map: Explorer 319 - Galloway South
Map Ref: Pg 95, F14
Access: Riverside Car Park, Newton Stewart.

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**What makes Scotland special is the scenery. I love the Brigadoon style hills and bridges. You just can’t beat it and, on the sunny days we do get, you could be anywhere in the world.”**

Andrew Agnew, actor
Ancestral seat to the Earls of Strathmore and Kinghorne, childhood home of HM Queen Elizabeth the Queen Mother and birthplace of HRH the Princess Margaret.

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bothyexperience.co.uk
Dundee & Angus

A region of wonderfully varied landscapes offers an equally wide range of walking options.

Stretching from coast to mountains and with hills and glorious glens in between, Angus has a lot to offer all kinds of walkers. At the region’s heart is the vibrant city of Dundee, which makes a great base for a walking holiday.

Also known as the City of Discovery, there is plenty to see and visit, within easy reach of each other, simply by strolling the streets, both old and new. You could choose to follow a three-mile Riverside Walk that connects a number of top attractions, including the RRS Discovery, a tall-masted research ship that carried renowned explorers Captain Scott and Ernest Shackleton to the Antarctic, and the new and highly acclaimed V&A Dundee.

You will also enjoy country gems within the city limits as you walk through the wildlife-rich Riverside Nature Park and the University Of Dundee Botanic Gardens.

Travelling north of Dundee, the countryside is, at first, gently rolling and features some of Scotland’s most fertile farmland. A large and fertile valley, Strathmore, is renowned as a location for growing delicious soft fruits, while another attraction, Glamis Castle, is a draw for visitors.

If you enjoy learning about Scottish history, the village of Newtyle, a short drive or bus journey from Dundee, boasts an unusual gem. Newtyle holds an important place in Scotland’s railway history as the terminus of the former Dundee and Newtyle Railway, which was opened in 1831 and closed as part of the Beeching cuts of the 1960s.

A short walk from the village makes use of a network of heritage paths, mainly along a disused railway line embankment, and offers wonderful views.

Travelling further north still, the landscape rises, becoming rougher and wilder through many shapely glens towards the foothills of the southern Cairngorm mountains.

21. Airlie Monument and Dykehead

Airlie Monument, which honours the ninth Earl of Airlie, who lost his life in the Boer War, is located high on Tulloch Hill and provides a landmark point of interest for this walk. The route forms a circular walk through lovely countryside. From the car park, a track that is fairly steep at first leads through pines and then eases to reach the edge of woodland, where the stunning Scottish baronial style monument can be seen ahead. As you climb, you’ll enjoy the wonderful views down over two glorious glens. To continue the walk, retrace your steps down the hill and then head east via forestry before joining a road south to the village of Dykehead. A smaller road returns to the car park.
Glenprosen, Kirriemuir, Angus DD8 4SA
T: 01575 540238 or 01575 540302

There are lovely low-level walks and testing climbs throughout the glen, which also offers access to the other Angus Glens, various Munros, the Cairngorms Plateau and the Cateran Trail.

Rooms & Beds: 18 beds: 1 room with 6, 3 rooms with 4
5 showers, cosy stove, and drying room
Ideal for groups as well as individuals
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Rooms & Beds: 18 beds: 1 room with 6, 3 rooms with 4
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Located in 9.5 hectares of south-facing land near the banks of the River Tay, the University of Dundee Botanic Garden features many species of indigenous British plants as well as collections of important plants from the four Continents. There is a wide range of plants, trees and shrubs, tropical and temperate glasshouses, three ponds and a herb garden.

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Rooms & Beds: 18 beds: 1 room with 6, 3 rooms with 4
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### Other walks

**22. Lunan Bay Walk**
- **Distance:** 11 km / 7 miles
- **Time:** 3 hours
- **Difficulty:** Easy/moderate
- **Height Gain:** 20 m
- **OS Map:** Explorer 382 - Arbroath
- **Map Ref:** Pg 95, H10
- **Access:** Lunan Bay car park.

**23. Newtyle Railway Loop**
- **Distance:** 6 km / 4 miles
- **Time:** 1.5 - 2.5 hours
- **Difficulty:** Easy
- **Height Gain:** 60 m
- **OS Map:** Explorer 381 - Blairgowrie, Kirriemuir & Glamis
- **Map Ref:** Pg 95, G10
- **Access:** From the crossroads in Newtyle turn east on North Street, signposted to Eassie and Glamis, to the eastern edge of the village where there is a car park on the left of the road on the site of a disused railway.

**24. Dundee Riverside Walk**
- **Distance:** 5 km / 3 miles
- **Time:** 1 - 2 hours
- **Difficulty:** Easy
- **Height Gain:** Negligible
- **OS Map:** Explorer 380 - Dundee & Sidlaw Hills
- **Map Ref:** Pg 95, H10
- **Access:** Discovery Point, Discovery Quay, Dundee.

### 25. Capel Mounth

Glen Doll is located at the head of Glen Clova in the Cairngorms National Park and provides a wildly beautiful location for a walk. This is an area of stunning beauty and a haven of wildlife, especially birds and plants. This linear walk follows a sign for Capel Mounth. At first the route heads along a forest road and edges the River Esk. Another sign, a mile on, leads to a narrow path through atmospheric woodland. Again the landscape changes as you reach open hillside, climbing a steep path. From here the route reaches flatter ground and offers fabulous views of the mountain, Lochnagar. More fine vistas over Loch Muick are encountered during the descent to Spittal of Glenmuick and the finish point. For transport ease, car-share with another walker, and leave a vehicle at each end of the hike.

At the gateway to the glens sits Kirriemuir, an historic town that is famously associated with J M Barrie, the creator of Peter Pan, who was born here. A museum reveals the story of his life and work. Original AC/DC front man Bon Scott was born in nearby Forfar, and lived in Kirriemuir in his early years. You’ll find a life-sized statue of this rockstar in the town.

Another piece of Scottish history is sited on a nearby hill. The Airlie Monument is easily spotted on Tulloch Hill and provides a memorial to the ninth Earl of Airlie who died in the Boer War.

The views from the straightforward hill climb are wide-sweeping on a fine day and take in two of the five Angus glens - Clova and Prosen.

For a loftier and more challenging hike, a seven-mile route of Capel Mounth provides more great rewards. The walk follows an ancient drovers’ road that linked Angus to Deeside and starts from Glen Doll before crossing a grass-covered plateau. It is said that local Jacobites used the Capel Mounth on their way to fight at Culloden in 1746.

There are superb views of the Munros of Lochnagar, Broad Cairn and Cairn Bannoch, as well as along sparkling Loch Muick.

A visit to the region should also include time at the coast. Beautiful beaches, high cliffs and quiet coves make it a great destination for a walk.

Lunan Bay is one of Scotland’s finest beaches and a walk of seven miles takes in the fabulous sweep of sand. There is a cave and a ruined castle to visit along the route, as well as a chance to enjoy the fresh sea air and views to the distant horizon.

With such a variety of landscapes to choose from, you might wonder where to walk next or whether to return to the bright lights of Dundee. Whatever you decide, you will not be disappointed.
Edinburgh & The Lothians

It’s easy to enjoy both city and countryside walking attractions in this perfectly packaged and easy-to-reach region.

With a world-acclaimed capital city, rolling countryside and a stunning coastline, Edinburgh & The Lothians has a host of urban and rural highlights for walkers.

One of the best ways to explore the city’s many attractions is on foot. Edinburgh has a medieval Old Town and an elegant Georgian New Town with many gardens and neoclassical buildings. High above the city is Edinburgh Castle, home to Scotland’s crown jewels and the Stone of Destiny. The city hill known as Arthur’s Seat sits in Holyrood Park, where the Palace of Holyroodhouse is located and nearby, you’ll find the striking building of the Scottish Parliament. If you have the energy, a walk to the top of Calton Hill offers wonderful views.

A lower-level walk amid a surprisingly tranquil and natural environment can be enjoyed on the Water of Leith Walkway. It stretches 12 miles from the outskirts of the city at Balerno to Leith and passes through many fine addresses, including Colinton Village and Dell, Dean village, which is set into a river gorge, and Stockbridge. You’ll stroll through Saughton Park & Winter Garden, too.

Leaving the city behind on its eastern fringe, visitors can easily journey to the picturesque country-and-coast region of East Lothian. Take the train for the chance to sit back and relish the views as you travel.

A long section of the John Muir Way, which stretches from Scotland’s west to east coasts, winds through the rural delights of East Lothian. The route celebrates the famous conservationist John Muir, who was born in Dunbar in East Lothian, before he emigrated to America.

For airy views and to feel the wind in your hair, Dunbar Clifftop Trail starts at the town’s harbour and offers a 3.5-mile walk on a well-laid path. The sea vistas, especially over to Belhaven Bay and the Bass Rock, are superb and on a fine day you will spot the rocky outcrop of Berwick Law close to another seaside town, North Berwick.

The Law is a popular up-and-down route and although it looks steep and high from ground level, it is a relatively short hike of less than 100m on an obvious grassy path. At the 187 m (613 ft) summit, you’ll enjoy a fine panorama over North Berwick and, on a clear day, the landscape of East Lothian, the Scottish Borders and across the Firth of Forth towards the Fife coast.

There is a signalling station at the top, which was used during the Napoleonic

26. Water of Leith Walkway

The Water of Leith Walkway follows a beautiful route through the heart of the capital city, starting at Edinburgh’s outskirts and finishing in Leith, at the mouth of the Water of Leith. The full walkway offers access to many places of interest, including Colinton Village and Dell, the Union Canal, Saughton Park & Winter Gardens, Murrayfield Stadium, the Scottish Gallery of Modern Art, Dean Village, Stockbridge, Royal Botanic Garden Edinburgh and Leith. You can choose to stroll a short section, popping back up to the city streets when you choose, or walk the full length over a day. The wooded riverbanks are designated as an Urban Wildlife Site and boast carpets of wildflowers and many trees, including patches of ancient woodland. You might also spot some of the 80 known species of bird on this route. It’s a great walk whatever the season and ideal for families.

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Other walks

27. John Muir Way: Linlithgow to South Queensferry
Distance: 22 km / 14 miles
Time: 7 hours
Difficulty: Moderate/challenging
Height Gain: 80 m
OS Map: Explorer 349 - Falkirk, Cumbernauld & Livingston and Explorer 350 - Edinburgh
Map Ref: Pg 95, G11
Access: Linlithgow train station.

28. North Berwick Law
Distance: 2.5 km / 1.5 miles
Time: 1 hour
Difficulty: Easy/moderate
Height Gain: 96 m
OS Map: Explorer 351 - Dunbar & North Berwick
Map Ref: Pg 95, H11
Access: Car park at base of Law.
North Berwick is a 45 minute drive from Edinburgh. Trains/ buses run every 30 mins.

29. North Esk Circular Walk, Midlothian
Distance: 7 km / 4.5 miles
Time: 2 - 3 hours
Difficulty: Moderate
Height Gain: 130 m
OS Map: Explorer 344 - Pentland Hills
Map Ref: Pg 95, G11
Access: Park in the village of Carlops. The start point is at the southerly end of the village at the waymarked sign “Buteland by the Borestane”.

Conflicts, and a pair of whale’s jawbones, now a fibreglass replica after the original ones were removed.

To the west of Edinburgh, in West Lothian, a 14-mile walking route leaves the ancient town of Linlithgow to journey east along the coast to South Queensferry. Take a look around Linlithgow and visit its famous palace - birthplace of Mary Queen of Scots.

Heading east the first section was once used by fishermen’s wives travelling between Bo’ness and Linlithgow to sell their catches. Bo’ness is a delightful fishing town and further on you’ll pass Blackness Castle, built in the 15th century, and the finely managed estate of Hopetoun House.

South Queensferry is home to three stunning road and rail bridges across the Firth of Forth, linking Edinburgh with Fife. The newest, the Queensferry Crossing, was opened in 2017.

You could continue the walk further east and into the capital city again or head to the third of the Lothians, Midlothian. This region is acclaimed for the rolling Pentland Hills, and a walk of 4.5 miles on good paths and farm tracks leads you to lovely North Esk Reservoir. In good weather, you will be treated to views back towards the coast.

After all these rural walking gems, it’s only a short drive or train journey to return to the entertainments of one of the world’s most visited capital cities.

30. Dunbar Clifftop Trail

This circuit starts at the harbour in Dunbar and hugs the craggy headland heading to the west. Expansive views along the coast and out towards the small island of Bass Rock in the Firth of Forth are superb on a fine day. The route follows the edge of Winterfield Golf Club and then offers a wonderful vista over the sands of Belhaven Bay. Why not detour for a stroll along the beach and a chance for a refreshing paddle in the chilly waters? Look up and towards North Berwick where you should be able to see the rocky outcrop of Berwick Law. After the Shore Road car park, the route turns back eastwards on a quiet road, which also serves cyclists on the nearby John Muir Way cycle path. At Dunbar, there’s a memorial and museum dedicated to the town’s famous son, John Muir, the father of America’s National Parks.

Distance: 5.8 km / 3.5 miles
Approx. Time: 1.5 hours
Height Gain: 40 m
Map Ref: Pg 95, H11
OS Map: Explorer 351 - Dunbar & North Berwick
Access: Start in Dunbar Harbour.
Good paths and tracks combine on an undulating route around a Designated Ancient Monument. The Greenock Cut is an aqueduct, which was designed by Robert Thom in the 1800s. From the visitor centre, the route follows a single-track road that rises to join an off-road path and heads into remote-feeling moorland above the town of Greenock and the River Clyde. Look out for wildlife as you walk, including roe deer and all-year-round resident Canada geese. On a clear day, there are views over the Firth of Clyde towards Dunoon and Argyll.

The walk continues in a clockwise direction heading over and along the aqueduct and takes in more than 20 small stone bridges. Walkers pass two bothies, which once provided accommodation for the workers when the Greenock Cut was built. The two stretches of water on this route are Loch Thom and Compensation Reservoir, which were built to supply water for the aqueduct.

### Greenock Cut

**Distance:** 10.5 km / 6.5 miles  
**Approx. Time:** 3 - 4 hours  
**Height Gain:** 80 m  
**Map Ref:** Pg 95, E11  
**OS Map:** Explorer 341 - Greenock, Largs and Millport  
**Access:** Car park at the visitor centre, Loch Thom, signed from the A78, south of Greenock.
32. Falls of Clyde
Distance: 10 km / 6 miles
Time: 2 - 3 hours
Difficulty: Easy/moderate
Height Gain: 95 m
OS Map: Explorer 335 - Lanark & Tinto Hills
Map Ref: Pg 95, G12

33. Burncrooks Reservoir
Distance: 10 km / 6 miles
Time: 2 - 3 hours
Difficulty: Moderate
Height Gain: 108 m
OS Map: Explorer OL38 - Loch Lomond South
Map Ref: Pg 95, F11
Access: Edenmill Farm Shop, just off the A809 at Carbeth.

34. Calderwood Trail, Calderglen
Distance: 8 km / 5 miles
Time: 3 - 3.5 hours
Difficulty: Moderate
Height Gain: 40 m
OS Map: Explorer 334 - East Kilbride
Map Ref: Pg 95, F12
Access: Visitor centre at the park.

Journeying west of Glasgow takes you to the coast with a string of settlements in Inverclyde. Port Glasgow was developed from a fishing village into a working port at the heart of a vast former shipbuilding industry.

Port Glasgow merges into Greenock, and then Gourock further west on the south bank of the River Clyde where it expands into the Firth of Clyde.

A superb walk that feels as if it’s miles from urban life, yet is easy to reach – you can start at Drumfochar Station as well as the visitor centre – is the Greenock Cut.

The Greenock Cut is the name for a historic aqueduct, which is now a Designated Ancient Monument. The 6.5-mile route follows good paths and reveals wonderful views over the Firth of Clyde towards Dunoon and Argyll.

Heading south east of Glasgow, more rural delights are discovered in South Lanarkshire. Calderglen Park, in the town of East Kilbride, boasts a scenic wooded glen created by the Rotten Calder, a tributary of the River Clyde.

There are various signposted trails, including the five-mile out-and-back linear Calderwood Trail, indicated by red markers. It winds downstream along the banks of the Rotten Calder to the site of the former Calderwood Castle.

It’s well worth taking a trip further to the south east to the town of Lanark and the acclaimed New Lanark settlement. The UNESCO World Heritage Site of New Lanark was originally built as a pioneering mill village in the 18th century.

A walk of six miles here takes you to the fabulous Falls of Clyde through a Scottish Wildlife Trust (SWT) nature reserve. There is a viewpoint over Corra Linn, the 27 m fall that Wordsworth described as “the Clyde’s most majestic daughter”.

Whether you choose to return to the city or stay a while longer in the surrounding countryside, you’ll never be short of a walking gem.

35. Glasgow Necropolis

Stroll the historic streets of Glasgow, starting at George Square, which was first laid out in 1781 by Scottish architects James and Robert Adam. The route leads to Rottenrow Gardens - the site of the former Glasgow Maternity Hospital – and via the campus of the University of Strathclyde. You’ll also pass the Provand’s Lordship house, built in the 1470s and now Glasgow’s oldest remaining house, and the St Mungo Museum of Religious Life and Art en route to Cathedral Square. Glasgow Cathedral is the only medieval Cathedral still intact in mainland Britain, having survived the reformation. The Glasgow Necropolis is close by and where you can wander undulating tarmac paths between numerous tombstones, monuments and statues. Next you’ll cross the “Bridge of Sighs” and return to Cathedral Square and the St Mungo Museum before strolling back to the centre of Glasgow and its modern shopping streets.

Journeying west of Glasgow takes you to the coast with a string of settlements in Inverclyde. Port Glasgow was developed from a fishing village into a working port at the heart of a vast former shipbuilding industry.

Port Glasgow merges into Greenock, and then Gourock further west on the south bank of the River Clyde where it expands into the Firth of Clyde.

A superb walk that feels as if it’s miles from urban life, yet is easy to reach – you can start at Drumfochar Station as well as the visitor centre – is the Greenock Cut.

The Greenock Cut is the name for a historic aqueduct, which is now a Designated Ancient Monument. The 6.5-mile route follows good paths and reveals wonderful views over the Firth of Clyde towards Dunoon and Argyll.

Heading south east of Glasgow, more rural delights are discovered in South Lanarkshire. Calderglen Park, in the town of East Kilbride, boasts a scenic wooded glen created by the Rotten Calder, a tributary of the River Clyde.

There are various signposted trails, including the five-mile out-and-back linear Calderwood Trail, indicated by red markers. It winds downstream along the banks of the Rotten Calder to the site of the former Calderwood Castle.

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Whether you choose to return to the city or stay a while longer in the surrounding countryside, you’ll never be short of a walking gem.
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This is a region of walking superlatives, that should be on every walker’s bucket list.

Famed worldwide for its stunning scenery, the Highlands and Moray Speyside boast a wonderfully diverse landscape of high mountains, hills, glens, lochs, rivers and a long coast.

What might surprise you is the wealth of walks for all types of people, whether you are after a challenging adventure, a relaxing stroll or something in between.

A short walk follows a well-trodden path from an easily accessible car park and offers tremendous rewards with views of a beautiful river gorge and the fabulous Steall Falls of Glen Nevis. The waterfall is the third highest in Scotland and cascades from a height of 105 m.

As the gorge opens up you see many high-rise peaks, including the first summit of the acclaimed and challenging Ring of Steall hike.

Another walk that provides great vistas on a waymarked route of just 3.5 miles is found at Glenlivet Estate in the Cairngorms. The area is renowned for its high, wild and rugged terrain yet you do not need to commit to a long hike.

Starting at a height of 400m on the high road between Cockbridge and Tomintoul, and close to The Lecht ski centre, the route gradually climbs over 80 m to Glenmulliach Viewpoint. Don’t forget your camera for breathtaking photos over the high tops of the eastern Cairngorms and across to Tomintoul and Glenlivet - Cairngorms, which was also designated an International Dark Sky Park in 2017. This means it’s an amazing place for stargazing and even seeing the Northern Lights.

For those with more energy and experience, another climb on a rocky and often steep path takes walkers from the floor of spectacular Glen Coe to the Lost Valley. The walk climbs 300 m in just over a mile to reach the high valley of Coire Gabhail.

The Lost Valley is situated between the first and second peaks of the famed Three Sisters of Glen Coe – a triple buttress of the high tops...
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mountains that rise high above the A82 Glen Coe road – and to the south of the dominating summits of Bidean nam Bian.

It’s said that Coire Gabhail is where the Macdonalds hid cattle they had stolen from their neighbours in the days when cattle-rustling was a way of life.

If you are keen to hike to a mountain summit, you are spoilt for choice in this region with many summits over 3,000 ft. Britain’s tallest mountain, Ben Nevis (4,409 ft), is located close to Fort William in an area known as the ‘Outdoor Capital of the UK’.

Further north in wildly beautiful Sutherland, along the renowned North Coast 500 travel route, another iconic mountain, Suilven, is easily spotted from the roads that meander around the area. The hump-backed outline of the mountain rises dramatically above the rock-and-lochan strewn Assynt landscape.

A challenging walk, yet on a well-trodden route, departs Lochinver for an out-and-back hike of 12.5 miles to the 731 m summit. Be prepared for a steep climb and some short scramble sections when you finally reach the northern slopes of Suilven. You will be thrilled with your efforts – the views over land, sea and islands are magical.

Many visitors are drawn to the coast, especially relevant in 2020, Scotland’s Year of Coasts and Waters. There are seas to the west, north and east of the Highlands with miles of coastline and islands to explore. In Wester Ross, a short but scenic route visits the spectacular beach of Camas a’ Charraig at Mellon Udrigle.

36. Lost Valley, Glen Coe

A short walk on a sometimes steep and rough track offers great rewards, especially when you reach the spectacular Lost Valley. The correct name for the high valley is Coire Gabhail and it is where the Macdonalds of Glen Coe hid their rustled cattle in times past. A signpost points the way from the car park, at first descending to reach a path that leads to a high wooden bridge over the River Coe. The route climbs from here through a tree-lined gorge with waterfalls. A river crossing is required higher up the path and this could be tricky in periods of high rain so the best time to walk this route is in spring or summer. The wide and flat Lost Valley is surrounded by high mountains and you can walk along the base for superb views.

