EXPLORE 2020-2021

THE CAIRNGORMS NATIONAL PARK
PÀIRC NÀISEANTA A’ MHONAIN DHU RUAI DH

2020 COASTS & WATERS

VISITSCOTLAND.COM
Are you ready for a wild and wonderful welcome? Then step inside Britain’s biggest National Park. This really is a mighty place of towering mountains, arctic plateaux, hidden glens and deep forests. You could fit two Lake Districts into the Cairngorms National Park, so it’s fair to say that you will have more than enough spectacular Scottish scenery, exhilarating adventures and family-friendly activities to make your stay unforgettable.

Come and get a real feel for adventure, enjoy family-friendly activities and exciting events across the Cairngorms National Park throughout the year.

No trip to Scotland is complete without a visit to The House of Bruar, located just off the A9 ten miles north of Pitlochry. Shown here is a taste of our new Autumn/Winter 2019-20 range. To order a copy of the latest mail order catalogue please call us or visit our website.

A shopping destination like no other, The House of Bruar showcases the very best in Scottish style with original creations in luxury natural fibres. Premium lambswool, fine merino and pure cashmere are all beautifully represented in a gorgeous cascade of colours, complemented by traditional and contemporary designs in leather, suede, sheepskin and tweed. Exclusive in-house styles stand alongside choice selections from leading brands such as Barbour, Schoffel and Dubarry to offer everything you need to complete your country wardrobe. Experience country living at its best with highest quality homeware and exquisite gift ideas in our Country Living Department, then enjoy a stroll through our Art Gallery and Fishing Department. The best of Scotland’s natural larder takes centre stage throughout our Food Hall, Restaurant, Bakery and Delicatessen, while our award-winning Butchery continues to go from strength to strength.

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Aviemore and the Cairngorms

Aviemore is surrounded by lush Highland scenery in the north west corner of the majestic Cairngorms National Park. Towering mountains, sparkling lochs and dense forests surround the bustling town of Aviemore.

Come in winter for winter sports, in summer for watersports and anytime for mountain biking, walking and climbing. Aviemore truly is a year-round outdoor leisure location and gateway to some of Scotland’s highest mountains.

Where’s Santa? On the hills nearby you can see the UK’s only free-grazing herd of reindeer.

From Kingussie you can step right out onto the mighty Monadhliath mountains for fantastic hillwalking and climbing. Or you can try some different outdoor activities including golf, pony trekking and watersports.

Join the red squirrels high in the Rothiemurchus forest on the aerial adventure course at TreeZone. Kids and adults alike can test their balance – and courage – on beams, crazy crossings, Tarzan swings and a monster zip wire through the pine trees.

Where do polar bears, amur tigers, wolves and Japanese snow monkeys all hang out together? You can see them all at the Highland Wildlife Park, near Kingussie.

To stroll round a traditional Highland town, head for Grantown-on-Spey. Shop for some tasty local produce in the Grantown East Heritage Centre, which includes some fantastic interactive displays and a café set in an old vintage carriage.

The surroundings are majestic – mountains, forests, lush fields and a tumbling river. You can pick up some delicious local produce in Ballater, or stop for a hearty meal in Braemar. Then go for a walk in the hills above Balmoral Castle, the Royal Family’s summer residence.

Angus Glens

The Angus Glens are one of Scotland’s lesser known beauty spots. There are five glens, and they all sorts of emotions. This 1-mile walk is free and truly special, yet may well be one of Scotland’s least known attractions.

The sculptures on the Frank Bruce Sculpture Trail, Feshiebridge will stop you in your tracks. Beautiful, sad, powerful – they conjure up all sorts of emotions. This 1-mile walk is free and truly special, yet may well be one of Scotland’s least known attractions.

Royal Deeside and Strathdon

You’ll soon see why Royal Deeside has been the favoured area of kings and queens for hundreds of years.

The high quality of the night skies above Tomintoul and Glenlivet in Moray have earned the area a prestigious award by becoming Scotland’s second International Dark Sky Park. The Tomintoul & Glenlivet - Cairngorms Dark Sky Park is not only the darkest park in the UK but it is also the most northerly Dark Sky Park in the world.