The return is via the same outward route. It’s a surprisingly wide and flat area hidden from Glen Coe below. The views open out at the head of the glen to reveal great peaks such as Stob Coire Sgreamhach and the huge rock walls of Gear Aonach and Beinn Fhada.

| Distance: | 4 km / 2.5 miles (return) |
| Approx. Time: | 2 - 3 hours |
| Height Gain: | 300 m |
| Map Ref: | Pg 95, E10 OS Map: Explorer 384: Glencoe & Glen Etive |
| Access: | Either of the two car parks on the A82 at NN 168569 or further east. |
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The Highlands

The 2.5-mile circular walk explores the wild moorland coastline and reveals superb views across the sea back to Assynt and over to the Summer Isles.

Further east, in Moray Speyside, an area acclaimed for its milder weather, a walk of 3.5 miles takes in beautiful Culbin Forest, which is edged by Culbin Sands and close to famous Findhorn Bay.

A circular waymarked route here reaches the highest point in the forest, on Hill 99, with wonderful views over the forest below, the salt marshes and sand banks of the fabulous coastal nature reserve.

For a more dramatic coastal panorama, head to the most north-easterly mainland settlement of John o’Groats. A four-mile return walk hugs the stunning north coast, east to Duncansby Head Lighthouse and then on to the huge rock stacks known as The Stacks of Duncansby. A 147-mile coastal walking route, the John o’Groats Trail, runs from Inverness to John o’Groats, making this area a veritable walkers’ paradise.

Look out for wildlife including seals, Eider ducks and possibly even otters. ‘Groatie Buckies’, a small cowrie shell once used as a currency, can be found at sandy Roberts Haven.

Other walks

37. Duncansby Head, Caithness
Distance: 6 km / 4 miles
Approx. Time: 2 - 3 hours
Difficulty: Easy/moderate
Height Gain: 68 m
OS Map: Explorer 451 - Thurso
Map Ref: Pg 94, G5
Access: John o’Groats harbour

38. Glenmulliach Viewpoint
Distance: 5.5 km / 3.5 miles
Approx. Time: 1.5 - 2.5 hours
Difficulty: Easy/moderate
Height Gain: 80 m
OS Map: Explorer OL58 - Braemar
Map Ref: Pg 95, G8

Distance: 4 km / 2.5 miles
Approx. Time: 1.5 to 2 hours
Difficulty: Easy
Height Gain: 57 m
OS Map: Explorer 434 - Gairloch
Map Ref: Pg 94, D7

40. Suilven
The 2.5-mile circular walk explores the wild moorland coastline and reveals superb views across the sea back to Assynt and over to the Summer Isles.

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40. Suilven
The dramatic hump-backed outline of Suilven is an iconic view in Sutherland. The most popular route is to start from near Lochinver, on the west coast, following a tarmac road to Glencanisp Lodge at first, before joining an all-terrain vehicle track eastwards. The track eventually turns to the south as you approach the high sides of Suilven. The path upwards looks daunting but it is simply a steep path with some sections of easier zig-zagging. When you suddenly arrive on the ridge, the view south to another iconic mountain, Stac Pollaidh, is breathtaking. Turn right along the ridge. The
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The Isle of Skye is much visited by visitors, and walkers will discover some great hikes on the large island, including the epic Cuillin ridge. For an altogether quieter gem of an isle, neighbouring Raasay is a must-visit. A ferry journey between Skye and Raasay, where the three-mile North Bay Circular walk offers historic interest, as well as delightful views. Walkers visit the ruins of 11th century St Moluag’s chapel and an ancient carved stone nearby. There is also a walk up the island’s highest summit, Dun Caan.

Like Skye, few visitors will bypass Loch Ness during a holiday in the Highlands. Famed as the home of an ancient monster, a more modern attraction is the Loch Ness 360° Trail, an 80-mile route that connects the Great Glen Way with the South Loch Ness Trail to form a route for walkers, cyclists and horse riders. To walk the entire loop would take six days, however there are plenty of shorter sections. From Fort Augustus, on the southern shore of Loch Ness, north to the village of Foyers, is 15 miles. The route starts with a long and steady climb to reach a marvellous viewpoint that reveals a wide sweeping vista over the southern end of the loch and wider Stratherrick. The descent that follows takes in more delightful views including wild moorland and picturesque Loch Knockie.

Perhaps you’ll choose to walk further along the eastern shore of Loch Ness the next day towards the attractive city of Inverness, or pick another path from a seemingly limitless menu of walking routes for all.

44. Culbin Forest Hill 99, Moray

Culbin Sands, Forest and Findhorn Bay are home to Hill 99, the highest point in the forest and so-called as it’s Culbin’s highest dune at 99 feet tall. The walk starts from Wellhill car park and follows black arrow signs on a circular route that can be a little steep in places, although not arduous. At the summit there is a trig point surrounded by seats and a wooden platform above that is reached by a staircase. This offers wider views of the forest below, which also has wildlife ponds for children to explore, as well as views of the salt marshes and sand banks of the Culbin Sands Nature Reserve and hills on the other side of the Moray Firth. The circular route returns to the car park.

Distance: 5.7 km / 3.5 miles
Approx. Time: 2 hours
Map Ref: Pg 95, G8
Height Gain: 30 m
OS Map: Explorer 423 - Elgin, Forres & Lossiemouth
Access: Culbin Forest is 3 miles north west of the town of Forres and the walk starts at Wellhill car park.
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The Kingdom of Fife

Rolling hills, a fabulous coastline and a wealth of history make Fife a magnet for walkers.

Famed worldwide as the home of golf, the Kingdom of Fife is also a favourite with walkers, especially for families and people who prefer the trails to be more easy-going.

There are many walking routes, from short and sweet to longer and higher, whether you choose to head along a picturesque coastline or amid undulating hills and atmospheric forests.

A great place to start is the long shore of Fife, to the east of the region, where a string of pretty fishing villages and the golf town of St Andrews draw visitors.

The Fife Coastal Path extends for almost 120 miles from the Forth Estuary in the south to the Tay Estuary in the north of Fife.

Starting with an easy, family-friendly walk, the signposted Seashell Trail at Tentsmuir National Nature Reserve takes in a section of the Coastal Path and detours inland over sand dunes and forest to reach an old Ice House and a World War II pillbox.

For a longer coastal walk, Crail to St Andrews, or vice versa, offers some 14 miles of sublime views and plenty of fine beaches. It’s a relatively flat path but you could stop halfway at Kingsbarns if you tire.

At Fife Ness, where this walk starts, there’s a wildlife reserve, which is worth a visit. As you walk, look out for a rock formation known as The Rock and Spindle, which appears like a huge spinning wheel, the tall pillar representing the distaff while the wheel-shaped projection is the spindle.

And once you reach St Andrews you should take some time to explore the ancient town with its cathedral, castle, the British Golf Museum and much more besides.

A new long-distance walking trail, the 64-mile Fife Pilgrim Way leaves Culross or North Queensferry (you can choose which) in west Fife to reach St Andrews Cathedral.

For 400 years, St Andrews was one of the main pilgrimage destinations in Medieval Europe. Rich and poor flocked to be near the bones of St Andrew, one of the disciples of Jesus.

An 8.5-mile section of the full route leaves Kennoway for Ceres on a waymarked route on mostly trails and paths. The views are wonderful with hedgerow-bordered fields, woodland and open countryside. On a fine day, you’ll see as far as the East Neuk of Fife, the Firth of Forth and the Lomond Hills.

At Clatto Den and Clatto Reservoir in the summer months, darting dragonflies and damselflies fill the air and wildflowers create colourful displays.

45. West Lomond Loop

The West Lomond Loop takes walkers to the highest point in the Kingdom of Fife, and the taller of the two Lomond hills, the 522 m summit of West Lomond. If you have the energy you could also walk to the top of East Lomond (424 m) and Bishop Hill (460 m) afterwards. From Craigmead Car Park, head through a metal gate to a broad track over open land. At the foot of West Lomond, take the path to the north, skirting around the hill. The climb to the top is fairly steep but it’s worth the effort for panoramic views over rolling countryside and sparkling Loch Leven, the largest loch in the lowlands. To return, descend to the south east, avoiding an old quarry. Follow a path and cross a stile. At a self-closing gate, turn east. At the road, turn north back to car park.

Distance: 8 km / 5 miles
Approx. Time: 3 – 4 hours
Height Gain: 300 m
Map Ref: Pg 95, G11
OS Map: Explorer 370 - Glenrothes North, Falkland & Lomond Hills
Access: Craigmead Car Park between Leslie and Falkland.
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### Other walks

#### 46. Seashell Trail at Tentsmuir
- **Distance:** 5.5 km / 3.5 miles
- **Time:** 1.5 - 2 hours
- **Difficulty:** Easy
- **Height Gain:** Negligible
- **OS Map:** Explorer 371 - St Andrews & East Fife
- **Map Ref:** Pg 95, H10
- **Access:** Tentsmuir Forest Car Park (charge). Signposted from Leuchars and south of Tayport on B945.

#### 47. Mount Hill & Hopetoun Monument, Cupar
- **Distance:** 4 km / 2.5 miles
- **Time:** 1.5 - 2 hours
- **Difficulty:** Easy/moderate
- **Height Gain:** 130 m
- **OS Map:** Explorer 371 - St Andrews & East Fife
- **Map Ref:** Pg 95, G11
- **Access:** Travel north-west from Cupar on the A913 for 3.5 km. Turn left on the B class road past The Mount Farm and park in the lay-by beside the public footpath sign.

#### 48. Fife Pilgrim Way (Kennywood to Ceres)
- **Distance:** 14 km / 8.5 miles
- **Time:** 3 - 4 hours
- **Difficulty:** Moderate
- **Height Gain:** 160 m
- **OS Map:** Explorer 370 - Glenrothes North, Falkland & Lomond Hills
- **Map Ref:** Pg 95, H11
- **Access:** Free parking in Kennywood and in Ceres. Look for Fife Pilgrim Way signposts to the north of Kennywood where the route follows pavement to Bonnybank.

Ceres is a lovely place to enjoy lunch and stroll the historic streets, dating back to the 17th century. There is the fascinating Fife Folk Museum here, if you want to find out more about past times.

Perhaps the sight of the Lomond Hills, seen from across the Kingdom, will give you the notion to climb to one of the prominent summits. The Lomonds comprise of two main peaks and a choice of routes to East Lomond or West Lomond, or you could do both in one outing.

A five-mile West Lomond Loop takes in the taller peak reaching a 522 m altitude for a superb panorama of the delightful Fife countryside, towards sparkling Loch Leven and the Ochil hills, with the Forth Valley in the distance.

Another hill walk, although with less height gain, starts at the historic town of Cupar, close to the Fife Pilgrim Way, and heads up Mount Hill.

Of historic interest is the 29 m tall Hopetoun Monument, which was erected in 1824 in memory of John Hope, the 4th Earl of Hopetoun (1765–1823).

A region of so many choices, especially for people who are new to walking or like their hikes to be less challenging, it’s likely you’ll want to book a return holiday here as soon as you can.

### 49. Crail to St Andrews (Fife Coastal Path)

This 14.5-mile walk is part of the Fife Coastal Path, which extends almost 120 miles from Kincardine, and north to the Tay Bridge. En route, walkers will discover quaint former fishing villages, sandy beaches and high cliffs with fantastic views. The Crail to St Andrews section begins at the most easterly point of the long-distance path at Fife Ness, where there is also a wildlife reserve. After a narrow road that passes an old harbour, walkers join a path skirting ancient Balcomie Links Golf Course and passing Constantine’s Cave. The next section, beneath Rendarston Cliffs, is walked at low tide. Towards Kinkell Ness, the path descends to the beach before heading along farm tracks to Boarhills hamlet. There is a series of steps to Kinkell Ness, before you descend (at low tide) into St Andrews, which is the world-famous Home of Golf.

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The Forth Inn is an institution in Aberfoyle. It serves up award winning freshly cooked food and has a popular beer garden and a superb beer & whisky selection in our well-stocked bar. Compliment this with 6 warm and cosy en-suite bedrooms and a great breakfast before departure, it really is a great place to stay.

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Loch Lomond, The Trossachs, Stirling & Forth Valley

So easy to reach and with a wide variety of walking routes, this region is a must-visit.

Perfectly located on the doorstep of three cities, Glasgow, Edinburgh and Stirling, as well as numerous towns and villages, this region is popular with day walkers as well as walking holidaymakers.

Thanks to an ancient force of nature, the Highland Fault Line, there is a division of landscapes with both lowlands and Highlands’ scenery in one great area.

At its heart is Loch Lomond & The Trossachs National Park, one of two great Scottish national parks. Landmarks include picturesque Loch Lomond, which is Britain’s largest area of fresh water, and part of Scotland’s original long-distance walk, the West Highland Way.

Another long-distance walk, the coast-to-coast John Muir Way, journeys through the region. It’s possible to walk a section of nine miles along the historic Union Canal between Falkirk and Linlithgow. The canal was built in the early 1800s and was used to transport coal until the revolution of the railways.

At Falkirk, walkers can see the impressive Falkirk Wheel boatlift and the huge statues known as The Kelpies, located at The Helix. Other attractions en route include Callendar House and Park, dating from the 14th century, and the 200-year-old Avon Aqueduct – Scotland’s largest – that carries the Union Canal over the River Avon. Linlithgow is home to a canal centre, a palace and a beautiful loch.

Walkers can take more steps back in time on a six-mile route from Balquhidder to Kirkton Glen in Stirlingshire. The delightful out-and-back walk meanders north through the wooded glen of Kirkton.

It’s possible to visit the grave of famous 18th century Scottish folk hero and outlaw, Rob Roy MacGregor, at Balquhidder Parish Church here.

At a well-located bench there is a vista back down the glen towards the Corbett of Ben Vane, a lesser-known neighbour of Ben Ledi, close to the popular visitor town of Callander.

A little further south, a family-friendly walk leaves another visitor hotspot, the village of Aberfoyle, behind as it heads into the great Loch Ard Forest. The 3.5-mile circuit through the trees and alongside the island-strewn loch starts from Forestry & Land Scotland’s Milton Car Park.

50. Dumyat

Dumyat (pronounced dum-eye-at) is part of the Ochil hills range near the city of Stirling. It is easy to reach and offers a relatively easy walk to reach the 418 m summit.

The start is from a high roadside car park. There is a gate to the hill and then a newly laid path can be seen right ahead. The route undulates and gently ascends with only a few shorter, steeper efforts over rocks.

This route heads first to Castle Law at 374 m and then to Dumyat at 418 m, although you could go straight to Dumyat.

There is a trig point, a large metal beacon and a number of memorials all located on Dumyat summit. The views from the top are superb and on a clear day you’ll see the famous Wallace Monument in the foreground, Stirling itself and the wider Stirlingshire countryside. Return the same way.

Dumyat, Clackmannanshire

Distance: 7.4 km / 4.6 miles
Approx. Time: 2 - 3.5 hours
Map Ref: Pt 95 NT 51
OS Map: Explorer 366 - Stirling or Explorer 046 - Stirling & Ochil Hills West
Access: Pendoch Forest car park, reached on the Sherrifmuir road from Bridge of Allan.
AMS Scotland has been providing a luggage transfer service to walkers on the West Highland Way for many years. We deliver/pick up your luggage from all of your accommodations every day of your walk. You can join us at any stage, and there are no limits to the number of stops you can make along the way.

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Loch Ard is where the River Forth begins its journey to the sea and Loch Ard Forest boasts no less than 17 species of conifer alongside remnants of ancient oaks. Wildlife includes red and roe deer, pine martens, otters, red squirrels and water voles. Sharing the forest with this plethora of wildlife is a series of outstanding sculptures created by local artist and environmentalist Rob Mulholland.

As you walk, you’ll see in the distance the impressive bulk of Ben Lomond, which is Scotland’s most southerly Munro (a collection of 282 mountains with a summit of at least 3,000 ft). Perhaps you’ll be drawn to this Munro, located on the eastern shore of Loch Lomond, for a loftier hike. Many people choose to walk the ‘tourist path’ up and down the mountain, while a 7.5-mile circular route starts in the same place, at Rowardennan, and climbs first to the westerly Ptarmigan Ridge summit before approaching the summit of Ben Lomond at 974 m via a steep and rocky path. The return path follows the ‘tourist path’ back to the car park at the start.

Another popular summit in the region is Dumyat, above the city of Stirling. It’s a rewarding five-mile outing and follows a newly laid path.

You could head straight for the 418 m summit or take in Castle Law at 374 m, too. The views are wonderful and, if the weather is fine, you’ll enjoy a panorama over the wider Stirlingshire countryside, across the rest of the hill range of the Ochils and including the famous Wallace Monument.

Whatever your walking aspirations, this region will easily please.
Orkney

The low-lying islands of Orkney are perfect for walks on the wild side. With beautiful rolling countryside, breathtaking coastlines and numerous pristine beaches, Orkney is a paradise for walkers.

Much of the island chain is low-lying, which makes it an ideal place to pull on walking boots whatever your age or fitness level.

Although seemingly remote, Orkney is just 10 miles from the mainland of Scotland at its nearest point, so it’s easy to reach by boat, or you can fly from one of four city airports in the nearest point, so it's easy to reach by boat, or you can fly from one of four city airports in

The most difficult decision will be where to walk first. It’s worth strolling around some of Orkney’s amazing archaeological wonders, such as the UNESCO World Heritage Site of the Ring of Brodgar, a Neolithic henge and stone circle on Mainland. Right next door, the Ness of Brodgar site, remains of an ancient settlement at the Brough of Deerness. You continue on to visit Mull Head itself, a coastal path past the geologically impressive Group, a collapsed sea cave, and further on to visit The Gloup, a collapsed sea cave, and is part of 200 acre Mull Head Nature Reserve with coastal grassland, heath and sea cliffs.

The iconic sea stack, the Old Man of Hoy, is a big draw for visitors, too, and an out-and-back signposted walk of six miles from Rackwick Youth Hostel (accessible by bus) offers wonderful vistas of the 137 m tall Old Man on Hoy Island, which you reach via Orkney Ferries. The island cliffs are also breeding grounds for sea birds.

To the north west of the archipelago, a lesser visited island, Westray, boasts a lovely circular walk of just over four miles to visit more spectacular coastal attractions, including the cliffs and seabird colonies of Noup Head, which is an RSPB reserve. You’ll be treated to eye-catching stacks, arches and caves.

Further north still is North Ronaldsay. The island is almost completely enclosed by a stone wall that ensures Ronaldsay’s seaweed-eating sheep remain on the rocky shore around the island. A long but not too strenuous walk circuits the island staying close to the outside of the wall.

In this Year of Coasts and Waters, there has never been a better time to visit Orkney.

58. Mull Head, East Mainland

This walk on Orkney Mainland’s most easterly point offers a perfect mix of sea views, natural gems and historical interest. The route follows a coastal path past the geologically impressive Group, a collapsed sea cave, and further on to visit remains of an ancient settlement at the Brough of Deerness. You continue on to Mull Head itself, where it’s worth stopping to enjoy a spectacular sea vista to the west and south. A short walk away is the Covenanters’ Memorial, which remembers 200 Covenanters who perished in 1679 when their ship was wrecked nearby. The path heads gently uphill to meet a road. Go left and continue on to meet a track that joins another road. Go right and, after 1 km, by a house, take a track on your left back to the start of the walk.

55. Old Man of Hoy Walk, Isle of Hoy

Distance: 10 km / 6 miles
Time: 2 -3 hours
Difficulty: Easy/moderate
Height Gain: 150 m
OS Map: Explorer 462 - Hoy, South Walls & Flotta
Map Ref: Pg 94, G5
Access: Ferry from Stromness on Mainland to pier on Hoy. Bus to Rackwick Youth Hostel operates in summer.

56. Noup Head, Westray

Distance: 4.3 miles
Time: 2 - 2.5 hours
Difficulty: Easy
Height Gain: 52 m
OS Map: Explorer 464 - Orkney - Westray, Papa Westray, Rousay, Egilsay & Wyre
Map Ref: Pg 94, G4
Access: There is limited parking close to Backarass Farm on an unnamed road west of Pierowall.

57. North Ronaldsay Sheep Dyke Hike, Isle of North Ronaldsay

Distance: 19 km / 12 miles
Time: 6.5 - 8 hours
Difficulty: Moderate
Height Gain: 80 m
OS Map: Explorer 465 - Sanday, North Ronaldsay, Eday & Stronsay
Map Ref: Pg 94, H4
Access: North Ronaldsay Pier at the south of the island.

For more information on walks in Orkney go to: www.visitscotland.com/walk
62. Vatersay, Isle of Vatersay

The Isle of Vatersay is located to the south of the Isle of Barra. Heavily eroded by sea and wind, the island takes the form of an H shape. This walk offers wonderful sights along the coast and inland, as well as archaeological sites and numerous opportunities for bird spotting. In the summer, you’ll be wowed by displays of wild flowers on the machair (fertile grasslands). The walk starts at a monument commemorating the 348 lives lost in 1853 when the ship ‘Annie Jane’ went down. The route heads across the machair before climbing Dun Vatersay, which was once an Iron Age fort. Just before the top there is the site of a Bronze Age Kerbed Burial Cairn. From the Dun, walk over open and rocky ground, heading towards the sandy beach of South Bay before returning by Vatersay Bay.

61. Druidibeg, Harris

A challenging but rewarding hike of nine miles follows the Clisham Horseshoe with a long climb to the summit following a ridge from the north west. The views over South Harris are breathtaking.

On Lewis, the most northerly of the islands, a linear walk travels a ‘Heritage Trail’ of some 12.5 miles from Tolsta to Ness at the Butt of Lewis. The walk combines historical highlights, such as the remains of Lord Leverhulme’s famous ‘Bridge to Nowhere’ and the ruined chapel of Filiscleitir.

With so much to discover in such a well-connected island chain, it’s a good idea to stay for longer than you planned to!

Further north, on South Uist, an easy-going walk of three hours at Loch Druidibeg National Nature Reserve reveals a wonderful world of wildlife. Spot some of the 200 species of flowering plants, as well as numerous birds.

While much of the terrain of the Outer Hebrides is fairly flat, Harris boasts some fantastic mountains including the tallest An Ciseam, at 799 m.

A popular way to experience a range of different islands in one trip is to hike the long-distance waymarked trail, The Hebridean Way, over 10 days. Starting on the small island of Vatersay, the route travels north through nine more islands to reach Lewis. A highlight is the chance to visit the vast and stunning white sandy beaches along the long coast of the archipelago.

Vatersay is worth spending a little longer exploring. A walk of almost four miles on the southern part of the H-shaped isle reveals the unique landscape so deeply worn by the sea that only a narrow strip of sandy grassland, known as machair, prevents it becoming two islands. Walkers enjoy the get-away-from-it-all atmosphere of the Outer Hebrides, as well as the wide variety of landscapes and the incredible history.

The island chain is also easy to reach, via several ferry routes or by plane to land at Stornoway or on Traigh Mhor on the Isle of Barra - the only place in the world where scheduled flights land on a beach runway.

For more information on walks in Outer Hebrides go to: www.visitscotland.com/walk

Other walks

59. Clisham Horseshoe, Harris

Distance: 14.5 km / 9 miles
Time: 7 – 9 hours
Difficulty: Challenging
Height Gain: 760 m
OS Map: Explorer 456 - North Harris
Map Ref: Pg 94, C7
Access: Parked at the Sgiogarstaigh, Ness, or at Traigh Gheardha, Tolsta; parking available. Bus service to both points.

60. Tolsta to Ness, Lewis

Distance: 20 km / L2.5 miles (one-way)
Time: 6 – 7 hours (approx.)
Difficulty: Moderate/challenging
Height Gain: 110 m
OS Map: Explorer 460 - North Lewis / Ceann a Tuath Leòdhais
Map Ref: Pg 94, D6
Access: South of Skigersta (Sgiogarstaigh), Ness, or at Traigh Ghearadha, Tolsta; parking available. Bus service to both points.

61. Druidibeg, South Uist

Distance: 8 km / 5 miles
Time: 3 hours
Difficulty: Easy
Height Gain: Negligible
OS Map: Explorer 453 - Benbecula
Map Ref: Pg 95, B8
Access: Turn off A865 at B890 for Loch Sgioport. Park a/f ter 2.5 km by junction with track.

For more information on walks in Outer Hebrides go to: www.visitscotland.com/walk

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Perthshire

A region of verdant and rolling landscapes is sure to be an instant hit with walkers.

From atmospheric forests, to easy-going hill walks and exhilarating mountain hikes, Perthshire has it all—and more.

The region is located at the geographical heart of Scotland and boasts the historic city of Perth as well as many charming towns and villages.

Perthshire is also known as ‘Big Tree Country’ and many walking routes explore extensive woodlands and forests. A walk of around three hours is found near Perth and follows an undulating path to Moncreiffe Hill, or “hill of the tree”.

You’ll see Douglas fir and Scots pine and enjoy superb views of the surrounding countryside, including Scotland’s longest river, the Tay.

Another recommended woodland walk is located north west of Perth on the southern shore of Loch Rannoch. Access is via a minor road, west of Kinloch Rannoch and from the hamlet of Carie.

The Black Wood of Rannoch is a relic of the great Caledonian Forest that once covered much of Scotland, and the Allt na Bogair Trail offers a circular waymarked route following a lively stream uphill.

It won’t surprise you to know that these tranquil woodlands were once a place where wolves roamed and illicit whisky stills were concealed. It’s also said to be where the Jacobites laid low after the rebellion of 1745.

There are fantastic views over Loch Rannoch and also across the water to the summit of the Corbett Beinn a’Chuallaich.

The village of Comrie is the starting point of more woodland paths. A walk signposted as the Glen Lednock Circular leads to a rocky gorge where the River Lednock cascades and trees cover an amphitheatre known as the Deil’s (or Devil’s) Cauldron.

If you have the energy, you can make a steep but relatively short ascent to the Melville Monument, an obelisk on Dun More hill that commemorates Henry Dundas, the 1st Viscount Melville.

For more intrepid walkers, the region includes Highland Perthshire to the north, which overlaps in places with the Cairngorms National Park, and offers many fabulous high-rise hikes.

63. Schiehallion

On a fine day, Schiehallion, one of our 282 Munros, is one of Scotland’s most approachable mountain hikes for the relatively fit and experienced walker.

Starting on a track to the south of the Braes of Foss car park, walkers follow an obvious path that ascends the eastern slopes of this mountain. The higher you climb the wider the views grow as you look over a fabulous vista of moorland, hills and other mountains. You’ll also spot Loch Tummel far below. The route continues to climb and gradually becomes more rocky, until you finally reach a rounded ridge towards the western end of Schiehallion, where the summit at 1,083 m (3,553 ft) is found. In poor weather the boulder-strewn top can be tricky, so make sure you can use a map and compass. The return is back down the same well-trodden path.

Distance: 10km / 6.5 miles
Approx. Time: 4 - 6 hours
Map Ref: VG 55, F10
Height Gain: 750 m
OS Map: Explorer 386 - Pitlochry & Loch Tummel
Access: Car park off B846 at Braes of Foss.
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There are dozens of Munros (Scottish mountains with a summit of more than 3,000 ft / 914 m) and Corbetts (mountains with a summit of more than 2,500 ft / 762 m) in wider Perthshire.

A six-mile out-and-back hike of the Corbett, Ben Vrackie, follows a fairly straightforward path from Moulin, a village just north of the busy tourist town of Pitlochry. The route quickly ascends to open moorland that can feel suddenly remote and rugged.

The climb is steep in places but the rewards for your efforts are the wonderful views from the top across to the mountains of Beinn a’ Ghlo and the Cairngorms beyond. There is a helpful viewpoint marker at the summit.

One of the country’s most straightforward Munro hikes is Schiehallion, more remotely located west of Pitlochry.

There is a memorial at the start of the walk commemorates Schiehallion’s part in a famous experiment in the late 18th century when British Astronomer Royal Neville Maskelyne became the first to measure the mass of the earth. He did so by observing the deflection of a pendulum by the mass of Schiehallion.

Today, the tall mountain is a popular walk with a well-trodden path almost to the 1,083 m summit. The boulder-strewn summit can require careful navigation on all but the finest days.

The views as you climb higher and higher perfectly showcase Perthshire’s beauty and give vistas of wildly rugged Rannoch Moor and the high peaks of Glen Coe to the west.

Perhaps your hardest decision in this region is choosing where to walk next – and next and next.

67. Moncreiffe Hill

The name of the hill, Monadh Craiobh (Gaelic), means ‘hill of the tree’. Given the expanse of trees, including towering Douglas fir (among the tallest trees in Britain), European larch, majestic Scots pine and oak, ash, birch and sycamore, it’s not a surprising name.

There are three Woodland Trust routes to choose from and this one described is the longest red trail.

The route follows a loop of the forest and is mostly undulating with only a few steeper sections. The highest point of the walk sees you pop out above the trees for superb views that take in Perth, the River Tay and its estuary, the River Earn, south to Fife and the Lomond Hills, far west to the peaks of Ben More and Stob Binnein, and north and east to rolling hills and mountains.
The peaceful and beautiful region of the Scottish Borders is a great discovery for walkers and is so easy to reach from central Scotland and the north of England.

The undulating landscape offers a wealth of walks for all, from easy family strolls to more challenging and lofty hill hikes.

You could choose to drive to the Scottish Borders, or take the bus or train. The Borders Railway, which opened in 2015, links Edinburgh with Tweedbank, near Galashiels. The train ride itself is a fantastic experience with scenic views of open farmland and gorgeous valleys from the windows.

You could alight at Tweedbank to take in a circular walk of three miles before taking the return journey to Scotland’s capital city.

The route packs in many attractions including Gunknowe Loch, which is a waterfowl hotspot; Abbotsford, the home of acclaimed historical novelist and poet, Sir Walter Scott; and a historic railway viaduct that was built in the 1840s for a previous railway line, then shut in the 1960s and has now been reopened.

You’ll walk a stretch of the famous salmon river, the Tweed, which also forms a natural England-Scotland border.

Another famous scribe with strong connections to the area is John Buchan. He is remembered on a walk from Peebles, a popular visitor town just 20 miles south of Edinburgh, to the pretty village of Broughton.

Buchan is probably best known for his novel, *The Thirty-Nine Steps*, yet he was also the 1st Baron Tweedsmuir, a historian, a diplomat, journalist and Unionist politician.

The 13-mile waymarked John Buchan Way journeys through a wonderful landscape of hills, yet never calls for a summit ascent, so it’s ideal if you like an adventure but without too much climbing uphill.

From Peebles you are spoilt for choice for hill walks, although if you are keen to see the views without too much effort, Hamilton Hill and Standalane is ideal.

It’s possible to leave the car behind and walk from the town centre to pass Standalane Farm and walk uphill towards the summit of Hamilton Hill (371 m). The walk is 4.5 miles and rewards with wonderful views towards the more distant Meldon Hills.

**68. Tweedbank and Abbotsford Walk**

This circular route conveniently starts at Tweedbank station and heads clockwise, passing some interesting sights, including Gunknowe Loch, which was created in the 1970s when the village of Tweedbank was built. Look out for a variety of waterfowl. Abbotsford, the famous home of historical novelist and poet, Sir Walter Scott (1771 to 1832) is next and is well worth a visit. The visitor centre houses an exhibition of Scott’s life and legacy. Heading north, you’ll reach the River Tweed, Scotland’s 4th largest river, where the route continues and hugs the beautiful waterway. You’ll walk beneath Redbridge Viaduct, which was first built in the late 1840s to carry the Edinburgh to Hawick railway and later extended to Carlisle. It was closed to passenger traffic in 1968 and reopened for the new Borders Railway five years ago. You’ll continue along the Tweed to Lowood Bridge, where you turn back towards the station.
The Scottish Borders

The region boasts a fascinating history; the long-distance Borders Abbeys Way is a great way to visit some of the highlights. You could choose a section of the waymarked 64.5-mile route between the four great 12th century abbeys of Melrose, Dryburgh, Kelso and Jedburgh.

The wider Scottish Borders region has a fantastic coastline on its eastern side. You could celebrate the Year of Coasts and Waters 2020 on the 28-mile Berwickshire Coastal Path from Cockburnspath to Berwick-upon-Tweed via St Abbs.

A shorter section of the route can be walked from St Abb’s Head, where there’s a lighthouse and high cliffs, to Eyemouth. As well as the exhilarating views from your clifftop vantage point, there’s a chance to see thousands of seabirds over the four-mile section, including guillemots, razorbills, kittiwakes, fulmars, shags, puffins, shearwaters and skuas.

A little further west – and inland again – is a lovely walk of only three miles from Coldstream. The town is the famous home of the Coldstream Guards, the oldest regiment of the British Army.

The River Tweed and Lees Circuit reveals another beautiful stretch of the long river and also takes you along the tops of water dykes that were built by prisoners during the Napoleonic Wars. Keep an eye out for river wildlife as you stroll this easy-going route.

With so many walking routes to discover in the Borders, you’ll be keen to return time and again.

### Other walks

#### 69. Hamilton Hill and Standalane
- **Distance:** 7 km / 4.5 miles
- **Time:** 2 - 3 hours
- **Difficulty:** Easy/moderate
- **Height Gain:** 180 m
- **OS Map:** Explorer 337 - Peebles & Innerleithen
- **Map Ref:** Pg 95, G12
- **Access:** Greenside Car Park, Peebles.

#### 70. St Abbs to Eyemouth
- **Distance:** 6 km / 3.7 miles (one way)
- **Time:** 2 - 2.5 hours
- **Difficulty:** Easy/moderate
- **Height Gain:** 10 m
- **OS Map:** Explorer 346 - Berwick-upon-Tweed
- **Map Ref:** Pg 95, I11
- **Access:** Start at St Abbs Harbour.

#### 71. River Tweed and Lees Circuit
- **Distance:** 4.8 km / 3 miles
- **Time:** 1 - 2 hours
- **Difficulty:** Easy
- **Height Gain:** 5 m
- **OS Map:** Explorer 346 - Berwick-upon-Tweed
- **Map Ref:** Pg 95, I12
- **Access:** Home Park Car Park in Coldstream.

#### 72. John Buchan Way

John Buchan, the famous writer whose family is strongly linked with the area, is remembered on this waymarked walk from the popular visitor town of Peebles to the village of Broughton. Buchan wrote fast-moving thrillers, many of them starring the secret agent Richard Hannay, and including his most well-known, *The Thirty-Nine Steps*.

The walk crosses the picturesque rolling landscape of the upper Tweed Valley, heading south from Peebles and then mainly westerly to reach Broughton. The route has surprisingly little height gain and mainly undulates and winds around various hills along the way, still offering many fine viewpoints. A small museum, dedicated to the John Buchan Story, is located in Peebles and well worth a visit on your return to the start of the walk. It’s possible to journey between Peebles and Broughton by a bus, or you can use two cars, to do the walk in one day.

- **Distance:** 21 km / 13 miles
- **Approx. Time:** 1 day
- **Height Gain:** 240 m
- **Map Ref:** Page 94, G12
- **OS Map:** Explorer 336 - Biggar & Broughton; Explorer 337 - Peebles & Innerleithen
- **Access:** Bank House at west end of High Street, Peebles.

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It’s easy to see why walkers are attracted to Shetland with its combination of spectacular coasts, high cliffs, gentle hills, wildlife and ancient history.

Although seemingly far-flung, the UK’s most northerly chain of islands is surprisingly easy to reach thanks to a timetable of regular plane and ferry services.

With some 300 isles to choose from, where will you head first? Yell, in the north, boasts an award-winning beach, Breckon Sands, visited on a walk of some 5.5 miles. The route hugs a ruggedly beautiful coast taking in two rocky headlands with the chance to hear – and see – myriad resident seabirds and maybe even spot an otter.

Further wildlife gems are discovered on a coastal circuit of 4.5 miles on the small island of Noss, located to the east of the Isle of Bressay.

Noss is a National Nature Reserve and home to some of Europe’s finest seabird colonies. On the approach to Noss Head look out for puffins, as well as otters or even whales, in the waters between Noss and Bressay.

Fetlar, which is also known as the ‘Garden of Shetland’, is another must-visit. Although small, the island is acclaimed for a multitude of historical, archaeological, geological and wildlife interest.

Two walking routes, of 3.5 miles or 5 miles, start at Funzie Beach in the south east corner of Fetlar. Pebbles here are believed to be millions of years old.

You’ll visit a museum, church, old hall, follies and a bird hide. There is also a beach at Tresta with graphite pebbles than can be used to draw on paper.

More geology wonders abound on Muckle Roe, an island located in St Magnus Bay, to the west of Mainland. A walk visits the Hams – ‘harbours’ – of Muckle Roe and a chance to see numerous sea stacks and rock arches, created by the erosion of sea and wind.

With so much to see on Shetland, you will be easily persuaded to visit again – and again.

### Other walks

**73. Island of Noss**
- **Distance:** 7 km / 4.5 miles
- **Time:** 2 - 3 hours
- **Difficulty:** Easy
- **Height Gain:** 170 m
- **OS Map:** Explorer 470 - Shetland
- **Map Ref:** Pg 94, J2
- **Access:** Visitor centre at Gungstie, on Noss.

**74. Funzie Ness, Isle of Fetlar**
- **Distance:** 5.5 km / 3.5 miles or 8.5 km / 5 miles
- **Time:** 2.5 hours or 4 hours (Approx)
- **Difficulty:** Easy
- **Height Gain:** 80 m
- **OS Map:** Explorer 470 - Shetland
- **Map Ref:** Pg 94, J1
- **Access:** Funzie Beach, east end of Fetlar.

**75. Hams of Muckle Roe Circular**
- **Distance:** 11 km / 7 miles
- **Time:** 5 - 6 hours
- **Difficulty:** Moderate
- **Height Gain:** 60 m
- **OS Map:** Explorer 469 - Shetland
- **Map Ref:** Pg 94, I2
- **Access:** Leave Mainland over a bridge to Muckle Roe and take the first left on the minor road. Park at the road end.

### 76. Sands of Breckon

This circular walk includes Yell’s most northerly beach at Breckon, which is often sheltered from Shetland’s prevailing south-westerly winds. From Breckon Farm, the route follows a road south then west towards Gloup Voe, where there is a memorial in memory of 58 Shetland fishermen who died off the coast in 1881. As you reach Gloup Ness, you can enjoy views from the old coastguard watch hut before following the coast to Breckon, looking out for birds and otters. Skirting below Breckon Farm, you’ll find a path down to the award-winning Breckon Sands, Isle of Yell, Shetland.

- **Distance:** 9.5 km / 5.8 miles
- **Approx. Time:** 4.5 hours
- **Height Gain:** 60 m
- **OS Map:** Explorer 470 - Shetland
- **Map Ref:** Pg 94, J1
- **Access:** Park by Yell’s most northerly beach, Breckon.
Heading for the hills?

Get the skills and know what to do in an emergency. Learn more at: www.mountaineering.scot/safety-and-skills/essential-skills/mountain-rescue
Loch Lomond & The Trossachs National Park

Scotland’s original National Park is home to a wonderfully diverse walkers’ playground.

77. Inchcailloch Walks

The island of Inchcailloch is a great destination for a short walk. This wooded island is reached via a five-minute ferry trip from Balmaha, on the eastern shore of Loch Lomond, which stops at the island’s north pier. There are three 1 km walking route options. The Low Path is a gentle walk via oakwoods that were planted two centuries ago and played a vital role producing tannin, which was used to soften the leather belts that drove the Industrial Revolution. You’ll also pass the remains of farm buildings, and a graveyard and church.

The Summit Path is a little more challenging with a steep climb to the top of the island. The rewards are fantastic views of both Highland and lowland landscapes, as well as Loch Lomond and its other islands. A third walk, the Central Path, links the North Pier to Port Bawn.

Distance: 3 km / 2 miles (1 km each)
Approx. Time: 30 - 45 mins each
Height Gain: 75 m
Map Ref: Pg 95, F11
OS Map: Explorer 347 - Loch Lomond South
Access: The island is reached by boat from Balmaha.
With both lowland and Highland landscapes, Loch Lomond & The Trossachs National Park attracts a wide variety of walkers, from those looking for a short stroll to more experienced and energetic walkers setting out on a greater challenge.

The 720 square mile park is easy to reach, whether you are coming from the cities of Glasgow, Edinburgh or Stirling. The town of Balloch, which sits on the southern shore of picturesque Loch Lomond, is the gateway for many, to the park. Take a walk along the Millennium Forest Path and discover the Atlantic oak woodlands around the loch.

The famous mountain of Ben Lomond, acclaimed as Scotland’s most southerly Munro, sits on the eastern shore of the large loch and to the west there are multiple high summits amid the rugged Arrochar Alps.

For hills that offer a quicker summit but still have rewarding views, there’s 454 m tall Ben A’an on the shore of Loch Katrine, or how about a walk along the Millennium Forest Path and discover the Atlantic oak woodlands around the loch.

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Long-distance trails are great for walkers of all aspirations. You could choose to walk the full length of, for example, the 96-mile West Highland Way, the 92-mile Rob Roy Way in the Trossachs and the 57-mile Loch Lomond & Cowal Way, or choose a shorter section and follow waymarkers for a few miles. As 2020 is the 40th anniversary of the West Highland Way, look out for celebratory events taking place.

Queen Elizabeth Forest Park is home to many trails, too, and you will discover a range of maps provided by Forestry & Land Scotland.

Several shorter signposted routes are discovered on one of Loch Lomond’s islands, Inchcailloch. A five-minute ferry trip from Balmaha heads to the isle for a great family adventure. Inchcailloch is part of the Loch Lomond National Nature Reserve and it is home to a variety of birds, such as blackcap, willow warbler and chiff chaff, as well as fallow deer.

Scottish wildlife abounds across this National Park, with common sightings of squirrels, hares, roe and red deer, as well as rarer glimpses of otters, capercaillics and ospreys. Look out, too, for golden eagles soaring above an area called Breadalbane, ospreys fishing on the Lake of Menteith and porpoises and seals in Loch Long and Loch Goil.

Loch Lomond & The Trossachs National Park is a place of seemingly endless walking.

For more inspiration on walking in the park, visit [www.lochlomond-trossachs.org](http://www.lochlomond-trossachs.org)
Cairngorms National Park

The UK’s largest National Park is full of abundant wildlife and walking routes for all.

78. Gilberts Bridge Walk, Glen Tilt

Glen Tilt in Highland Perthshire, in the south of the Cairngorms National Park, is a beautiful glen, especially when autumn turns the foliage a riot of bright colours. This walk is a circular route of almost six miles and heads to Gilberts Bridge along the west bank of the picturesque River Tilt, a tributary of the River Garry.

The trail is a delight and undulates via a fabulous wooded gorge with the rushing River Tilt often in sight. A viewpoint is reached, which boasts fantastic vistas of glorious Glen Tilt ahead. At beautiful stone Gilberts Bridge, cross the river and return along a trail on the other side of the river. The route climbs through woodland to follow a flatter route higher up the valley. It can be muddy in places.

The path eventually reaches a road to head through the tiny settlement of Old Bridge of Tilt and back to the car park.

Distance: 9 km / 5.6 miles
Approx. Time: 2 - 3 hours
Height Gain: 133 m
Map Ref: Pg 95, F9
OS Map: Explorer OL49 - Pitlochry & Loch Tummel; Explorer OL51 - Atholl
Access: Start at Glen Tilt car park, near Blair Atholl. It is important to note that the path on Atholl Estate can sometimes be closed for rifle shooting. It will be clear when this is taking place.
Britain's biggest National Park, the Cairngorms is an impressive destination with a hugely varied landscape.

Of special significance is a sub-arctic upland plateau with a unique alpine semi-tundra moorland. This habitat is home to many rare plants, as well as birds, such as ptarmigan, dotterel, snow bunting, golden eagles, ring ouzels and red grouse. Animals including red deer, red squirrels, pine martens and Scottish wildcat can be found in the woodland and forests.

One of the UK's last major areas of the Caledonian Forest is also found in the National Park, where many walkers will enjoy following trails surrounded by this ancient woodland.

As far as the eye can see there are mountains, hills, winding rivers, lochs and woodlands where an extensive network of trails offer easily, accessible walks. If you are new to walking, look for waymarked routes, such as those found at Rothiemurchus, Abernethy and Glenmore forests and other areas.