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Discover the Cairngorms National Park in style on the charming Strathspey Railway. Tuck into afternoon tea on board the train, or hop off at Boat of Garten to see osprey chicks in May and June.

Ruined castles on remote islands, ancient distilleries, adrenaline-fired outdoor sports, rare wildlife – you can enjoy them all in the Cairngorms National Park – why not join us for a spot of adventure? You’ll find brilliant outdoor pursuits on offer, enticing events, as well as fantastic festivals to keep the whole family entertained for hours.

DID YOU KNOW

- Nearly half of the land in the National Park is considered ‘wild land’.

- Get on your bike and discover the abundance of cycle paths and trails exploring the dense woodland and open plains across the park.

- This is glorious driving country – particularly if you have a tough 4x4. Buckle up for an off-road Land Rover safari on Rothiemurchus, Balmoral, Glenlivet, Invercauld or Atholl estates to zoom round every inch of our stunning landscapes.

- You can also follow the new North East 250 scenic route, which passes through the National Park.

- Don’t miss the Snow Roads Scenic Route, a 90-mile journey from Blairgowrie to Grantown-on-Spey traversing the highest public road in Britain and travelling through the outstanding landscapes of the eastern Cairngorms.

- Don’t miss the newly opened Grantown East Heritage Centre, which includes some fantastic interactive displays and a café set in an old vintage carriage.

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The region’s welcoming towns, villages and communities are a pleasure to explore, from the traditional town of Grantown-on-Spey to the highest village in the Highlands, Tomintoul. Each town has stories to tell and their own claims to fame, so explore these local communities, get tips from the locals and discover what it is like to live in this beautiful National Park.

**Tomintoul**
Are you ready for the big skies and open spaces around the highest village in the Highlands? Tomintoul is an ideal base if you want to visit the Glenlivet Estate, north eastern Cairngorms and Scotland’s Malt Whisky Trail in Moray Speyside. You may be surprised at Tomintoul’s central square – the houses don’t cluster together as in some remote villages. It was laid out to a grand, spacious plan in the 18th century and you’ll see many of the Tomintoul Museum will help you imagine living as a crofter or a village blacksmith. Glenlivet is home to a variety of habitats with open expanses of heather covered hills, clear rushing burns and rivers, sheltered straths, glens and woodlands offers a diversity of wildlife. There is also over 100 miles of easy access walking and biking trails as well as a range of other outdoor activities including fishing, watersports and snowsports.

**Aviemore**
Aviemore is an excellent base for exploring the wilderness of the Cairngorms National Park, covering the mountains, Glenmore, Rothiemurchus Forest and much more. Whatever you want from a Highlands short break or holiday, you’ll find it in Aviemore, with hundreds of things to do from winter sports and wildlife, to history and food and drink. Choose from an excellent range of accommodation, restaurants and bars in Aviemore. The town is your gateway for discovering the many attractions and beautiful scenery of Britain’s largest National Park.

**Kincraig**
How do sheepdogs manage to control all those sheep so expertly? And how do shepherds control their dogs? Find out on Leault Farm in Kincraig, which holds daily sheepdog demonstrations from May to October. Kincraig lies right next to Loch Morlich, which offers year-round outdoor activities and attractions. You can try out windsurfing, kayaking, and sailing, and there are also opportunities for climbing, abseiling and mountain biking.

**Royal Deeside**
Braemar is a village within Royal Deeside, an area much loved by generations of the Royal Family. From here you can enjoy a superb range of outdoor activities, particularly hillwalking, as there are 24 Munros nearby as well as 65 miles of high level walks and cycling routes. Pause for some peaceful reflection in Crathie Kirk, the place of worship for the Royals when in Balmoral. Balmoral Castle is a relatively young Scottish castle. Queen Victoria loved the country so much that her husband, Prince Albert, built Balmoral Castle as their Scottish holiday retreat in the mid 19th century. The picturesque village of Ballater is near to Balmoral Castle, one of the residences of the Royal Family, which explains the many ‘By Royal Appointment’ signs that can be seen on local shops and business. Close by is Royal Lochnagar Distillery which produces one of Scotland’s most exclusive whiskies. The Old Royal Station houses a museum and exhibition celebrating its links with Royalty as well as a bistro, shop and Centre.