Some long-distance trails, including the Speyside Way, the Deeside Way, the Dava Way and the Cateran Trail, criss-cross the park and offer further options for signposted walks of a few hours or several days. The choice is yours.

The National Park's glorious glens are great for walkers who like to look up at a magnificent landscape, without too much climbing.

To the southern edge of the park, in Highland Perthshire, Glen Tilt is easily accessible, especially for the first section through a beautiful wooded gorge along the River Tilt.

A circular route of almost six miles, starting and finishing in a car park near Blair Atholl, follows trails on both sides of the River Tilt via a viewpoint and Gilberts Bridge.

Perhaps you’ll be drawn onwards and further along the glen for a longer walk. Glen Tilt gives access to a number of wonderful mountains, including Beinn Mheadhonach and the Munros and tops of Beinn a’ Ghlo.

Another great destination for walkers for a variety of options is Cairngorm Mountain, near Aviemore, a resort that is also much loved by skiers in the winter. You can join a guided ranger walk to the stunning Northern Corries of the Cairngorms.

For those who like to tick off high summits, the Cairngorms National Park has plenty more to choose from. There are some 55 Munros (Scottish mountains with a summit of at least 3,000 ft) and 26 Corbetts (mountains with a 2,500 ft to 3,000 ft peak).

Recommended walks include Lochnagar from Glen Muick, Ben Alder and the Corrieyairack Pass from Laggan to Fort Augustus.

It’s no surprise that many visitors return to the Cairngorms National Park time after time to discover even more walking routes.

Park events

15 - 17 May
The Cairngorms Nature BIG Weekend
www.cairngormsnaturebigweekend.com

16 - 22 May
Ballater Walking Festival
www.walkballater.com/TBC

Angus Glens Walking Festival
www.angusalive.scot/countryside-adventure/angus-glenswalking-festival/

12 - 21 June
Moray Walking & Outdoor Festival
www.themorayway.org.uk/festival/

Did you know?

A quarter of Britain’s rarest and most endangered wildlife species are protected in the Cairngorms National Park.
The routes on these pages are included in the family of Scotland’s Great Trails - each are at least 25 miles in length, distinctively waymarked, mostly off-road and have an array of visitor services. They offer excellent opportunities to discover the best of Scotland’s nature and landscapes and to experience our incredible history and culture, and more information on them can be found at www.scotlandsgreattrails.com. Where will Scotland’s Great Trails lead you?

<table>
<thead>
<tr>
<th>Route</th>
<th>Start</th>
<th>End</th>
<th>Length</th>
<th>Time</th>
<th>Terrain</th>
<th>Info</th>
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</thead>
<tbody>
<tr>
<td>Annandale Way</td>
<td>North of Moffat - G13</td>
<td>Newbie Bars Solway Firth - G13</td>
<td>86 km / 54 miles</td>
<td>2 – 3 days</td>
<td>Varied – riverside, woodland, farmland and high hills.</td>
<td><a href="http://www.annandaleway.com">www.annandaleway.com</a></td>
</tr>
<tr>
<td>Aran Coastal Way</td>
<td>Brodick - E12</td>
<td>Blairgowrie-Kirkmichael-Spittal of Glenshee - G13</td>
<td>105 km / 65 miles</td>
<td>Up to 7 days</td>
<td>Varied – rugged coastline, forest tracks, rural roads.</td>
<td><a href="http://www.coastalway.co.uk">www.coastalway.co.uk</a></td>
</tr>
<tr>
<td>Berwickshire Coastal Path</td>
<td>Berwick-upon-Tweed - I12</td>
<td>Newbie Barns Solway Firth - G13</td>
<td>161 km / 100 miles</td>
<td>4 – 5 days</td>
<td>Varied – beaches, rocky shores, town promenades and farmland.</td>
<td><a href="http://www.scotborders.gov.uk">www.scotborders.gov.uk</a></td>
</tr>
<tr>
<td>Borders Abbeys Way</td>
<td>Kelsow-Jedburgh-Hawick-Selkirk-Melrose-Kirkcudbright - H12</td>
<td>New Lanark - G12</td>
<td>124 km / 77 miles (or 151 km over 700 m.)</td>
<td>2 days</td>
<td>Varied – riverside, hills and woodland.</td>
<td><a href="http://www.scotborders.gov.uk/berwickshirecoastalpath">www.scotborders.gov.uk/berwickshirecoastalpath</a></td>
</tr>
<tr>
<td>Cateran Trail</td>
<td>Blairgowrie-Kirkmichael Spittal of Glenshee-Kirkcudbright - H12</td>
<td>Fort William - E9</td>
<td>103 km / 64 miles</td>
<td>4 days</td>
<td>Very varied – farmland, forest and hills.</td>
<td><a href="http://www.caterantrail.org">www.caterantrail.org</a></td>
</tr>
<tr>
<td>Clyde Walkway</td>
<td>Partick, Glasgow - F12</td>
<td>New Lanark - G12</td>
<td>65 km / 40 miles</td>
<td>2 – 3 days</td>
<td>Varied – urban, rural and riverside.</td>
<td><a href="http://www.scotlandsgreattrails.com/trail/clyde-walkway/">www.scotlandsgreattrails.com/trail/clyde-walkway/</a></td>
</tr>
<tr>
<td>Cross Borders Drive Road</td>
<td>Hawick - H12</td>
<td>Harpeng - G12</td>
<td>83 km / 52 miles</td>
<td>4 – 5 days</td>
<td>Route across rolling hills and through sheltered glens.</td>
<td>Info: <a href="http://www.scotlandsgreattrails.com/trail/cross-borders-drive-road/">www.scotlandsgreattrails.com/trail/cross-borders-drive-road/</a></td>
</tr>
<tr>
<td>Dava Way</td>
<td>Grantown-on-Spey - G8</td>
<td>Forres - G8</td>
<td>38 km / 24 miles</td>
<td>1 – 2 days</td>
<td>Varied – coastal, mainly on old railway line.</td>
<td>Info: <a href="http://www.davaway.org.uk">www.davaway.org.uk</a></td>
</tr>
<tr>
<td>Fife Coastal Path</td>
<td>Kincardine - G13</td>
<td>Newburgh - G10</td>
<td>187 km / 117 miles</td>
<td>6 – 8 days</td>
<td>Varied along old railway line.</td>
<td>Info: <a href="http://www.fifecoastalpath.co.uk">www.fifecoastalpath.co.uk</a></td>
</tr>
<tr>
<td>Forth &amp; Clyde and Union Canals</td>
<td>Dumbarton - G12</td>
<td>Greenock - G12</td>
<td>81 km / 51 miles</td>
<td>4 – 5 days</td>
<td>Varied along flat canal route.</td>
<td>Info: <a href="http://www.scotlandsgreattrails.com/trail/forth-clyde-canal/">www.scotlandsgreattrails.com/trail/forth-clyde-canal/</a></td>
</tr>
<tr>
<td>Forth &amp; Clyde &amp; Union Canals</td>
<td>Bowling Harbour - F12</td>
<td>Inverness - F8</td>
<td>127 km / 79 miles</td>
<td>3 – 4 days</td>
<td>Varied – lochside, forest, mainly easy-going.</td>
<td>Info: <a href="http://www.greatglenway.co.uk">www.greatglenway.co.uk</a></td>
</tr>
<tr>
<td>Great Glen Way</td>
<td>Fort William - E9</td>
<td>Inverness - F8</td>
<td>110 km / 63 miles</td>
<td>4 days</td>
<td>Varied – lochside and forest, fast half-fairly easy, then more hilly.</td>
<td>Info: <a href="http://www.greatglenway.co.uk">www.greatglenway.co.uk</a></td>
</tr>
<tr>
<td>Great Trossachs Path</td>
<td>Callander - F11</td>
<td>Inversnaid - F11</td>
<td>48 km / 30 miles</td>
<td>2 days</td>
<td>Varied – lochland, woodland and open hillside.</td>
<td>Info: <a href="http://www.thegreattrossachsforest.co.uk/great-trossachs-path">www.thegreattrossachsforest.co.uk/great-trossachs-path</a></td>
</tr>
<tr>
<td>John Muir Way</td>
<td>Halkirk - E11</td>
<td>Dunbar - H12</td>
<td>215 km / 134 miles</td>
<td>7 – 10 days</td>
<td>Varied – coastal, forest, farmland and hills.</td>
<td>Info: <a href="http://www.johnmuirway.org/a">www.johnmuirway.org/a</a></td>
</tr>
</tbody>
</table>
A long distance journey awaits you. For less experienced walkers, a truly extraordinary journey awaits you. As a result, some routes might not be advisable because of this. Some require exceptional map reading skills. Every route has a particular terrain, and a time estimate. The table below presents information about each route:

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<tr>
<th>Route Name</th>
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<th>Length</th>
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<tbody>
<tr>
<td>1. Affric-Kintail Way</td>
<td>Drumnanlocht - F8</td>
<td>115 km / 72 miles</td>
<td>4 days</td>
<td>Varied - rough terrain, forest, open hillside, minor roads and paths.</td>
<td><a href="http://www.affrickkintailway.com">www.affrickkintailway.com</a></td>
</tr>
<tr>
<td>2. Breadalbane - The Clan Ring</td>
<td>Crieff - G10</td>
<td>150 km / 93 miles</td>
<td>6 days</td>
<td>Varied - forest tracks, roads and remote paths.</td>
<td><a href="http://www.breadalbane.org">www.breadalbane.org</a></td>
</tr>
<tr>
<td>3. Breadalbane - The Tay Ring</td>
<td>Aberfeldy - F10</td>
<td>120 km / 75 miles</td>
<td>2 days</td>
<td>Varied - forest tracks and forest.</td>
<td><a href="http://www.breadalbane.org">www.breadalbane.org</a></td>
</tr>
<tr>
<td>4. Cape Wrath Trail</td>
<td>Fort William - E9</td>
<td>34 km / 21 miles</td>
<td>2 days</td>
<td>Varied - rough terrain, forest, open hillside, glens, minor roads and paths.</td>
<td><a href="http://www.capewrathtrailguide.org">www.capewrathtrailguide.org</a></td>
</tr>
<tr>
<td>5. Clyde Coastal Path</td>
<td>Skelmorlie - E12</td>
<td>80 km / 50 miles</td>
<td>4 days</td>
<td>Varied - forest tracks, roads and forest.</td>
<td><a href="http://www.clydecoastalpath.org">www.clydecoastalpath.org</a></td>
</tr>
<tr>
<td>6. Dee Side Way</td>
<td>Aberdeen - B9</td>
<td>66 km / 41 miles</td>
<td>3 - 4 days</td>
<td>Well surfaced, former railway line.</td>
<td><a href="http://www.deesideway.org">www.deesideway.org</a></td>
</tr>
<tr>
<td>7. East Highland Way</td>
<td>Fort William - E9</td>
<td>132 km / 82 miles</td>
<td>5 - 7 days</td>
<td>Varied - forest tracks, lichside trails and open hillside.</td>
<td><a href="http://www.easthighlandway.com">www.easthighlandway.com</a></td>
</tr>
<tr>
<td>8. Fife Pilgrim Way</td>
<td>Cupar/ North Queensferry - G11</td>
<td>64 km / 40 miles</td>
<td>5 - 6 days</td>
<td>Varied.</td>
<td><a href="http://www.fifeandcountrysidetrust.co.uk/walks/fife-pilgrim-way">www.fifeandcountrysidetrust.co.uk/walks/fife-pilgrim-way</a></td>
</tr>
<tr>
<td>9. Gore-Tex Scottish National Trail</td>
<td>Kirk Yetholm - H12</td>
<td>104 km / 64 miles</td>
<td>5 - 6 days</td>
<td>Varied.</td>
<td><a href="http://www.scottishnationaltrail.org.uk">www.scottishnationaltrail.org.uk</a></td>
</tr>
<tr>
<td>12. John o' Groats Trail</td>
<td>Inverness - F8</td>
<td>237 km / 147 miles</td>
<td>14 days</td>
<td>Varied - shoreline, cliff tops, back lanes and paths.</td>
<td><a href="http://www.jogt.org.uk">www.jogt.org.uk</a></td>
</tr>
<tr>
<td>13. The Minigaig Pass</td>
<td>Kingshouse - F9</td>
<td>45 km / 28 miles</td>
<td>1 - 2 days</td>
<td>Varied - challenging, rural paths, glens, mountains and moorland.</td>
<td><a href="http://www.ldwa.org.uk">www.ldwa.org.uk</a></td>
</tr>
<tr>
<td>14. Moray Way</td>
<td>Blair Athol - F10</td>
<td>153 km / 95 miles</td>
<td>6 - 9 days</td>
<td>Varied - coastal, riverside, farmland, moorland.</td>
<td><a href="http://www.morayways.org.uk">www.morayways.org.uk</a></td>
</tr>
<tr>
<td>15. North Sea Trail</td>
<td>St Andrews - H10</td>
<td>750 km / 466 miles</td>
<td>Varied</td>
<td>Varied.</td>
<td><a href="http://www.ldwa.org.uk">www.ldwa.org.uk</a></td>
</tr>
<tr>
<td>16. River Tay Way</td>
<td>Kenmore - F10</td>
<td>121 km / 75 miles</td>
<td>Varied</td>
<td>Varied</td>
<td><a href="http://www.ldwa.org.uk">www.ldwa.org.uk</a></td>
</tr>
<tr>
<td>17. Sir Walter Scott Way</td>
<td>Moffat - G13</td>
<td>140 km / 90 miles</td>
<td>5 - 7 days</td>
<td>Varied - hillside paths, tarmac minor roads and forest tracks.</td>
<td><a href="http://www.sirwalterscottway.com">www.sirwalterscottway.com</a></td>
</tr>
<tr>
<td>18. Skye Trail</td>
<td>Skye - G13</td>
<td>66 km / 42 miles</td>
<td>3 days</td>
<td>Varied.</td>
<td><a href="http://www.skyetrial.org.uk">www.skyetrial.org.uk</a></td>
</tr>
<tr>
<td>20. Stevenson Way</td>
<td>Muir - C10</td>
<td>370 km / 230 miles</td>
<td>30 days</td>
<td>Varied - tarmac minor roads and forest tracks.</td>
<td><a href="http://www.stevensonway.org.uk">www.stevensonway.org.uk</a></td>
</tr>
<tr>
<td>21. Trail of the 7 Lochs</td>
<td>Invermoriston - F8</td>
<td>80 km / 50 miles</td>
<td>4 - 5 days</td>
<td>Varied - forest, forest tracks and constructed trail.</td>
<td><a href="http://www.visitscotland.com/things-to-do/7-lochs-trail.aspx">www.visitscotland.com/things-to-do/7-lochs-trail.aspx</a></td>
</tr>
<tr>
<td>22. Unst Island Trek</td>
<td>Belmont Ferry - J1</td>
<td>97 km / 60 miles</td>
<td>24 hours</td>
<td>Sandy beaches to spectacular high grass covered cliffs tops.</td>
<td><a href="http://www.unsttours.com">www.unsttours.com</a></td>
</tr>
<tr>
<td>23. Way of St Andrews</td>
<td>St Andrews - H10</td>
<td>251 km / 156 miles</td>
<td>Varied</td>
<td>Varied</td>
<td><a href="http://www.thewayofstandrews.com">www.thewayofstandrews.com</a></td>
</tr>
</tbody>
</table>

SPRF - Scottish Pilgrim Routes Forum | A network of organisations and individuals committed to developing routes for off-road pilgrimage travel across Scotland. www.sprf.org.uk/routes.html
Walking events and festivals

Walk your way throughout Scotland with the great variety of events on offer.
Throughout Scotland you will find a wide range of events with a walking theme, ranging from a short ranger-led walk, mountain film festivals to inspire you or a rewarding week-long walking festival where you can enjoy a local welcome (usually with some rather inviting post-walk entertainment) and challenging but safe walking led by experienced local leaders.

If you’re new to walking in Scotland, walking festivals offer you a great opportunity to learn more about a particular area and build up your Scottish walking experience in a safe and friendly social setting.

These pages detail some of the most popular walking festivals and events which are taking place throughout Scotland in 2020.

Log on to the websites listed to find out about these events.

1. Edinburgh Mountain Film Festival
   This event is dedicated to the promotion of adventure through films, lectures and exhibitions. The festival aims to entertain, enlighten and inspire.
   Dates: 15 - 16 February
   Email: stevie@edinburghmountainff.com
   Website: www.emff.co.uk

2. Fort William Mountain Festival
   The festival includes walks of varying difficulty exploring the hills and glens of the western Cairngorms National Park, Aberdeenshire and Angus.
   Dates: 16 - 22 May
   Contact: 01339 755467
   Email: info@fortwilliammountainfestival.co.uk
   Website: www.walkingfortwilliam.com

3. Walk Islay Walking Week
   Join the hundreds of people to date on a walking week for all on Islay, Jura and Colonsay with graded walks.
   Dates: 19 – 23 February
   Email: info@mountainfestival.co.uk
   Website: www.walkislay.co.uk

4. Six Harbour Walk, Buckie
   This 15-mile sponsored walk runs along the coast from Portsoy to Buckie and raises funds for charities.
   Dates: 3 May
   Website: www.walksixharbour.co.uk

5. Newton Stewart WalkFest
   Newton Stewart WalkFest aims to provide a unique opportunity to explore this beautiful south west corner of Scotland.
   Dates: 8 – 14 May
   Contact: 07421 312 056
   Website: www.walkfestnewtonstewart.co.uk

6. The Great Outdoors Challenge
   An annual backpacking event in which 300 participants walk from the west coast of Scotland to the east.
   Dates: 8 – 22 May
   Contact: 01540 67360/0 67358
   Email: newtonmorehostel@gmail.com
   Website: www.tgochallenge.co.uk

7. Isle of Arran Mountain Festival
   About 20 different guided walks taking place across the island showcasing just how good an environment Arran is for any level of walker.
   Dates: 15 – 18 May
   Email: info@arranmountainfestival.co.uk
   Website: www.arranmountainfestival.co.uk

8. Ballater Walking Festival
   The festival includes walks of varying difficulty exploring the hills and glens of the eastern Cairngorms National Park, Aberdeenshire and Angus.
   Dates: 15 - 16 February
   Email: stevie@edinburghmountainff.com
   Website: www.walkballater.com

9. Crief and Strathearn Drovers’ Tryst Walking Festival
   This event is dedicated to the promotion of adventure through films, lectures and exhibitions. The festival aims to entertain, enlighten and inspire.
   Dates: 15 - 16 February
   Email: stevie@edinburghmountainff.com
   Website: www.walkislay.co.uk

10. Clyde Muirshiel Walking Festival
    The festival aims to promote the regional park and wider area as a walking destination, and provides walks for everyone, from the leisurely paced stroll to the more serious hill walker.
    Dates: 22 - 25 May
    Contact: 01764 650006
    Email: droverstryst@gmail.com
    Website: www.droverstryst.com

11. Angus Glens Walking Festival
    Experienced leaders will guide you through this beautiful yet little known part of Scotland and give information on the history, wildlife and culture of the area.
    Dates: 23 - 25 May
    Contact: 01475 521 458
    Email: rangers.cui@clydemuirshiel.co.uk
    Website: www.clydemuirshiel.co.uk/walkingfestival

12. Moray Walking & Outdoor Festival
    A variety of walks for all abilities - check out the website for more information and full details of the programme of events.
    Dates: 12 - 21 June
    Website: www.themorayway.org.uk/festival/

13. Midlothian Outdoor Festival
    A broad range of activities and events that showcase some of the great things you can do in Midlothian’s outdoors.
    Dates: TBC
    Contact: 01875 821990
    Website: www.midlothian.gov.uk/outdoor-festival

14. Scottish Borders Walking Festival
    The 26th annual Scottish Borders Walking Festival will be hosted by Jedburgh. The festival is the oldest established walking festival in Scotland and features some of the most breathtaking scenery in the UK. There are typically 3 to 5 walks a day of varying lengths, so there’s something for everyone.
    Dates: 5 - 12 September
    Email: info@borderswalking.com
    Website: www.borderswalking.com

15. CowalFest Walking & Outdoor Festival
    The main attraction of the programme is the wide range of activities offering everything from walks and talks, runs and cycleliths, cycle rides and tours. For all ages and all levels of fitness and interests.
    Dates: TBC
    Email: info@cowalfest.org
    Website: www.cowalfest.org

16. The Enchanted Forest, by Pitlochry
    Visit the Enchanted Forest in autumn 2020 and enjoy a light and sound extravaganza at Faskally Wood, near Pitlochry.
    Dates: 1 October - 1 November
    Contact: 0811 288 7695
    Website: www.enchantedforest.org.uk

17. Dundee Mountain Film Festival
    The 38th anniversary of the UK’s longest continuous running Mountain Film Festival.
    Dates: 26 - 28 November
    Email: mail@dmff.org.uk
    Website: www.dmff.co.uk

Insider Tip
Please camp responsibly, in particular by taking away all your litter, removing all traces of your tent pitch and not causing any pollution – for further information see the Scottish Outdoor Access Code (www.outdooraccess-scotland.scot/). Take extra care and follow any local advice when parking cars or campervans.

“Scotland is very varied, because of the weather. It looks so lush yet in other places you can see desert moorland.”

Blythe Duff, actress
YOU’LL BE SURPRISED WHERE OUR SEARCH FOR QUALITY TAKES US

Quite simply, it takes us the length and breadth of Scotland to visit thousands of different properties every year and grade them on the things we know matter to you. Things like the overall quality on offer and warmth of welcome to help you make a more informed choice. VisitScotland Quality Assurance – Quality you can trust.

- An acceptable standard
- A good, all round standard
- Very good standard, with attention to detail in every area
- Excellent – superb food where provided and friendly, professional service
- An exceptional standard where quality, hospitality and service are hard to fault

Serviced accommodation establishments awarded gold stars have consistently achieved the highest levels of excellence within their star grading.

Taste Our Best
One way to ensure that you’ll enjoy great quality Scottish food and drink, prepared with care and delivered with passion, is to look for places that are part of Taste Our Best, our food and drink quality scheme.

Green Tourism - because we care
Businesses that work in a sustainable, environmentally friendly way are graded: Bronze , Silver or Gold .

www.green-tourism.com

We want you to feel welcome – find establishments that pay particular attention to your specific needs:

- Walkers
- Anglers
- Classic Cars
- Visiting Golfers
- Field Sports
- Ancestral Tourism
- Experiencing Gaelic

Cyclists
- Bikers
- Golfers
- Children
- Groups
- Pets

For any feedback or comments you may have on quality assured properties please email us on qa@visitscotland.com.
Only in Scotland can you find information and advice in so many places.

Our friendly information experts can offer advice on what's on, where to go and book tickets for events, activities and transport. Our Shop Local initiative promotes local artisans so we're sure to help you find the perfect gift from Scotland.

Our happy herd of Coo Vans will be on the moo-ve throughout Scotland, with our Coo-visors delivering excellent local advice. Look out for them at events and attractions and discover our top tips to make the most of your Scottish experience.

Our accredited iKnow Partners are based throughout Scotland and can offer tailored advice to help you make the most of your visit. Chat with them for insider tips about the must see attractions in the local area. Find them at visitscotland.com/iknow
This business has indicated that they have some accessible facilities. For specific details of what they have, go to www.visitscotland.com

Ballogie Estate

Ballogie has a selection of unique accommodation, including two five star properties set in beautiful and varied locations around the estate. We cater for large groups, corporate events and weddings as well as smaller more intimate escapes; whatever your needs we have something to suit all tastes.

Take time to browse through our website to find more information on the leisure activities and facilities available on the estate, including Potarch Restaurant.

Contact us to book your perfect Highland retreat.

T: 01339 886497
E: info@ballogie-estate.co.uk
www.ballogie-estate.co.uk

The Banff Springs Hotel

The Banff Springs Hotel is the perfect base for your golfing trip. We have 36 modern bedrooms and fantastic bar and restaurant facilities on site. We offer various golf stay and play packages ranging from a 2 night stay, 2 rounds to a 6 night stay, 5 rounds at our two local courses (Duff House Royal (5 min) and Royal Tarlair (10 min). As well as these courses there is also a driving range in Macduff. We are approx. 10 miles from Gardenstown, Pennan and Portsoy, 15 from Cullen giving you the choice of many beautiful coastal walks to explore.

T: 01261 828281
E: info@thebanffsprings.co.uk
www.thebanffsprings.co.uk

Bonn Na-Coille Cottages, Ballater

Two spacious and comfortable cottages, Pine Tree and Sycamore, with decked patio and wood-burning stove respectively, situated close to the centre of the lovely village of Ballater in the Cairngorms National Park. Pine Tree sleeps 2 + 1, Sycamore 2+ single bed settee. The village has many amenities including bike-hire and less than a mile from Balmar and the Glen Taran and Muir of Dinnet reserves. There are many published walks on the doorstep as well as Munros not least the famous Lochnagar. Restaurants, cafes and pubs in village. Short breaks and special deals off-season, discount for senior person lets. Many returning visitors year on year.

T: 01224 585500 M: 07980 965 901
E: stay@baltlerselfcatering.co.uk
8 Braemar Road, Ballater, AB35 5BL
www.baltlerselfcatering.co.uk

Hillhead Caravan Park

Hillhead caravan park has 17 touring pitches, 17 amp supply and all are on hard standing. Holiday homes are all fully serviced and in a quiet wooded setting on level grass. There is a central outdoor childrens play area, a reception and a small Library with Books and DVDs. The toilet block has excellent facilities including integrated facilities for the disabled, a launderette and indoor campers washing-up area; a charge is made for the launderette facility but no charge is made for the hot water. Free WiFi.

T: 01467 632890
E: enquiries@hillheadcaravan.com
Hillhead Caravan Park, Kintore, Inverurie AB51 0YX
www.hillheadcaravan.com

Perthhill Holiday Cottages

Recently renovated and furnished to a very high standard. Perthhill Holiday Cottages all offer a top quality self-catering accommodation in a rural location in Royal Deeside.

All cottages benefit from underfloor heating, wood burning stoves, fully fitted kitchens, flat screen TVs with DVD player, WiFi and stunning views. The idyllic location offers a range of countryside activities such as shooting, fishing and walking as well as access to both the Scottish Highlands and the Granite City. Please take a look at our TripAdvisor reviews. Dog friendly accommodation.

T: 01339 885358 or 07718 023267
E: pippa@perthhillholidaycottages.co.uk
Perthhill, Lumphanan, Banchory AB31 4IB
www.perthhillholidaycottages.co.uk
<table>
<thead>
<tr>
<th><strong>ARgyll &amp; The Isles</strong></th>
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</thead>
<tbody>
<tr>
<td><strong>The Ship Inn</strong></td>
<td><strong>Station Hotel Portsoy</strong></td>
<td><strong>Ardrecknish House</strong></td>
<td><strong>Ardoran Marine Self-Catering Lodges</strong></td>
</tr>
<tr>
<td>Historic harbour-side inn (est. 1779) offering a great selection of excellent home cooked food. Cozy bar with 2 fireplaces. Outdoor terrace. Real ales. Fine wines. Over 100 single malt whiskies. En suite bedrooms with harbour views. Ideally situated for many of the great walks in the area.</td>
<td>On the Beautiful Moray Coast. One of the best unspoilt villages in North East Scotland. Stunning coastal walks and trails. 14 comfortable en-suite rooms and restaurant using the freshest local produce.</td>
<td>We have 10 separate fully self-catering properties at Ardbrecknish House sleeping from 12 down to 2 persons, total of 55 bed places. Open all year, bar on site also open every evening from 6 pm. Restaurant only open during the main season mid March to end of October. Party groups can be catered for by prior arrangement. Wi-Fi available 24/7, bus stop 2 miles away at Cladich. Glasgow airport is one and a half hours away. Oban 45 minutes and Glen Coe an hour away.</td>
<td>Our three secluded and private self-catering chalets are situated on the shores of Loch Feochan and have stunning views over Loch Feochan and beyond. Situated only five miles south of Oban within easy reach of all that Oban has to offer, yet in a very rural location. All chalets have fully equipped kitchens with microwave ovens, full-size cooker and fridge/freezer. Television with FreeSat, DVD player and full bed linen are provided. Services included in the price are; free Wi-Fi, off-peak electricity, gas for cooking and a private water supply.</td>
</tr>
<tr>
<td><strong>Prices from £55 pppn</strong></td>
<td><strong>B&amp;B prices from £80 pppn</strong></td>
<td><strong>SC prices from £250 pw</strong></td>
<td><strong>SC prices from £490 pw</strong></td>
</tr>
<tr>
<td><strong>The Pierhouse Hotel &amp; Seafood Restaurant</strong></td>
<td><strong>Clan Cottages</strong></td>
<td><strong>Prices from £120 pppn</strong></td>
<td><strong>Prices from £100 pppn</strong></td>
</tr>
<tr>
<td>Located in the idyllic village of Bridgend at the heart of Islay, the three star Bridgend Hotel offers the perfect base to explore the island whether you wish to walk, visit Distilleries or beaches, bird watch, cycle, shoot or fish, or simply to sample seasonal local produce at its best. Our popular Restaurant offers Islay shellfish, game and lamb from Islay Estates and our bars stock local whiskies, ales and gin.</td>
<td>Clan Cottages comprises of five newly built thatched holiday cottages situated on the shores of Loch Neill and the river Neill near Oban. It is the perfect base to explore Argyll and the islands. Ideal location for walking, cycling and fishing with an abundance of wildlife. Open all year round. Relax and enjoy a perfect stay with us.</td>
<td>For great Hebridean hospitality, the Argyll Hotel Iona has plenty to offer singles, couples, groups and families. April to end of October there are lots of activities both on Iona and Mull. Outstanding scenic walks start literally from our doorstep and lead to historic buildings, scenic rambles and breathtaking beaches. Delicious home-made lunches and dinners, using the best local and organic produce. Packed lunches are always available. We are proudly part of the Mull and Iona Food Trail supporting local food and producers.</td>
<td>Hidden away in the quiet village of Port Appin, Argyll, on the shores of Loch Linnhe and surrounded by the spectacular raw beauty of the magnificent west coast of Scotland, you will find The Pierhouse Hotel, winner of The Good Hotel Guide 2018 Editor’s Choice Award: Eco-Friendly Hotel. With breathtaking views to the islands of Lismore and Mull the relaxed, informal atmosphere in our small hotel and renowned Scottish Seafood Restaurant is one of Argyll’s most idyllic and romantic destinations.</td>
</tr>
<tr>
<td><strong>Prices from £72 pppn</strong></td>
<td><strong>DB&amp;B prices from £100 pppn</strong></td>
<td><strong>Prices from £100 pppn</strong></td>
<td><strong>Prices from £100 pppn</strong></td>
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<td><strong>The Pierhouse Hotel &amp; Seafood Restaurant</strong></td>
<td><strong>Clan Cottages</strong></td>
</tr>
</tbody>
</table>
Port Askaig Hotel

Situated at the main ferry terminal. Pictureque, family run Highland inn on the shores of the Sound of Islay, the ferry offers easy access to Jura, Knapdale & the mainland. Groups catered for. Our Starboard restaurant offers bistro style dining, with a full meal service in both bars and hot snacks available outwith main meal times. Our Port Bar, the oldest licensed premises on Islay, features a selection of Islay Malts and a display of old & rare bottles. Free parking and free Wi-Fi. Complimentary teas and coffees on arrival.

13 en suite rooms Bistro & 2 Malt Whisky Bars. Shop/Post Office/Fuel on site.

T: 01496 840245
E: info@portaskaig.co.uk
www.portaskaig.co.uk

Royal An Lochan Hotel

The Royal an Lochan Hotel in Tighnabruaich offers stunning views of Loch Fyne. It is situated in the serene heart of Argyll and Bute and offers the very best in accommodation and hospitality. We have 9 bedrooms, 8 with stunning views of Loch Fyne, all bedrooms are well appointed and most have large bathrooms. The hotel is ideally situated for those wishing to walk and climb in the Cowal Peninsula and Argyll with The Loch Lomond & Cowal Way and various munros right on our doorstep.

T: 01700 811239
E: info@theroyalanlochan.co.uk
www.theroyalanlochan.co.uk

Taychreggan Hotel

Taychreggan began life as a humble 17th century cattle drovers inn, built on a small peninsula that juts out into the loch. It was from here, at Loch Awe’s narrowest crossing point, the cattle would swim across. From bustling with cattle the hotel now boasts a romantic country house hotel, full of features of a bygone day with the same idyllic setting. You will always receive the best rates if you book directly with us over the phone. Call now on 01866 833 211 for our best deals on accommodation.

T: 01866 833211
E: taychregganhotel@hotmail.com
www.taychregganhotel.co.uk

Chapelerne Farmhouse

Recently refurbished large farmhouse with beautiful views over the Urr valley. Situated on the owners’ farm with a lovely secluded garden, perfect for relaxing in. It has a modern kitchen well equipped for self-catering. It has easy access to A75, minutes from market town of Castle Douglas. Sleeps up to 10. Ample parking and outside storage area.

T: 01556 650270
E: trowdale2@gmail.com
www.chapelerne.com

Treyferry Farmhouse


T: 07889 686752
E: treymac@btinternet.com
www.treyfermhampshire.co.uk

Beneath the Arches

We are a historic and unique self-catering accommodation, situated in the heart of every historic town. From the ancient city of Stirling to Edinburgh the capital city, each town offers its own unique character.

T: 07784 973151
E: sarah@beneaththearchesscotland.co.uk
www.beneaththearchesscotland.co.uk

Best Western Station Hotel

Enjoy a warm welcome and great service in this lovely traditional Victorian Railway hotel. Relax for a bit in our Lounge Bar or Terrace Garden. Warm yourself with a bowl of homemade soup and a sandwich at lunchtime or enjoy a delicious dinner in our Courtyard Bistro, where fresh and seasonal berries are likely to feature on the menu. Rooms, equipped with Freeview TV, free Wi-Fi, and our comfortable beds will ensure a restful night’s sleep, while breakfast has a wide choice from continental with pastries & croissants to a Full Scottish Breakfast to set you up for another day of exploring.

T: 01576 202410
E: sales@kingsarmshotel.co.uk
www.kingsarmshotel.co.uk

The Kings Arms Hotel

Dating from the 17th-century, the Kings Arms Hotel is one of the oldest establishments in Lockerbie. Recently taken over and undergoing some refurbishment but still offering attractive bedrooms, free Wi-Fi, parking & 2 bars. Relax in the cocktail lounge with its open fire or in the main bar with its log burner. We offer a selection of local drinks including gin from just down the road. Serving wholesome fresh, local homemade food. A full Scottish breakfast is available each morning, along with other delicious treats. The bedrooms are individually decorated and all have an en-suite shower; TV, tea/coffee making facilities. For a 20% discount book direct with us mentioning Visit Scotland.

T: 01576 254249
E: reception@kingsarmshotel.co.uk
29 High Street, Lockerbie DG11 2JL
www.kingsarmshotel.co.uk

**SPECIAL OFFERS**

- **DUMFRIES & GALLOWAY**
  - Prices from £50 ppn
  - Prices from £80 ppn
  - Prices from £42.50 ppn
  - Prices from £75 ppn
  - Prices from £250 ppn

- **ARGYLL & THE ISLES**
  - Prices from £42.50 pp sharing
  - Prices from £50 prpn low/ £125 high season
  - Prices from £265 pw

- **TRALEE BAY HOLIDAYS**
  - Prices from £265 pw

**ATTRACTIVITIES**

- **WALKERS**
- **GOLFERS**
- **BIKERS**
- **ANGLERS**
- **CYCLISTS**
- **SPECIAL EVENTS**
- **WELCOME**

**HOTEL**

**PRICE FROM**

**STAY**
Loch Ken Holiday Park

Idyllically set in the beautiful Galloway Hills, on the shores of Loch Ken, Loch Ken Holiday Park is a fantastic caravan & camping destination with modern facilities. A peaceful haven in an area of outstanding yet uncrowded beauty, with a wealth of wildlife and panoramic views over the loch, perfect for walking holidays! We offer luxurious holiday homes for hire and hardstanding waterfront touring and motorhome pitches with an extensive tent field with electric hook-ups. Heated toilet block, children’s play park and grocery shop all on site.

T: 01644 470282
E: office@lochkenholidaypark.co.uk
T: 01644 470282
www.lochkenholidaypark.co.uk

Newark Farmhouse

Situated in Upper Nithsdale amid magnificent views of the River Conon, this period property, on a working farm, offers excellent value for money. The homely en-suite rooms are tastefully decorated and furnished to a very high standard. We have free Wi-Fi, can make you a packed lunch and dry off your clothes and boots. We can also take you into the village for an evening meal. This beautiful part of Scotland is great walking country with the Southern Upland Way, Scotland’s coast to coast footpath of 212 miles from Portpatrick - Cockburnspath passing nearby. There are many other walks in the area, perfect for walkers of all abilities.

T: 01555 502633 M: 0782 612 4239
E: info@newarkfarm.com
Savoyur, Dumfriesshire DG4 6HN
www.newarkfarm.com

Real Farm Holidays, Kirkwood

Your dogs would choose a Real Farm Holiday, 5 star & 3 star self catering in South Scotland, 650 beautiful acres for peaceful walks beside the Annandale Way & many farm activities.

T: 01576 510120
E: VSW@RealFarms.co.uk
Lockhead DG7 1DH
www.RealFarmHolidays.co.uk

Airlie Arms Hotel

This traditional, family run hotel in the heart of Kirriemuir is situated at the gateway to the Angus Glens and close to many local attractions. An ideal base for hill walking, and sight seeing. We offer comfortable en-suite accommodation at reasonable rates. The town is well known as the birthplace of Sir J M Barrie, author of Peter Pan. Scotland is a wonderful country with so much to see and do. Make the Airlie Arms in Kirriemuir the destination for your next holiday.

T: 01575 218080
E: arielarms@outlook.com
51 Malcolms Wynd, Kirriemuir, Angus, DD8 4HB
www.airliearms.net

The George Hotel

The George Hotel Montrose is a great place to stay in the Angus area. If you are looking for a walking holiday, we can arrange fantastic “value for money” packages or weekend breaks. We have 24 comfortable en-suite bedrooms all of which are smart and equipped with tea and coffee making facilities and a flat screen TV. There is Wi-Fi access throughout the hotel with homemade hearty meals along with a selection of beers and whiskies available in the restaurant and lounge bar.

T: 01674 675060
E: reception@thegeorge-montrose.co.uk
22 George Street, Montrose DD10 8EW
www.thegeorge-montrose.co.uk

Glen Clova Hotel

We look forward to welcoming you to our family run country hotel at the foot of beautiful Glen Doll in the Angus Glens (only 90 minutes from Edinburgh). The hotel offers en-suite guest rooms, luxury lodges with hot tubs, freshly prepared menus using local produce and genuine warm Scottish hospitality.

Located in the Cairngorm National Park there are a number of walks and climbs available directly from the hotel and within the surrounding area. This incudes 2 Munros Mayar and Drioch. Glen Clova is the ideal base to explore a different walk every day.

For more information www.clova.com

T: 01977 550350
E: hotel@clova.com
Glen Clova, Nr Kirriemuir DD8 4QZ
www.clova.com

Larch Cottage

Located minutes from the Cateran Trail as well as numerous other walks, Larch Cottage is the perfect location for a walking holiday. The luxury one chalet built near the village of Kirktown of Gelnisla is furnished to a high standard and has fitted carpets and electric heaters in all rooms, and a log-burning stove in the sitting area. The sloping ceilings, large windows, and southern exposure make the chalet very light and spacious. Glenisla is one of the prettiest of the Angus Glen, and is a great location for numerous outdoor activities, including cycling, hillwalking and fishing, and for exploring further afield in the Cairngorm National Park.

T: 01977 536258
E: jns@nhs.net
Hole of Ruthven, Airlie, Kirriemuir DD8 5NH
www.eastmillholidays.co.uk

Braid Hills Hotel

The Braid Hills Hotel stands on a hill above Pentland Terrace and Comiston Road in Edinburgh and has excellent views over the city. Built in 1886 the hotel is an Edinburgh landmark, overlooking Braidburn Valley Park and with stunning views of the Pentland National Park. Located in the immediate area of the hotel we have easily accessible walks at Braid Hills, Hermitage of Braid and of course the world famous Arthur’s Seat is only a short bus ride away. We have 71 bedrooms available, many with stunning views over the city skyline & Braidburn Valley Park. Our 1886 Restaurant and private dining rooms are perfect for a dinner for two or walking group get-together.

T: 0131 447 8888
E: reservations@braidhillshotel.co.uk
134 Braid Road, Edinburgh EH10 6JD
www.braidhillshotel.co.uk
**EDINBURGH & LOTHIANS**

**HOTEL**

Dunmuir Hotel

The Dunmuir Hotel is a multi award winning family hotel and the leading hotel in Dunbar, East Lothian. No 1 on TripAdvisor for Dunbar and No 2 in East Lothian. We are situated at the end of the John Muir way in Dunbar:
- 20 Stylish Rooms with one accessible room
- Award winning Restaurant
- Complimentary Wi-Fi
- Car-parking (We can accommodate a Coach)

Prices from £68 prpn

www.dunmuirhotel.co.uk
11 Newhouse Terrace, Dunbar EH42 1LG
E: info@dunmuirhotel.co.uk
T: 01368 862033

**GUEST HOUSE**

Gil Dun Guest House

The Gil Dun is situated in a quiet cul-de-sac within the oldest Edinburgh district of Newington, close to the city centre and walking distance to Edinburgh Castle and Holyrood Palace also on a main bus route. The guest house has recently been re-furbished to a high standard for the comfort of our guests but still maintaining many traditional features. Parking also available. At The Gil Dun your wellbeing is our priority assuring you of a good night’s sleep and a hearty Scottish cooked to order A La Carte breakfast just how you like it.

Prices from £60 prpn

www.gildun.co.uk
Spence Street, Edinburgh EH16 5AG
E: gil@dunedininternet.com
T: 0131 667 1368

**SELF-CATERING**

Stonelaws Holiday Cottages

Delightful high quality holiday cottages next to the John Muir Way in the heart of stunning East Lothian countryside, yet a short distance from North Berwick and the coast, and easy journey to Edinburgh. Four lovely cottages (Sleep 1-5), including one with wet room and woodburner; and 2 which can interlink to sleep up to 8. All are fully equipped and with stunning country gardens to provide a relaxing holiday with excellent walking and cycling right on the doorstep. Dogs by arrangement, Cyclist and Walkers Welcome. Short breaks from 2 nights.

Prices from £350 pw

www.stonelawsholidaycottages.co.uk
High Street, Aberlady EH32 0RE
T: 01620 870606 / 07702 367056

**HOLIDAY PARK**

Gilsland Park

A family run, family focussed holiday park in the charming town of North Berwick, East Lothian, is the perfect place to take a well earned break. Holidays for the whole family with interests for everyone. A range of accommodation for you, your family or group in one of the most sought after locations in Scotland. Choose from Hot Tub Lodges for 2 to 6 people all with great decking that allow you to lie back, relax and soak up the wonderful views. 2 and 3 bedroomed Caravans – again all fully equipped with decking and outside furniture plus a full range of Glamping on offer, giving you all the freedom of camping but with a bit more luxury!

Prices from £40 prpn

www.gilslandpark.co.uk
Grange Road, North Berwick EH39 5JA
E: info@gilslandpark.co.uk
T: 01620 893790

**HOSTEL**

Hilly Cow Wigwams

Make your wigwam trip truly memorable by staying at Hilly Cow Wigwams. Come stay on Leyden, a working farm in East Lothian, near Edinburgh. We have an arrange of wigwams from standard to deluxe wigwams with hot tubs, perfect for after a long walk, with the beautiful views of the Forth Valley and the Pentland hills. Hilly Cow Wigwams can offer all the sights of the farm, walks and cycle routes.

Prices from £55 prpn

www.hillycowwigwams.co.uk
T: 01506 862400 M: 0782 477 0568
E: leslie@hillycowwigwams.co.uk

**GUEST HOUSE**

Ardentorrie House

Situated 200 meters from the end of the Great Glen Way and the North Coast 500, Ardentorrie Guest House provides clean and comfy accommodation, whether you’re staying with us for a few days, or a few weeks. Our great location is just a few minutes away from the city centre, with views overlooking the castle and city. We want you to feel at ease when staying with us and you’re guaranteed a warm welcome; whether you’ve stayed before or it’s a first time visit. All rooms are fully en-suite and include snacks, ironing facilities, hair dryer, Freeview LCD TV, a local information pack, and toiletries in the shower area.