**Blair Atholl**
Blair Castle guards the southern gateway to the Cairngorms National Park. This mighty stately home nestles at the bottom of the Cairngorm mountains and was the last castle in the British Isles to be besieged, in 1746. Nearby you can take in attractions including the Pass of Killiecrankie and the Atholl Country Life Museum.

The House of Bruar is a fabulous place to shop – but don’t forget the lovely waterfall in the woods. Pop into Blair Atholl Watermill where you can buy flour and oatmeal produced on site. You can also take a tour of the mill or relax with a coffee.

**Spittal of Glenshee**
Love the outdoors? Glenshee is a wild and wonderful part of the world where you can take part in walking, fishing, shooting, golf and cycling or tackle the white slopes with a variety of snowsports. Four glens meet at a magical place – the Spittal of Glenshee. Its name in Gaelic is Gleann Shith, the ‘glen of the fairies’, and maybe you will see some little people on a misty evening...

**Angus Glens**
Glen Clova, Glen Doll, Glen Isla, Glen Esk and Glen Prosen – the five Angus Glens all have their own charming character and welcoming communities. Glen Clova snakes north west, with every bend revealing another spectacular view. Just when you think you can’t go any further, a narrow pass leads you to the dramatic cliffs of Glen Doll and the wild Corrie Fee National Nature Reserve. Just over the hills is Glen Prosen, smaller but equally charming in its own way.

Watch out for wildlife in Glen Isla. The Loch of Lintrathen has a wildlife reserve where ospreys nest every summer. Glen Esk is the longest glen and a haven for walkers. There are some lovely wild swimming spots near Gannochy – just watch out for red kites. In the last few years they have been spotted stealing swimmers’ underwear to line their nests! Glen Lethnot is perhaps the most secretive Angus Glen. Imagine living here in prehistoric times by visiting the Brown and White Caterthuns, a pair of Iron Age forts.

**HIGHLIGHTS**
- Life here in centuries past could be hard, but the people had a strong, caring and creative sense of community. See their history for yourself at the Highland Folk Museum near Newtonmore.
- Landmark Adventure Park has something for every intrepid adventurer! Butterfly World, Dinosaur Kingdom, Tarzan Trail, Wild Water Coaster to name just a few of the attractions to discover. You will need more than one day!
- Steam into a more elegant age on a 20-mile round-trip train journey with the Strathspey Steam Railway.
- Rare, beautiful and endangered wildlife in the spectacular setting of the Highland Wildlife Park, Kincraig.
- A fab family adventure at the Fun House, in the grounds of Hilton Coylumbridge Hotel resort, Aviemore. Enjoy soft play tree house, ball pits and a maze of slides and tunnels.

**DON’T MISS...**
- Visitscotland.com
Cairngorms National Park, and each has a store of wild surprises. Look up as you walk round Loch Muick – those giant birds wheeling around the cliffs are probably golden eagles. Don’t miss the chance to explore one of the most important wetlands in Europe at Insh Marshes, near Kingussie.

Pretend you’re an eagle yourself for a day, by taking to the skies with the Cairngorm Gliding Club and Deeside Gliding Club.

Trivia fans – what’s the only bird unique to Britain? It’s the Scottish crossbill, and the Cairngorms National Park is the best place to spot it.

The Cairngorms feature the highest, coldest and snowiest plateaux in the British Isles. If you’re well-prepared you can experience the harsh but beautiful climate that many Arctic plants and animals are hardy enough to make their home.

The park is a safe haven for many endangered species including Scottish wildcats, golden eagles, capercaillies and ptarmigans, so keep your eyes peeled when out walking. If you’re coming in autumn, make sure you experience the haunting roar of red deer stags during their rut. It’s truly unforgettable!

There are nine separate National Nature Reserves (NNRs) within the Cairngorms National Park, and each has a store of wild surprises. Look up as you walk round Loch Muick – those giant birds wheeling around the cliffs are probably golden eagles. Don’t miss the chance to explore one of the most important wetlands in Europe at Insh Marshes, near Kingussie.