Prices from £80 prpn

www.ardentorrieguesthouse.co.uk
2 Gordon Terrace, Inverness, IV2 3HD
T: 01463 200090
E: enquiries@ardentorrieguesthouse.co.uk

**THE HIGHLANDS**

**Ardlui Hotel**

The Ardlui Hotel is an intimate country hotel which lies within the breathtaking scenery of the Loch Lomond National Park. Our restaurant incorporates a range of fresh, local produce within its menu, while the cozy lounge bar is stocked with over 90 different malts. Our ferry will take you back and forth to the West Highland Way on the east bank of the loch. We also have walkers’ bothies sleeping either 2/3 or 4/5 available on our campsite from only £15 per person per night. Sleeping bag hire is also available. Drying room for boots and gear. Pets welcome.

T: 03101 704243
E: info@ardlui.co.uk
Ardlui, Loch Lomond, Argyll G83 7EB
www.ardlui.com

**Bank Street Lodge**

We offer superb value accommodation with clean, comfortable rooms & friendly staff. Situated in Fort William’s town centre, only a 5 minute walk to the bus and train stations. We have our own guest car-parking facilities, TV room/lounge, fully equipped kitchen, drying room and a laundry service. We have two floors with basic dormitory/bunk accommodation on the ground floor, and en suite rooms on the first floor. Reception is open 24 hours, with no curfew or lockout. Most of our dorms have only 4 beds.

T: 01397 70120
E: bankstreetlodge@btconnect.com
Bank Street, Fort William PH33 6AY
www.bankstreetlodge.co.uk

**Burnbank Lodges**

Your perfect, peaceful, Highland hideaway. Burnbank Lodges is ideally located, not far from Fort William, perfect for anyone wanting to explore the Scottish Highlands, take part in the outdoor pursuits Lochaber has to offer or simply to relax in a peaceful environment. All of our 12 Lodges have one bedroom, either in a double or twin configuration with either a river or woodland view. Three of the woodland lodges are pet friendly. Short breaks and longer stays are available all year round. We just ask you stay a minimum of three nights.

T: 01479 841212
E: stay@burnbank.co.uk
Main Road, Fort William PH33 3AY
www.burnbanklodges.co.uk

**Cairn Hotel**

An authentic Highland inn perfectly placed in the Caingorm National Park for the mountaineer or woodland walker in the beautiful village of Carrbridge. Guided tours and advice available for guests staying in our very well appointed rooms. Offering comfortable accommodation, seasonal menus using the best local produce and winner of TripAdviser Certificate of Excellence 2019.

T: 01339 755558
E: cairnhotel@hgv.com
Aviemore, Inverness-Shire PH22 1QN
www.cairnhotel.co.uk

**Cairngorm Highland Bungalows**

Luxuriously furnished and equipped bungalows ranging from 2–4 bedrooms sleeping 2–8. All have Sky TV, Wi-Fi, cooker, washer/dryer, fridge and microwave. Some have open fires. All have mountain views. Leisure club, skiing, golf, pets welcome.

Within walking distance of Aviemore, which is in the heart of the Cairngorm National Park with some of the most beautiful walks and most challenging Munros in the country. The Speyside way is also only a 2 minute walk away.

Short breaks available.

T: 01479 850653
E: kidea.muir2282@gmail.com
29 Grampian View, Aviemore PH22 1TF
www.cairngorm-bungalows.co.uk

**Cameron Lodge**

The house was built to create a contemporary and luxurious living space which captures the stunning scenery and magnificent views yet nestled comfortably in its surroundings. Roshven lies within the world renowned, Lochaber Geopark, which contains not only the UK’s highest mountains and deepest lochs but also some of the world’s greatest geology with the added benefit of being easily accessible. A great variety of activities are catered for in the local area and further afield. Sea Kayaking, hill walking, bird watching, mountain biking and skiing.

T: 01339 667792
E: info@cameronlodge.co.uk
Roshven, Lochalsh, Gレンガ PH33 4NN
www.cameronlodge.co.uk

**Cnoc Hotel**

Whatever type of walking routes you enjoy, our location offers many options. Loch Ness and the surrounding area is a fantastic place for hiking. We are also on the doorstep of the stunning Glen Affric and Glen Strathfarrar which cater for all abilities including for the more adventurous “Munro Bagging”. The area is not only known for its walks but also its beauty, and many other areas are within easy driving distance for all grades of walkers & hill climbers. Try our excellent meals at the award winning restaurant, offering the finest of cuisine using freshly prepared local produce. Or perhaps try the local beers in the Chisholm Bar, fully licensed from 12 noon every day.

T: 01463 781284
E: cnochotel@hotmail.com
Struy, By Beauty IV4 7AJ
www.thecnochotel.co.uk

**Coylumbridge Highland Lodges**

Tucked into the foothills of the Caingorm Mountains with lovely walks, lochs and cycle trails, these lodges offer a perfect base for walkers in the Highlands of Scotland. With the Caingorms National Park on our doorstep, walkers can enjoy idyllic walks including a stroll down The Speyside Way towards Boat of Garten.

Well-equipped with a distinctive Nordic design, the lodges sleep 4 to 8 people. Lodge guests can access resort amenities and activities including dining, indoor pool, sauna, adventure golf, soft play, mini bowling and a games arcade.

These lodges are also available for purchase.
Where to Stay

**THE HIGHLANDS**

**Creag Eiridh**
In a secluded rural holiday location charming Creag Eiridh is an immaculately presented 4-bedroom (sleeps up to 10) premium holiday house. It is situated in a breathtaking position on the northern shore of Loch Nevis in the Western Highlands of Scotland.

We want to make sure your stay at Creag Eiridh is as luxuriously comfortable as possible enabling you to truly relax. The property is furnished to a high specification throughout with carefully chosen and thoughtful facilities that we’re confident will cater for your every need.

T: 01474 852289
E: creagelidh@virginiahayward.com
Knoydart, Mallaig PH41 4PL
www.creageiridh.co.uk

**Culligran Cottages**
Magict! Come for a spell and Glen Strathfarrar will cast one over you. Ideal for walking holidays of all standards. April to June especially recommended. Situated in a nature conservation area, close to Glen Affric, 17 miles of private road. Bikes for hire. Abundant wildlife. Salmon/sea trout fishing on the River Farrar. Choice of traditional Highland cottage (as pictured) or Norwegian-style chalet. Open late March to early November.

T: 01463 701285
E: info@culligrancottages.co.uk
Glen Strathfarrar, Struy, Beauly IV4 7JX
www.culligrancottages.co.uk

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**THE HIGHLANDS**

**Duissdale House Hotel (Isle of Skye)**
An award winning romantic hotel, on the Isle of Skye with views to the Sound of Sleat. The 18 bedrooms come with flat screen TVs and luxury amenities, choose from contemporary design to romantic four poster. Award winning restaurant, the Chart Room bar, open fire in the lounge and excellent malt whisky selection. Luxurious garden hot tub! Yacht moorings available. Short breaks available year round – check website for current offers. VisitScotland Thistle Award Winner - Best Hotel. Catering in Scotland Excellence Awards – Independent Hotel of the Year 2015: Winner. Hotel of the Year Awards – Gold Laurel – National 2015.

T: 01471 833202
E: info@duisdale.com
Sligachan, Isle of Skye IV43 8QW
www.duisdale.com

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**THE HIGHLANDS**

**The Isle of Skye Edinbane Self-Catering**
The Isle of Skye Edinbane Self-Catering on the croft at Edinbane, North West Skye. 50 mins from the Bridge, Two 4 * VS rated stone cottages. Outstanding location for hill walking, bird watching, outdoor marine activities and touring. Properties well equipped and supplied with comprehensive information packs on where to go and what to do. Washing and drying facilities available. Walkers, Cyclists, Children, Cats, Dogs, Horses welcome. Luxurious garden hot tub.

Prices - £650 - £800 per week, min stay 3 nights main season, 2 nights shoulder months.

T: 01470 582784
E: enquiries@edinbane-self-catering.co.uk
Nuig House, 3 Edinbane, Portree IV51 9PR
www.edinbane-self-catering.co.uk

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**THE HIGHLANDS**

**Flora Macdonald Hostel**
With private rooms, Flora Macdonald Hostel is a great base and location for couples or groups. Sit in an elevated position offering stunning views across to the Knoydart coastline, the hostel is situated only 2 miles north of Armadale ferry. Full central heating, hot showers, modern kitchen, pax and bunk beds, laundry and WiFi access. During the winter we only accept groups numbering from 6 to 25 persons AND for a minimum of TWO nights stay. Check Hostel World for reviews.

T: 01471 844621 / 01471 844640
E: scavenger@floramacdonaldhostel@btconnect.com
3 Kilmore, Isle of Skye IV4 8RG
www.skye-hostel.co.uk

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**THE HIGHLANDS**

**Gaskbeg Holiday Cottages**
Situated on a hill farm at the gateway to the Caingorms National Park, these 2 outstanding cottages with modern interiors and excellent environmental credentials make a fantastic base for exploring the Highlands. Short break bookings very welcome.

T: 01528 545335 M: 0788 871 7866
E: gasbeg@btinternet.com
Gaskbeg Farm, by Newtonmore PH20 1B5
www.gaskbeg.co.uk

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**THE HIGHLANDS**

**Glen Affric Holiday Park**
Surrounded by some of the most fantastic mountain scenery and at the gateway to “the most beautiful Glen in Scotland” our newly refurbished detached timber cabins nestle on the banks of the River Glen in spacious landscaped grounds surrounded by mountains, forest walks, waterfalls and yet only 15 minutes drive from Loch Ness and 26 miles from Inverness.

With a shop and pub/restaurant all within walking distance in the local village of Cannich you will have everything to ensure a fantastic walking experience and all at very reasonable prices.

T: 01476 453689
E: info@glenaffricholidaypark.com
Cannich, Beauty, Inverness-shire IV4 7LT
www.glenaffricholidaypark.com

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**THE HIGHLANDS**

**INN**
Foyers House
Foyers House is a small family run adult only inn situated in the Scottish Highland village of Foyers, on the South side of Loch Ness. Foyers House has an incredible location, having one of the highest view points above Loch Ness - allowing you to wake up to the most spectacular panoramic views of Loch Ness and the surrounding mountains and enjoy the peace and tranquility of an unspoilt natural environment. The Wee Dram Whisky Bar & Foyers House offers guests a quiet relaxed atmosphere to enjoy dinner, where our chef proudly cooks home made meals using locally sourced produce.

T: 01665 468405
E: foyers.house@gmail.com
Upper Foyers, Loch Ness IV4 8XN
www.lochnesshotel.co.uk

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**THE HIGHLANDS**

**INN**
Gaskbeg Holiday Cottages

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**THE HIGHLANDS**

**INN**
Edinbane Self Catering

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**THE HIGHLANDS**

**INN**
Gaskbeg Holiday Cottages

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Gaskbeg Holiday Cottages

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Gaskbeg Holiday Cottages

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**INN**
Gaskbeg Holiday Cottages

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**THE HIGHLANDS**

**INN**
Gaskbeg Holiday Cottages
**Glen Dael, Dornoch**
An artist’s renovated, bright bungalow, sleeping 6 in three bedrooms, perfect for families, couples and small groups in historic Dornoch. The accommodation comprises a lounge, dining/kitchen, utility, bathroom (with over bath shower), WiFi, TV with Freeview, DVD, CD with iPod dock, electric hair, fan oven, washer drier, tumble drier, dishwasher and oil central heating. All linen and towels are included. There are numerous scenic beach and forest walks in the local area and we are also a great base for those looking to explore the Scottish Highlands (Sutherland including Assynt, Caithness, Black Isle, Inverness) by foot. Please call about short breaks off season. Sorry, no pets or smokers.

T: 0778 642 3744
E: fionastevensonart@hotmail.com

**Glen Nevis Holidays**
Our self-catering accommodation and caravan and camping park (camping from only £22.50 p/night) are set in the midst of spectacular Highland scenery at the foot of Ben Nevis. Whether you want to conquer Britain’s highest peak or explore Glen Nevis via the many footpaths that wind through forests and alongside the River Nevis you’ll find it all at your front door.

We have our own restaurant and bar, café and shop on-site and are a five minute drive to Fort William – an ideal Highland base.

T: 01397 702191
E: holidays@glen-nevis.co.uk

**Glencanisp Lodge B&B**
Victorian Hunting Lodge now run as a B&B. Owned and operated by the local community, and situated in the beautiful north west Highlands. Breathtaking views of Suilven and the stunning Assynt landscape. Use the cozy and comfortable Lodge as the base for your ascent of this magical mountain, along with many other walking opportunities on the doorstep. Red Divers, Pine martens, Eagles and more within walking distance of Glencanisp Lodge. Step outside the front door of the Lodge and set forth on your own magical Highland experience – you won’t forget it!

T: 01571 844122
E: glencanisplodge@gmail.com

**Glencoe Mountain Cottages**
Spectacular location. Situated amongst the mountains of Glencoe, you can walk from the front door of our popular cottages. With the vast amount of local walking available, stunning views and peaceful location, we are sure you won’t be disappointed by your visit, whatever the time of year you choose. We have been told there are 43 Munros within an hours drive. Glencoe is one of the most impressive locations in the country; the cottages enjoy possibly the finest view of the Anasach Eilgach Ridge.

T: 01855 818827
E: enquiries@glencoemountaincottages.co.uk

**Glenlivet House Cottage & Glenlivet House B&B and Bunkhouse**
Soak up the best of the Highlands of Scotland on the Glenlivet Estate situated in the Cairngorms National Park, in the Cairngorms Dark Sky Park - the most northerly in the world! Glenlivet House Cottage is perfect for groups of walkers as the Speyside Way (walking trail) passes the grounds, and directly outside are miles of open country. The Glenlivet Malt Whisky Distillery is within walking distance and is part of The Malt Whisky Trail. Two en-suite double bedrooms, are also available for Bed and Breakfast in Glenlivet House. New last year we have a bunkhouse sleeping up to 3 people.

T: 09007 590742 M: 07867 652 489
E: margrete_p@icloud.com
Glenlivet, Ballindalloch AB37 9DJ
www.glenlivethouse.com

**Glenlivet House Cottage & Glenlivet House B&B and Bunkhouse**
Just 10 minutes from Aviemore and nestled in ancient Caledonian forest in the heart of the Cairngorms. Stay at Scotland's National Outdoor Centre. The Lochan Bar on-site provides hearty home cooked food and open fires. Included in the price is access to a drying room, small pool, gym and climbing wall. Rooms are en-suite with twin beds. Wooden chalets also available.

T: 01479 861256
E: enquiries@glenmorelodge.org.uk
Dores Road, Inverness IV2 6DH
www.glenmorelodge.com

**Glencoe Mountain Cottages**
Spectacular location. Situated amongst the mountains of Glencoe, you can walk from the front door of our popular cottages. With the vast amount of local walking available, stunning views and peaceful location, we are sure you won’t be disappointed by your visit, whatever the time of year you choose. We have been told there are 43 Munros within an hours drive. Glencoe is one of the most impressive locations in the country; the cottages enjoy possibly the finest view of the Anasach Eilgach Ridge.

T: 01855 818827
E: enquiries@glencoemountaincottages.co.uk
Glenmore, Lochaber, Sutherland PH49 4LA
www.glencoemountaincottages.co.uk

**Glenlivet House Cottage & Glenlivet House B&B and Bunkhouse**
Situated less than two miles from the City Centre of Inverness and only 25 minutes from Inverness Airport, Holm Lodge offers our guests the very best of luxury and tranquillity with the convenience of a town and airport only moments away. The lodge can accommodate up to 12 guests with 6 inviting bedrooms, each enjoying modern luxurious en-suite facilities and furnished to our high 5 star standard throughout. WiFi. Short term lets available.

T: 01463 237956 / 0758 719 7495
E: info@ness-side.com
Dores Road, Inverness IV2 6DH
www.ness-side.com
**Huntingtower Lodge**

Superb eco-friendly Visit Scotland 4* Gold Bed & Breakfast with 6 acres of ancient woodland, wild flower gardens and loch views from each individually decorated bedroom. Huntingtower Lodge is a haven for wildlife. We have an extensive knowledge of the local area and can advise on walks for all abilities and driving tours to explore the area. Our ‘Taste Your Best’ breakfast cooked to order will provide a great start for the day. Try the Stornoway Stack or our porridge with whisky! Wet boots or jackets? The drying room is always warm.

**The Inn at Ardvasar**

The Inn @ Àrd a’ Bháras, formerly known as the Ardvusar Hotel, one of the oldest Inns on Skye, joined the Eilean Iarmain Group of businesses in 2017. Recently refurbished, and offering comfortable accommodation, the Inn provides Scottish cuisine including locally caught seafood and local venison/game.

Located only a short distance from Armadale, it is ideally suited to those travelling to and from the ferry to Mallaig, and is an excellent base to explore the world renowned sites of Skye.

**Inver Lodge Hotel**

Set amid one of the last great unspoiled wildernesses in Europe, the Inver Lodge Hotel offers visitors a tranquil retreat of outstanding natural beauty. For anglers, walkers, bird-watchers or anyone who loves nature, a stay here gives you the opportunity to experience the spectacular natural environment prevailing in the luxurious facilities the hotel offers. Dine in our Chez Roux Restaurant where they make the most of local produce serving French style country cooking with a Scottish influence.

**Lochside Hostel**

Perched on the banks of Loch Ness, The Lochside Hostel offers unrivalled views of the loch and direct access to the water’s edge. Perfect for hikers, cyclists and paddlers exploring the Great Glen. You can relax in front of our beautiful real fire enjoying free tea, coffee or hot chocolate, and take advantage of our free Wi-Fi.

For 10% off, use code NESSHE2020.

**McInnes House Hotel**

Welcome to the newly opened McInnes House Hotel in the Cairngorms National Park. We have given the hotel new modern decor, with new bedding, modern furnishings to allow you to have the most comfortable guest experience. Our bar and restaurant have also undergone an extensive make over. With new seating and decor throughout, dining beside an open fire, you can enjoy our new lunch and evening menu. Behold the bar you can experience whisky on the rocks or mixed with a cocktail, from our finest whisky selections.

**Linhe Lochside Holidays**

Almost a botanical garden with stunning views, in a rural setting, beside the loch. Just five miles from Fort William but well placed for day trips to Oban, Skye, Loch Ness etc. Luxurious four star Alpine Chalets, well equipped Holiday Caravans, heated toilet block for tourists and campers. Licensed shop, private shore with free trout fishing, drying room.

**Scottish Borders Hostel**

Loch Ness Backpackers Lodge

Your Highland home away from home, we offer a variety of room types to suit all travellers. Our beautiful 1800s farmhouse has been lovingly adapted to offer modern facilities and plenty of communal areas including a well stocked kitchen, a living room with wood-burning stove and a large residents-only bar-spa-sitting in Scottish beers and whiskies (we have over 75!). Guitar and piano available for any visiting musicians.

Ideal location for Great Glen Wayers, Altho-Kintail Wayers, Urquhart Castle visitors and Nessie-spotters.

Groups welcome – please see website for catering options.

**Lazy Duck**

Sarah and Phil would love to welcome you at The Lazy Duck, home of slow living in Nethybridge. A mix of unique eco huts for two, group bunkhouse and campsite are available to book Mon-Fri, Fri-Mon for huts and ppn for camping. Wellbeing sessions are available onsite from yoga and massage to hot lab and sauna sessions. Breakfast hampers of eggs from our chickens and produce from the village are available. Mountain bike rides and walking from your door. Wildlife all around. Find flow, live slow.

**The Lazy Duck**

Set amid one of the last great unspoiled wildernesses in Europe, the Inver Lodge Hotel offers visitors a tranquil retreat of outstanding natural beauty. For anglers, walkers, bird-watchers or anyone who loves nature, a stay here gives you the opportunity to experience the spectacular natural environment prevailing in the luxurious facilities the hotel offers. Dine in our Chez Roux Restaurant where they make the most of local produce serving French style country cooking with a Scottish influence.

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Morag’s Lodge

A multi-award winning 4* hostel with a range of rooms to meet the needs of all, in the bustling village of Fort Augustus, located on the banks of Loch Ness. Your perfect base to explore the Loch Ness and Inverness area, and an ideal stop off on the Great Glen Way. Surrounded by stunning mountain scenery and set in wooded grounds, the hostel boasts 24 hour self-catering facilities, excellent home-cooked cheap meals, a rustic on-site bar, free Wi-Fi, bike storage and ample car parking.

T: 01320 366289
E: info@moragslodge.com

SC prices from £24.50 pppn

The Old Inn, Gairloch

Combining comfortable accommodation with a relaxed, friendly atmosphere in a lovely harbour location on the North Coast 500 Route. Coastal, beach, woodland, glen and archaeological walks nearby. Aos nea are you, we over 60 Munros and Corbetts, as is a Highland gem links course. There are marine wildlife cruises too, with the chance to see whales, dolphins and porpoises. With award-winning restaurant specialising in local seafood and game, own Bownhouse producing hand-crafted ale and live music evenings. The Old Inn is not only ideal for you to enjoy and enjoy the attractions of the North West Highlands but also the ideal stop-off on the NC500.

T: 01445 712006
E: enquiries@theoldinn.net

Prices from £99 pppn (double/twin)

Oystercatchers Cottage, Skye

Fully modernised, well established 4 star waterfront cottage, ideally situated for access to everything from the peaks of the Cuillin to lower level walks on Skye and the mainland. 10 minutes from Kyle of Lochalsh station and within easy walking distance of the main coach routes. Sleeps up to 6 in 3 bedrooms and is superbly equipped including superfast broadband. Well set up for both Summer and Winter stays. 10 minutes’ drive from Broadford with shops, cafes and restaurants. For more details and direct booking, please visit our website

T: 0793 110 8378
E: oystercatchers1422@outlook.com

Prices from £575 pw

Poolowe Hotel

A traditional Highland hotel and restaurant, on the shores of Loch Ewe in sight of Inverewe Gardens. Guests can choose from thirteen en-suite bedrooms and suites, in the main building and annex, most enjoying spectacular views of the sea or mountains. In addition, Poolowe Hotel boasts a reputation for excellent food with a restaurant, a conservatory dining area, and a bar. The hotel welcomes dogs; there is ample parking and a bike store, free Wi-Fi is available throughout the hotel. Ideally located for walking.

T: 01445 787679
E: poolowe.hotel@hotmail.co.uk

Prices from £65 pppn

Resipole Holiday Park

For that special place where you can relax and unwind, Resipole is well positioned to enjoy the peace, the silence and the stunning views. The touring park consists of 60 pitches suitable for caravans, motorhomes, campervans and tents. We also have our own self-catering lodges available for short or long terms lets. There are over fifty walks within the area. Consider climbing the hills out to the summit of Ben Resipole to enjoy the spectacular views out to Skye, the Inner and Outer Hebrides and over to Ben Nevis.

T: 01967 432125
E: info@resipole.co.uk

Price on application

Roybridge Hotel

The Roy Bridge Hotel is a Traditional Scottish Highland Inn located deep in the Northwest Highlands of Scotland, close to the Nevis Mountain Range and only 12 miles North of Fort William. The Hotel is easily accessible by car or train with the train station being located only 300 meters from the Hotel. Between March and October our Café opens daily from 8am serving breakfasts, lunches and Aroma Coffee, we also offer packed lunches and bar meals in the evening till 9pm. The Hotel has a fully licensed bar which boasts over 60 Malt Whiskies and a good selection of Fine Ales, there is also free parking and high-speed Wi-Fi.

T: 01967 432126
E: book@roybridgehotel.co.uk

Prices from £79 pppn

Royal Hotel Skye

The Royal Hotel in Portree has a selection of over 34 en suite rooms, most of which feature stunning sea views looking on to Portree Bay. We have two restaurants which regularly sell a variety of local produce, from seafood to Scottish favourites. The hotel bar stocks local whiskies and ales. With our rich history, convenient location and excellent rooms we are the perfect base for your walking holiday in Skye.

T: 01478 635225
E: reservations@royalhotel.scot

Prices from £85 pppn

Skeabost House Hotel (Isle of Skye)

The luxurious Skeabost Country House Hotel is enviably positioned in private grounds on the edge of River Snizort. Central Skye location makes this an ideal base for exploring the island and it’s spectacular walks. Boasting 8 miles of its own salmon and trout river, with fly casting lessons and guides nearby, this Isle of Skye hotel will delight. Discover individually designed bedroom and beautiful lounges. Island Hotel of the Year 2017. Complete your day of discovery with a delicious dinner from the award-winning restaurant.

T: 01470 532202
E: info@skeabosthotel.com

Prices from £59 pppn
**WHERE TO STAY**

### THE HIGHLANDS

**KINGDOM OF FIFE**

#### HOTEL

**West Highland Hotel**

Just a short drive from Fort William at the end of The Road to The Isles. Nestled in the hills of Lochaber, Mallaig is a perfect gateway to the islands, including Skye, Uist, the Small Isles and Knoydart. Whether you come with muddy boots or your furry friends everyone receives a warm welcome at the West Highland Hotel. Enjoy local seafood in our Terrace Restaurant with unbeatable panoramic views of the islands. Then to finish your day enjoy a whisky or gin from our extensive selection by our wood burning stove.

- **Prices from £55 pppn**
- **E: info@westhighlandhotel.co.uk**
- **T: 01687 462210**
- **www.westhighlandhotel.co.uk**

#### GUEST HOUSE

**Bell Craig Guest House**

We assure the warmest of welcomes, exceptional hospitality and the ideal base from which to explore the ‘Kingdom of Fife’ and beyond. We are a 4-star rated guest house which enjoys a central location in the very heart of St Andrews. - only 250 metres from the famous “Old Course” and a short walk to the West Sands beach, the University and local shops, restaurants and pubs. 6 rooms each with en-suite facilities, TV and alarm clock, free Wi-Fi, tea and coffee facilities. Laundry, ironing & drying facilities available.

- **T: 01334 427862**
- **E: enquiries@bellcraig.com**
- **3 Murray Park, St Andrews KY16 9AW**
- **www.bellcraig.com**

#### HOLIDAY PARK

**Elie Holiday Park**

Multi-award-winning Elie Holiday Park is one of Fife’s hidden gems and the ideal location for a walking holiday. Fringed by woodlands and a nature reserve, the park has direct access to a sweeping beach and the Fife Coastal Path. Accommodation includes the choice of stylish holiday home caravans either close to the beach or forest and a lodge with private hot tub – all with the added luxury of decking. There’s a family-friendly bar, restaurant, café, shop and the exciting Robinson Crusoe Adventure Park. Touring caravans and motorhomes are also welcome.

- **Prices from £429 pw**
- **E: elie@abbeyford.com**
- **T: 01333 330283**
- **www.abbeyford.com**

#### SELF-CATERING

**Robinson Crusoe Retreat Cottages**

The Robinson Crusoe Retreat Cottages are invited to enjoy the bar, restaurant and café available with free Wi-Fi. Dog friendly. Guests Robinson Crusoe. 1 and 3 bedroom cottages inspired Daniel Defoe to write the tales of Alexander Selkirk – the original castaway that on the original site of the birthplace of Crusoe building, a B-listed property which lies between St Andrews and Dunbeath and ideal for walking experiences, from easy and level to wild and demanding, across the Fife Coastal Path and beyond. All bedrooms are en suite and properties can be let out individually or together to sleep 2 - 28 guests. Short breaks available all year round.

- **T: 01333 330283**
- **E: info@thespindrift.co.uk**
- **Pittenweem Road, Anstruther KY10 3DT**
- **www.thespindrift.co.uk**
- **T: 01333 330283**
- **E: info@thespindrift.co.uk**
- **Pittenweem Road, Anstruther KY10 3DT**
- **www.thespindrift.co.uk**

#### GUEST HOUSE

**Sandford Country Cottages**

Luxury 1, 2 and 3 bedroom character properties situated within the courtyard of an Arts and Crafts ‘B’ Listed house. Located halfway between St Andrews and Dunbeath and ideal for walking experiences, from easy and level to wild and demanding, across the Fife Coastal Path and beyond. All bedrooms are en suite and properties can be let out individually or together to sleep 2 - 28 guests. Short breaks available all year round.

- **T: 01333 330283**
- **E: info@thespindrift.co.uk**
- **Pittenweem Road, Anstruther KY10 3DT**
- **www.thespindrift.co.uk**

#### HOLIDAY PARK

**The Lomond Hills Hotel**

Renowned friendly service. Top three on TripAdvisor in Fife. Ideal walking, fishing and golfing base. Surrounded by over 50 golf courses within a 20 mile radius. Restaurant offering a scumptuous à la carte menu with an extensive wine list. Public bar offering over 50 malt whiskies and two quality real ales. Heated outside smoking area. Swimming pool, Jacuzzi, sauna, gymnasium, free Wi-Fi, free onsite parking.

- **Prices from £59.95 pppn**
- **E: reception@lomondhillshotel.com**
- **High Street, Freuchie KY15 7EY**
- **www.lomondhillshotel.com**

### KINGDOM OF FIFE

#### HOTEL

**Bell Craig Guest House**

- **Prices from £85 pppn**
- **E: evelyn@sandfordcountrycottages.co.uk**
- **T: 01382 540000**
- **www.sandfordcountrycottages.co.uk**

#### GUEST HOUSE

**Sandford Country Cottages**

- **Prices from £500 pw**
- **E:接待@lomondhillshotel.com**
- **高街，弗鲁奇 KY15 7EY**
- **www.lomondhillshotel.com**

#### SELF-CATERING

**Robinson Crusoe Retreat Cottages**

- **Prices from £262 pw**
- **E:接待@lomondhillshotel.com**
- **高街，弗鲁奇 KY15 7EY**
- **www.lomondhillshotel.com**

### KINGDOM OF FIFE

#### GUEST HOUSE

**Sandford Country Cottages**

- **Prices from £500 pw**
- **E:接待@lomondhillshotel.com**
- **高街，弗鲁奇 KY15 7EY**
- **www.lomondhillshotel.com**

#### SELF-CATERING

**Robinson Crusoe Retreat Cottages**

- **Prices from £150 pw**
- **E:接待@lomondhillshotel.com**
- **高街，弗鲁奇 KY15 7EY**
- **www.lomondhillshotel.com**

#### HOLIDAY PARK

**The Spindrift Guesthouse**

Imposing Victorian residence built in 1870 with sweeping beach and the Fife Coastal Path. Accommodation includes the choice of stylish holiday home caravans either close to the beach or forest and a lodge with private hot tub – all with the added luxury of decking. There’s a family-friendly bar, restaurant, café, shop and the exciting Robinson Crusoe Adventure Park. Touring caravans and motorhomes are also welcome.

- **Prices from £69.95 pppn**
- **E:接待@lomondhillshotel.com**
- **高街，弗鲁奇 KY15 7EY**
- **www.lomondhillshotel.com**

#### HOLIDAY PARK

**St Andrews Holiday Park**

Nestled on a hillside with spectacular views across St Andrews, this award-winning holiday park is set in an enviable coastal location on the Fife Coastal Path. Accommodation includes stylish lodges with private hot tubs affording breathtaking sea views and a wide range of modern holiday home caravans (many with decking and sea views). Enjoy the family-friendly bar, restaurant, Papa John’s Pizza, fantastic play park and games room, and stunning views from the sun terrace. Touring caravans and motorhomes are also welcome.

- **Prices from £328 pw**
- **E:接待@lomondhillshotel.com**
- **高街，弗鲁奇 KY15 7EY**
- **www.lomondhillshotel.com**
LOCH LOMOND, THE TROSSACHS & FORTH VALLEY

St Monans Holiday Park

Award-winning St Monans Holiday Park is set in a prime coastal location, quietly nestled between the East Neuk villages of Elie and Pittenweem. Overlooking the Fife Coastal Path our Signature Plus and Castaway Vista holiday homes boast stunning views and are the perfect escape for a rejuvenating golf break. There is a dog-friendly holiday home too and touring caravans, motorhomes and tents are also welcome. Guests are invited to enjoy the bar, restaurant and café at nearby Elie Holiday Park.

T: 01333 730778
E: monans@abbeyford.com
St Monans, Fife KY10 2DN
www.abbeyford.com

St Monans Holiday Park

University of St Andrews

Ages Blackadder Hall offers B&B accommodation in modern en-suite bedrooms with friendly service. Breakfast is served in the main dining room. DB&B, B&B and self-catering accommodation is available at David Russell Apartments, each with 5 double en-suite rooms and a kitchen/diner area. Free wifi, tea and coffee making facilities and car parking are available within all the accommodation. Both have a fully licensed bar with menu offering a range of hot and cold dishes. Leisure guests also have free access to the University Sports Centre’s modern gym facilities.

T: 01334 461000
E: aceteam@st-andrews.ac.uk
Agnes Blackadder Hall, North Haugh KY3 5EZ
ace.st-andrews.ac.uk

Ages Blackadder Hall

The Drymen Inn

The Drymen Inn is a family run bar & restaurant, situated in the heart of the picturesque Scottish village of Drymen. Located in the Loch Lomond and Trossachs National Park, Drymen is the first stop on the West Highland Way, surrounded by rolling hills and beautiful countryside. The Drymen Inn also has a great team of hardworking and friendly staff working in the bar and restaurant and it has gradually become an extremely desirable venue and superb addition to The National Park. Through their polite and friendly demeanour many guests return time and time again having warmed to the personal touches that The Drymen Inn provides.

T: 01960 660123
E: info@thedrymeninn.com
5 Stirling Road, Drymen near Loch Lomond G63 0BW
www.thedrymeninn.com

The Drymen Inn

The Lake Of Menteith Hotel

Lake of Menteith Hotel and Waterfront Restaurant is set in the Trossachs National Park yet easily accessible, being an hour from Glasgow and Edinburgh and twenty minutes from both Loch Lomond and the ancient City of Stirling. Inside you will find a delightful house, much enlarged from the original 17th Century Manse. Decorated in the warm and welcoming style of a classic New England waterfront hotel with muted tones and the extensive use of local timber and stone, perfectly complementing this special waterfront setting.

T: 01877 385258
E: enquiries@lakehotel.com
Port Of Menteith, Perthshire FK8 3RA
www.lakehotel.com

The Lake Of Menteith Hotel

The Old Farmhouse

The Old Farmhouse sits on a secluded organic farm overlooking Loch Lomond, one of Scotland’s most beautiful lochs. The house, which sleeps 6, offers luxury and peace with panoramic views of the Loch, islands and mountains. There are 21 Munros and 19 Corbetts in the Loch Lomond & Trossachs National Park and many “wee hills with big views”. Speedboat trips from the farm make island visits possible. The farm is perfect for Ben Lomond and Ben A'an to the east and the Luss hills, and the Arrochar Alps to the west. Check availability and book through LHH Scotland www.lhhscotland.com/property/old-farmhouse-gartocharn-alexandra

T: 01877 320004
E: camping@lochkatrine.com
Trossachs Priory, By Callander FK17 9HZ
www.lochkatrinecamping.com

The Old Farmhouse

Roman Camp Hotel

A 16th century hunting lodge in 20 acres of private gardens by the River Teith, in the heart of the Trossachs, hidden just off Callander Main Street. AA Three Rosette award-winning Restaurant, oak panelled library, silk lined drawing room and all warmed by log fires and candle light. Luxury bedrooms individually decorated and furnished to a high standard complimented with marble bathrooms, spa baths and drench showers. Award winning food, open all day every day, booking advisable. Easily walk from our front door onto the national park path network.

T: 01877 330003
E: mail@romancamphotel.co.uk
Off Main St, Callander FK17 9BG
www.romancamphotel.co.uk

Roman Camp Hotel

Tighbeag Holiday Cottage

This detached cottage is in the heart of the Loch Lomond and Trossachs National Park within the curtilage of the owners property. This is an ideal getaway for couples with its spacious open plan living area with multi-fuel stove and central heating. Dedicated car parking. No pets and no smoking. Loch Lomond is only a short distance away from the cottage. Also Glasgow and Edinburgh are within easy reach by car or train. Short breaks welcomed.

T: 01389 830274
E: f.macgregor2012@btinternet.com
www.tighbeagholidaycottage.co.uk

Tighbeag Holiday Cottage
WHERE TO STAY

Loch Lomond, The Trossachs & Forth Valley

Trossachs Holiday Park

The award-winning Trossachs Holiday Park is the perfect location enjoy the great outdoors. Explore Scotland's first National Park, Loch Lomond and The Trossachs – an area of outstanding beauty and a haven for wildlife – perfect for cycling, walking, photography, fishing and golf or simply to relax and enjoy the experience. There are plenty of activities in the area for the whole family to enjoy too. Boasting a range of self-catering accommodation from basic to luxury 5 star holiday homes and lodges, all with stunning views. As well as camping and touring pitches. Self-catering from £275.00 per person per night.

T: 01877 382614
E: enquiries@trossachsholidays.co.uk
www.trossachsholidays.co.uk

Merchant's House and Fisherman's Cottage

Beautifully restored 18th century waterfront town house and cottage in the harbour town of Stromness. Furnished and decorated to an extremely high standard you will enjoy the attention to detail. Traditional yet contemporary accommodation for an Orkney island getaway that will delight you and bring you back again and again. The rooms are light and spacious with a real luxurious feel, idyllic for relaxing after long walks. All amenities shops, restaurants, galleries, within 5 minutes’ walk. Exciting coastal cliff walks accessible from the town or take a ferry from the harbour to the island of Hoy for a memorable days walk to the Old Man of Hoy.

T: 01856 850345
E: enquiries@orkeyescapes.co.uk
www.orkeyescapes.co.uk

Papdale Halls of Residence

Papdale Halls of Residence is a unique 70 bed facility in the heart of Kirkwall. It’s available for group bookings of between 20 – 70 people in the school holidays (all ages welcome). Amenities include single en suite rooms, twin rooms, 4 fully wheelchair accessible rooms, lifts to all floors, ample communal space, pool tables etc, outdoor barbeque area, continental or full Scottish breakfast, meeting areas, Wi-Fi, car and coach parking, secure bike storage, laundry facilities and wet weather gear drying area, evening meals, lunches and an Orkney themed menu (on request).

T: 01856 876060
E: housing@orkney.gov.uk
By Papdale Road, Kirkwall KW15 1QN
www.orkney.gov.uk/bookthehalls

Ford House

Ford House is situated in the village of Creagorry in Benbecula, 200 yards from the South Ford causeway, which links Benbecula to South Uist. The house was built in the early 1900’s and has remained in the family ever since.

It is an ideal central location for easy access to all local amenities and throughout the islands for your own interests. There are plenty of activities and outdoor pursuits to participate in such as fishing, hill walking, cycling, bird watching, beach combing, boat tour, canoeing, etc.

T: 01878 602268
E: williammuncaster123@btinternet.com
Creagorry, Benbecula HS7 5PG
www.fordhousehebrides.co.uk

27 Garenin

Recently refurbished and renovated with modern facilities and equipment the house is on a croft in the village of Garenin, in Carloway, Isle of Lewis. Just 5 mins from the sea and restored Blackhouse village with museum & café, plus excellent views over Carloway. There are many walks in Lewis, here are a few local walks. Walk 14 mile towards the shore and join the 12 mile wide open coastal walk to Shawbost passing the beaches of Dalmor (3 miles) and Dalbeag (6 miles).

Follow the coast in the other direction towards Boreraig for spectacular cliff top views and walk back via the scenic single track road to Garenin.

T: 0774 818 3438
E: info@27garenin.com
27 Garenin, Carloway, Isle of Lewis, HS2 9AL
www.27garenin.com

Gerriannan Blackhouse Village

The Gerriannan Blackhouse Village nestles round a bay on the rugged coast of the island of Lewis. It offers the perfect location to step back in time to a different pace of life. Within the village we offer self-catering thatched cottages that range from 2-star group accommodation sleeping 14, to 4-star family cottages. Also, a 13 bedded hostel open all year. An ideal base for walkers!

T: 01851 643498
E: info@27garenin.com
5a Gearrannan, Carloway, Isle of Lewis HS2 9AL
www.garrannan.com

Achray House Hotel

Achray House Hotel is situated in the picturesque village of St Fillans, with uninterrupted views over Loch Earn. While offering upmarket accommodation and much-praised food, we are also conveniently situated for a number of short walks including the T6 between St Fillans & Comrie, the South Loch Earn Walk and the Glen Goeane Intake Dam walk. For the more adventurous, mountain bikes can be accessed around St Fillans or Comrie.

T: 01564 685320
E: admin@achrayhouse.com
On Loch Earn, St Fillans PH6 2NF
www.achrayhouse.com

For more information, please visit our website.
Atholl Villa Guest House

Atholl Villa is a 4 Star Bed and Breakfast enjoying a superb location in the pretty town of Pitlochry in Highland Perthshire. Stay and enjoy homely, comfortable and well appointed en-suite accommodation close to the Festival Theatre, Salmon ladder, central to all outdoor activities in the district a few minutes walk from rail and bus station, restaurants and all other amenities. Perfect location for any walking trip with many and varied walking options from Ben Vrackie that can be accessed from the doorstep or to many Munros, Grahams and Corbetts less than an hours drive from Pitlochry.

T: 01796 473820
E: enquiries@athollvilla.co.uk
www.athollvilla.co.uk

Atom Crow Cottage

Bungalow (sleeps 5-6), entrance ramp, quiet location with hillside view, garden frequented by red squirrels and with a shed which locks. 10 mins walk from centre of Pitlochry and Black Sprout Waterfall, a local beauty spot linking network of walks around the town and to nearby historic Moulin. 3 bedrooms: 1 kingsize, 2 twin beds (zip & link to superking) and 1 single with pullout bed to become twin. Suitable for mobility impaired - bath, separate shower & lavatory all have mobility aids and shower is wheelchair accessible: linen, utilities and WIFI included. Smart TV and plugs. Pets welcome by arrangement. Seasonal Rental: week £250 - £550, weekend £125 - £425, mid-week break £200 - £350.

T: 0776 015 4841
E: info@pillichrycottagescotland.com
www.pillichrycottagescotland.com

Bamff Ecotourism

Bamff is a small family run estate on the Highland edge with a fascinating beaver project and abundant wildlife. It lies on the Highland edge in NE Perthshire on the Cateran Trail. It is an ideal location for walkers on the Trail and beyond, into the Angus Glens and Perthshire hills. It is also accessible for Glenshee skiers. The Ayth mountain bike track also crosses the estate. We have a flexible range of holiday lets from cottages to glamping in yurts and an off grid cabin overlooking beaver pools. All our holiday lets have wood-burning stoves. We supply an initial basket of logs and kindling and holiday lets have wood-burning stoves. We have modern facilities such as en-suite bathrooms, colour TV & direct dial telephone. Our chefs use the finest local produce to create traditional and imaginative menus at an affordable price. We offer great value short break packages and walking breaks and so much more.

T: 01828 632992
E: bamff.farms@gmail.com
Bamff Estates, Alyth, Perthshire PH11 8LF
www.bamff.co.uk

Buttonboss Lodge

Buttonboss Lodge offers pet-friendly accommodation in Pitlochry. Free WIFI is available throughout the property and free private parking is available on site. All rooms come with a flat screen TV. You will find free toiletries and a hair dryer. There is a shared lounge at the property. The nearest airport is Edinburgh Airport, 87 km from the property.

T: 01796 472065
E: info@buttonbosslodges.co.uk
25-27 Atholl Road, Pitlochry PH16 5BX
www.buttonbosslodges.co.uk

B&B prices from £38 ppn

Dunkeld House Lodges by Hilton Grand Vacations

A perfect base for walkers, these lodges are nestled within the spacious grounds of a 280-acre estate rich in history and legend. Perthshire is fondly known as the gateway to The Highlands, and walkers can explore the rugged Glens and beautiful forests. The Fiddlers Path in Dunkeld is particularly picturesque. Spacious, well-equipped, and furnished to a high standard, the lodges sleep 4 to 8 people. Lodge guests can access the onsite hotel facilities including a swimming pool, sauna, gym, spa, restaurant and bar. These lodges are also available for purchase.

T: 01339 755558
E: hgvpc@hgv.com
Dunkeld, Perthshire PH8 0HX
www.hgvpc.co.uk

B&B prices from £55 ppn

The Famous Bein Inn

The Famous Bein Inn enjoys a peaceful, rural location just south of Perth, a few minutes off the M95 motorway and less than an hours drive to Edinburgh. At our delightful bed and breakfast guest house we are renowned for our friendly welcome and relaxed, informal atmosphere. All our bright spacious bedrooms have modern facilities such as en-suite bathrooms, colour TV & direct dial telephone. Our chefs use the finest local produce to create traditional and imaginative menus at an affordable price. We offer great value short break packages and walking breaks and so much more.

T: 01738 802156
E: enquiries@beininn.co.uk
Glenmuick, Perth PHQ 9PY
www.beininn.co.uk

B&B prices from £102 - £144.50 (per 2 nights)

Spittal of Glenshee, Blairgowrie PH10 7QE
www.glenbeag.co.uk

B&B prices from £325 pw/ short breaks from £200

IN AND AROUND SCOTLAND 87
PERTHSHIRE

**Glenisia Hotel**
Glenisia Hotel, situated in Kirkton of Glenisla, offers ten newly refurbished bedrooms, with views looking onto the landscape of Angus. The 40 seater Award Winning restaurant offers both traditional cooked meals as well as a seasonally changing À La Carte menu, managed by our talented & enthusiastic Head Chef. Glenisla has been under new management since the beginning of 2019 and along with a wonderful dedicated Team, has brought an abundance of tourism and employment to the area. An ideal place for a romantic night away, mini holiday or a welcome break for cyclists, walkers, shooters, golfers & skiers.

T: 01757 582223
E: enquiries@glenisla-hotel.com
www.glenisla-hotel.com

**Kennacoil**
Holiday lets and camping pods with stunning views of the Perthshire countryside. Situated near the picturesque town of Dunkeld on the banks of the Tay and surrounded by magnificent woodland and hills. There are several gorgeous walks in the area, some accessible directly from your doorstep. Just 3 miles from the A9, Kennacol also makes an ideal stopover on a journey further north (or south). Some pet-friendly accommodation. Each camping pod has a picnic bench and a fire bowl that works as a BBQ and/or campfire.

T: 01350 723333
E: enquiries@kennacol.co.uk
Kennacoll House, Dunkeld PH7 8PB
www.kennacol.co.uk

**Kinloch Arms Hotel**
Situated on the 3 borders of Angus, Perth and Tayside our family run rural hotel is the ideal base for your walking holiday. There are numerous walks in the local area and we are a perfect base for exploring the region by foot. After a tough day of walking what’s better than your favourite triple in our lounge bar followed by some fantastic Scottish culinary fare prepared by award winning chef Mark Bulle. After a restful night in one of our 5 luxury en suite bedrooms it all starts again the next day with a hearty Scottish breakfast.

T: 01828 640251
E: pauledale472@yahoo.co.uk
The Square, Meigle PH12 8BN
www.kinlochcharmeagle.co.uk

**Milton of Fonab Caravan Park**
A quiet family-run caravan park on the banks of the River Tummel V2 mile south of the picturesque town of Pitlochry. Touring pitches and static caravans for hire. Free trout fishing for caravan park customers from the banks of the park. Salmon fishing within walking distance can be booked at the reception or in advance by calling 07796 472882. Online booking is now available. Prices per week from £242 for statics and from £150 for touring pitches. Only a 5 minute walk to Pitlochry Festival Theatre and Bell’s Blair Athol Distillery.

T: 07976 472882
E: info@fonab.co.uk
Bridge Road, Pitlochry PH7 5NA
www.fonab.co.uk

**Morenish Mews**
4-star self-catering accommodation perfect for couples or individuals. Set in a 4-acre secluded garden on the edge of the Ben Lawers National Nature Reserve, Morenish Mews has stunning south-facing views over Loch Tay to the Highland Perthshire hills. Walkers will find 40 Munros within a 25-mile radius. Easy access to long distance routes such as the Rob Roy Way, Three Saints Way and sections of the West Highland Way, plus numerous scenic low-level walks. Ideal for bird watching, angling, cycling, water sports and golf. Fine dining in nearby restaurants. Centrally situated for touring.

T: 01567 205257
E: stay@morenishmews.com
By Kinn, Perthshire PH21 8TX
www.morenishmews.com

**New Lanark**
Two luxury self-catering apartments perfect for couples or individuals. Situated in the heart of New Lanark, with uninterrupted views of the River Clyde. Both apartments are open-plan with en-suite bathrooms, fully equipped and have balconies. The Clyde hydroelectric power station can be clearly seen from the apartments. 10 minute walk to town and the canal.

T: 01897 845555
E: info@newlanark.com
www.newlanark.com

**Scottish Highland Lodge**
Our spacious 3 bedroomed (all en-suite) lodge in the heart of Perthshire is perfectly situated for those looking to explore the region by foot. The area offers the widest possible of walking, from gentle riverside to challenging long distance walks. After a day out walking you can come back to the comfort of the lodge where you can relax in the open plan living and dining room which opens onto your own balcony with uninterrupted views of the magnificent countryside. Free parking, Free Wi-Fi.

T: 01882 363005
E: info@scottishhighlandlodgerental.co.uk
Glengoulndie Lodges, Aberfoyle PH3 5NL
www.scottishhighlandlodgerental.co.uk

**Taymouth Marina**
Taymouth Marina offers visitors a unique experience on the banks of Loch Tay in picture-esque Pitlochry. For families & couples alike, it’s a destination that offers a blend of spellingbinding scenery, modern accommodation and enough activities to keep everyone happy no matter how long your stay. Stay in one of our tastefully finished lochside apartments or cottages, with private hot tubs, and immerse yourself in true relaxation at The HotBox Spa. We have a variety of watersports activities on the loch for everyone to enjoy during summer months, and an onsite café open 7 days a week. Our location in Kenmore makes us the ideal spot to take in all that Perthshire has to offer.

T: 01087 830216
E: info@taymouthmarina.com
Taymouth Marina, Kenmore PH5 2HW
www.taymouthmarina.com

**Taymouth Marina**

88 WHERE TO STAY
**The Border Hotel**

The Border Hotel is the welcome finish line for walkers completing The Pennine Way. A warm friendly welcome awaits you as you enter the cozy bar with its fine selection of beverages to enjoy in front of the roaring open fire, while the tempting menu our chefs have created using local produce offers a fine selection of freshly prepared and well-presented dishes to satisfy the hungry traveller. Five comfortable en-suite rooms provide the opportunity for a good nights sleep. Free Wi-Fi throughout.

T: 01573 420237
E: info@borderhotel.co.uk
Kirk Yetholm, Kelso TD5 8PQ
www.borderhotel.co.uk

**Dryburgh Arms**

Newly refurbished pub with 3 lovely double/twin rooms in the Heart of the Scottish Borders overlooking the Eildon Hills and situated on St Cuthbert’s Way Walking route. All rooms are en-suite shower rooms with flat screen televisions, tea and coffee making facilities and free Wi-Fi in every room. All beds can be set up as singles or doubles on request. A full Scottish breakfast is provided, and well behaved dogs are welcome.

T: 01835 827074
E: dryburgh@hsuk.com
Melbourne Place, Newtown St. Boswells TD6 0PH
www.dryburgharms.co.uk

**Jean Muir Student Village**

Set in hillside parkland, The Jean Muir Student Village has everything you need for your walking holiday, with some of the most famous walks on your doorstep such as the Southern Upland Way, St. Cuthbert’s Way and the Borders Abbey Way. The Student Village boasts comfortable en-suite rooms with affordable prices, free Wi-Fi and discounts for large groups. Room views of the Eildon Hills and Tweed Valley.

T: 01896 892274
E: jeanmariev-events@hw.ac.uk
Heriot Watt University Residences, Galashiels TD1 3JZ
www.facebook.com/TheJeanMuirStudentVillage

**Lauderdale Hotel**

Located in the Royal and Ancient Burgh of Lauder and ideally situated for walks of all levels throughout the Scottish Borders. The Lauderdale offers a warm and welcoming atmosphere, comfortable spacious rooms and a wide selection of freshly prepared food and locally produced beers and spirits available all day in the bar in front of a log fire. Free guest Wi-Fi available throughout the hotel and a drying room is available.

T: 01578 722231
E: lauderdalehotel@gmail.com
1 Edinburgh Road, Lauder TD1 5ET
www.lauderdalehotel.com

**Milleur House**

Milleur House is a modern, luxury, architect designed home providing old fashioned hospitality. Situated on the edge of the famous North Berwick West Links we have become a regular stop for walkers on the John Muir Way which passes 50 metres from our front door. There are full drying and storage facilities available. A complete home from home experience using quality local produce.

T: 01620 894689
E: milleurhouse@gmail.com
11 Strathearn Road, North Berwick EH39 5BZ
www.milleurhouse.co.uk

**Overwells Farm Cottage**

Mill house is in a peaceful location on a working farm 3 miles from Jedburgh. The property, maintained to the highest standards, overlooks the water gardens of the near by farmhouse and on beyond to the Cheviot Hills. An ideal base for walking the beautiful, scenic countryside. The house consists of one double bedroom, one twin bedded room, bathroom and split level kitchen/dining room on the ground floor. On the first floor there is a large comfortable living room with picture windows giving spectacular views across the countryside. Ample parking. WIFI is available.

T: 01828 863020
E: abfraser3@gmail.com
Overwells, Jedburgh, TD8 6LT
www.overwells.co.uk

**Royal Mackintosh Hotel**

The Royal Mackintosh Hotel is an independently run old Victorian hotel situated in the seaside town of Dunbar, East Lothian. Located at the end of the John Muir the hotel is an ideal destination for walkers. We have 16 en-suite bedrooms all on the first floor which are accessed by stairs, 2 licensed bars and the Mauretania Restaurant. We serve food daily and source our food locally as much as possible. We have limited parking on site with local parking also available.

T: 01368 238002
E: info@royalmackintosh.co.uk
Station Road, Dunbar EH42 1JY
www.royalmackintosh.co.uk

**Synton Mains Holiday Cottages**

Synton Mains Holiday Cottages are set right in the heart of the picturesque Scottish Borders. Perfectly situated for refreshing river valley or hill walks. An abundance of wildlife on your doorstep including Roe deer, Otter, Buzzards, Pheasants and the most beautiful hares and their leverets. Pinetree and Larchwood are in the Countryside but convenient for buses/ trains to Edinburgh/Carlisle and all Border towns. Great area for road/mountain biking having our own lookup and cleaning equipment on site. At least 10-14 Historic Houses within an hour drive. Amazing area for horse-riding, walking, running, golf and we even have our own Golf Driving Range close by.

T: 01750 332388 M: 07747 65694 E: info@syntonmains.com
Ashkirk, Selkirk, Scottish Borders TD7 4PA
www.syntonmains.com
Walk the Scottish Borders

With hundreds of miles of paths to choose from in one of Europe's unspoilt regions... the Scottish Borders has something for everyone... come and explore.

For more information
www.scotborders.gov.uk/walking
www.walkscottishborders.com
@walkscottishborders

Outer Hebrides

• Three Distinctive Hostels
• Stunning Seashore Settings
• Traditional Hebridean Buildings
• Close to The Hebridean Way

www.gatliff.org.uk

Gatliff Hebridean Hostels Trust (111557) is a Registered Charity

Go Hostelling!

If you love to travel but don’t want to feel like a tourist.
If you want to escape the everyday and find adventure.
If you want to live like a local and discover Scotland’s great outdoors.
If you want a warm welcome, a comfortable bed and a place to chill with a local beer and an amazing view...

...we think you should choose hostelling!

Find out more at:
hostellingscotland.org.uk

Scottish Youth Hostels Association (also known as SYHA or Hostelling Scotland) is a registered Scottish charity No. SCO3558 and a company limited by guarantee, registered in Scotland, no SC61364. Registered Office: 1 Gatehouse Crescent, Stirling FK7 7LA.
For serviced accommodation, these include:

- A separate space should be available for drying outdoor clothing and footwear so clothes can dry overnight;
- A hot drink should be available on arrival;
- A late evening meal (available until 8pm) if there are no other meal providers within one mile. A late night snack should be offered after 8pm;
- Early breakfast option from 7am or, for very early leavers, a tray the night before;
- A packed lunch - should you request one - or your flask filled;
- And a supply of local walking routes information, local public transport information and a weather forecast for visitor reference.

For self-catering accommodation and hostels, facilities include:

- A separate space should be available for drying outdoor clothing and footwear so clothes can dry overnight;
- Facilities for washing clothes;
- A supply of local walking routes information and local public transport information for visitor reference;
- A telephone number for information on the weather forecast;
- Details of the local rescue services;
- Details of the establishment’s Ordnance Survey co-ordinates (if outwith a village).

GO ‘GREEN’ IN SCOTLAND

You can choose to go ‘green’ and help protect Scotland’s spectacular natural environment, by staying in accommodation which operates in an environmentally friendly way.

Many accommodation businesses now belong to the Green Tourism Business Scheme, an environmental accreditation scheme which helps tourism businesses protect the environment through better waste management, lower consumption of power and water, increased recycling and cleaner, safer and better landscaped sites.

Check out www.visitscotland.com or www.green-business.co.uk for further information.

For up-to-date information on accommodation throughout Scotland, check out www.visitscotland.com/walking

Walkers Welcome

VisitScotland operates a grading scheme whereby accommodation of all kinds is assessed on an annual basis by our quality advisors. They ensure that each business meets the standards set for facilities and service, for comfort and cleanliness.

Self-catering, bed and breakfasts, guest houses, hostels, holiday-home parks and hotels - all are awarded one to five stars, making it easier for you to make the choice as to which is the right place for you. Among the vast range of accommodation options, 1,200 plus establishments provide special facilities for walkers and are members of the VisitScotland Walkers Welcome Scheme. Each scheme member has to provide additional facilities specific to the needs of walkers.

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- A hot drink should be available on arrival;
- A late evening meal (available until 8pm) if there are no other meal providers within one mile. A late night snack should be offered after 8pm;
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For up-to-date information on accommodation throughout Scotland, check out www.visitscotland.com/walking

WALK THIS WAY

From rugged coastlines to serene rambles, tranquil canal paths to world-class whisky trails, discover your perfect route during Scotland’s Year of Coasts and Waters 2020.

Find out more at visitScotland.com/yCW2020
Join the conversation #YCW2020
Aberlady Bay Local Nature Reserve
Discover Orkney & Shetland

With some of the world’s oldest architecture and magnificent archaeological sites, rich culture, festivals, breath-taking coastlines and fascinating wildlife - Scotland’s Northern Isles are the perfect destination for you to explore this year.

Your journey begins as you set sail with NorthLink Ferries. On board you’ll be able to enjoy many comforts before arriving at your destination feeling refreshed and ready to begin your island adventure.

With regular sailings from Scrabster and Aberdeen, travelling to Orkney and Shetland is more convenient than ever before.

Start your island adventure in style with NorthLink Ferries

St Ninian’s Isle is connected to Shetland’s South Mainland by one of Europe’s finest natural sand causeways.

Considered to have some of the best locations in Scotland for bird watching, the Northern Isles are home to over 100 bird species, including the signature puffin.

www.northlinkferries.co.uk

Operated by serco
Travel

Getting to Scotland
Direct flights into Scotland operate all year round and fly from many major European cities, Canada, the United States of America, the Middle East and Asia. Flying to Scotland from the UK and Ireland couldn’t be simpler, with flight times to Edinburgh and Glasgow around one hour from London and Dublin. Aberdeen, Inverness and Dundee can also be reached in under two hours.

AIRPORT INFORMATION
Aberdeen
T: 0344 481 6666
www.aberdeenairport.com
Edinburgh
T: 0844 448 8833
www.edinburghairport.com
Glasgow
T: 0344 481 5555
www.glasgowairport.com
Glasgow Prestwick
T: 0871 223 0700
www.glasgowprestwick.com
Highlands and Islands
Airports
T: 01667 462445
www.hial.co.uk

BY RAIL
There is a fast, efficient, cross-border railway service from England and Wales to Scotland with regular services throughout the day. There are also direct services from London King’s Cross to Scotland and good links from other main English cities such as Birmingham and Manchester.

First TransPennine Services
www.tpexpress.co.uk
National Rail Enquiries
www.nationalrail.co.uk
East Coast Main Line
www.ner.co.uk
Virgin Trains
www.virgintrains.co.uk

Sleeper Services
Caledonian Sleepers are the overnight train services operating between London Euston and Aberdeen, Edinburgh, Glasgow, Inverness and Fort William every night, except Saturday.

Caledonian Sleeper
www.sleeper.scot/

BY SEA
There are frequent ferry services from the continent to the north of England, which is within easy reach of the Scottish Borders and Dumfries & Galloway.

DFDS Seaways
www.dfdseaways.co.uk
P&amp;O Ferries
Larne - Cairnryan:
2 hours
Up to seven sailings daily
T: 01304 44 88 88
www.pojerries.com
Stena Line
Belfast - Cairnryan:
2 hours 15 minutes
T: 08447 707 070
www.stenaline.co.uk

BY COACH
ScotRail
T: 0344 811 0141
www.scoottail.co.uk

BY FERRY
Scotland has hundreds of islands, so ferries are very important. Many of our islands can be found off the west coast - the Inner Hebrides, Outer Hebrides and the islands of the Clyde Estuary. Orkney and Shetland can be found to the north of the Scottish mainland.

Argyll Ferries
www.argyllferries.co.uk
Caledonian MacBrayne
www.calmac.co.uk
John O’Groats Ferries
www.jogferry.co.uk
Northlink Ferries
www.northlinkferries.co.uk
Orkney Ferries Ltd
www.orkneyferries.co.uk
Pentland Ferries
www.pentlandferries.co.uk

Getting around Scotland

BY AIR
There is an excellent internal air network connecting the islands and several regional airports to the main airports of Aberdeen, Edinburgh, Glasgow & Inverness.

Eastern Airways
T: 08703 669 100
www.easternairways.com
Flybe
T: 0371 700 2000
www.flybe.com
Loganair
T: 0344 800 2855
www.loganair.co.uk

BY RAIL
ScotRail
T: 0344 811 0141
www.scottail.co.uk

BY COACH
Scottish Citylink is the largest operator, linking over 200 towns and cities across the country.
T: 0871 266 3333
www.citylink.co.uk

BY TRAM
Edinburgh Trams operates a 8.7 mile tram route between Edinburgh Airport and York Place in the city centre.
T: 0131 338 5780
www.edinburghtrams.com

BUS STATION INFORMATION
Edinburgh Bus Station is a 8.7 mile tram route from Edinburgh Airport and York Place in the city centre.
T: 0131 338 5780
www.edinburghtrams.com

FURTHER INFORMATION
Traveline Scotland
T: 0871 200 2233
www.travelinescotland.com
Traffic Scotland
T: 0800 028 1414
www.trafficscotland.org

MOTORHOME HIRE
Several companies provide motorhome hire, including:

BC Motorhomes
www.bcmotorhomes.co.uk
Motorhome Rental Centre
www.motorhomescotlandcentre.com

Motorhome Rental
http://www.pestinvet.com

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Argyll Ferries
www.argyllferries.co.uk
Caledonian MacBrayne
www.calmac.co.uk

Car Hire
There are many companies which offer competitive car hire rates, among which are:

Alamo Rent-A-Car
www.alamo.co.uk
Arnold Clark
www.arnoldclarkrental.com
Avis
www.avis.co.uk
Budget
www.budget.co.uk
easyCar
www.easycar.com
Enterprise Rent-A-Car
www.enterprise.co.uk
Europcar
www.europcar.co.uk
Hertz
www.hertz.co.uk
Sixt Rent a Car
www.sixt.co.uk

MOTORHOME HIRE
Several companies provide motorhome hire, including:

BC Motorhomes
www.bcmotorhomes.co.uk
Motorhome Rental Centre
www.motorhomescotlandcentre.com

Motorhome Rental
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Arnold Clark
www.arnoldclarkrental.com
Avis
www.avis.co.uk
Budget
www.budget.co.uk
easyCar
www.easycar.com
Enterprise Rent-A-Car
www.enterprise.co.uk
Europcar
www.europcar.co.uk
Hertz
www.hertz.co.uk
Sixt Rent a Car
www.sixt.co.uk

MOTORHOME HIRE
Several companies provide motorhome hire, including:

BC Motorhomes
www.bcmotorhomes.co.uk
Motorhome Rental Centre
www.motorhomescotlandcentre.com

Motorhome Rental
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Arnold Clark
www.arnoldclarkrental.com
Avis
www.avis.co.uk
Budget
www.budget.co.uk
easyCar
www.easycar.com
Enterprise Rent-A-Car
www.enterprise.co.uk
Europcar
www.europcar.co.uk
Hertz
www.hertz.co.uk
Sixt Rent a Car
www.sixt.co.uk

MOTORHOME HIRE
Several companies provide motorhome hire, including:

BC Motorhomes
www.bcmotorhomes.co.uk
Motorhome Rental Centre
www.motorhomescotlandcentre.com

Motorhome Rental
http://www.pestinvet.com

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Nevertheless neither the publisher nor the copyright holder can accept responsibility for errors or omissions, changes in the detail given or for any...
Thanks...
to Scotland’s progressive access rights to most land and inland water, you are welcome to enjoy a whole host of activities – from wildlife watching to walking, camping, mountain biking, horse riding, paragliding, kayaking and swimming – as long as you follow some basic advice.

Simply:

Take responsibility for your own actions;
Respect the interests of other people;
Care for the environment.

See the Scottish Outdoor Access Code for further information, especially if you’re camping or have a dog with you.

Remember: Scotland’s access legislation is different to the rest of the UK.
Discover our wild places!

Explore further...
Grab a map and experience the many wild and wonderful walking routes across Scotland.

Follow us:
Call us on: 0300 067 6000
forestryandland.gov.scot
Sample Scotland on foot...

Cottages and Cabins to Award Winning Glamping all set in Stunning Scenery in the heart of Scotland.

Offering a choice of four stunning locations each offering some of Scotland’s best walks.

Loch Tay Highland Lodges
Perthshire, Scotland
01567 820 323

Letham Feus Park
Nr Lundin Links, Fife
01333 351 900

Sauchope Links Park
Crail, Fife
01333 450 460

Braidhaugh Holiday Park
Creiff, Perthshire
01764 652 951