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You can read the history of these landscapes everywhere you go. Discover small towns, villages and remote communities, which have changed and developed over thousands of years. See evidence from Pictish settlements and Jacobite rebellions to the railways, which brought Victorians to the area on holiday.

You’ll soon see why the Royal Family love Balmoral Castle so much when you take a fascinating tour with one of the Estate Rangers and explore the grounds, gardens and exhibitions.

Step back into seven centuries of history at Blair Castle and Gardens, Blair Atholl, set within a breathtaking landscape.

They don’t make them like this anymore! The remarkable Old Invercauld Bridge, near Ballater, has six different oddly sized arches – but it still gets the job done, spanning the River Dee in style. Walk the 2.8 mile circular Scalan Heritage Trail to enjoy the scenery of the Braes of Glenlivet and discover the secluded Scalan Seminary.

The Mar Lodge Estate is blessed with four of the five highest mountains in the UK and glorious stands of Caledonian pine wood. Let the knowledgeable rangers take you on a guided walk around this unique estate.

CASTLES COME IN ALL SHAPES AND SIZES, BUT FEW OF THEM ARE QUITE LIKE CORGARFF CASTLE – IT HAS STAR SHAPED FORTIFICATIONS! VISIT AND YOU’LL DISCOVER IT’S IN A BREATHTAKINGLY BEAUTIFUL SPOT. NO WONDER THE CASTLE WAS ONCE THE FAVOURITE HIDE-OUT OF WHISKY SMUGGLERS...

A Highland river in spate can be an impenetrable barrier. But the business of life – and death – must go on. So the old packhorse bridge in Carrbridge was built in 1717 to take funeral processions across the River Dulnain to Duthil Church when the river was roaring. It was known locally as ‘the coffin bridge’. Today a slender single stone arch makes it one of the most iconic visitor attractions in the Cairngorms.

ONLY A FEW MINUTES FURTHER DOWNSTREAM, NEAR KINGUSSIE, ARE THE RUITHVEN BARRACKS. WHY ARE THEY SO EERILY RUINOUS? THE BARRACKS WERE DESTROYED IN ANGER AND FRUSTRATION BY BONNIE PRINCE CHARLIE’S FORCES IN 1746, AFTER THEIR DECISIVE DEFEAT AT THE BATTLE OF CULLODEN.
On a thrill hunt? This will be your happy hunting ground! The Cairngorms National Park goes big – really big – on sports, adventures and exciting activities. From accessible walking and thrilling mountain biking, to fishing and magnificent snowsports, the region has adventure in abundance.

If you love living the high life, you can climb 43 Munros (mountains higher than 3,000 ft) including five of the six highest mountains in the UK. Corrie Fee is a secretive wee gem of a place. This National Nature Reserve is tucked away at the top of Glen Clova, and the corrie is cradled by cliffs to form a wild rocky amphitheatre sculpted by the power of ice and water. It's a sanctuary for a rich variety of flora and fauna, including rare alpine-Arctic plant species, ptarmigan and even golden eagles.

Lose yourself – and find yourself – on the meandering waymarked trails and cycling routes of Glenmore Forest Park. When you stumble on the pine-fringed Loch Morlich you won't believe its sandy beach isn't at the coast. There you can go canoing, windsurfing or sailing out on the loch. This really is Hillwalking Central. Here you'll find walks for all levels and abilities, from ascents of the mighty summits of Cairn Gorm, Braeriach and Ben Macdui to the long walk of the Lairig Ghru and easy woodland routes in Glenmore Forest!

At Landmark Forest Adventure Park in Carrbridge you can ride a runaway timber train, skydive, take a flume ride, meet red squirrels or explore the world’s only Bamboozeleum.

The Speyside Way will take you 65 miles along the River Spey from Aviemore to the Moray Firth. Happily, there are quite a few distilleries on the way... Try windsurfing, kayaking, and sailing at Loch Insh, near the beautiful village of Kincraig. You can also go climbing, abseiling and mountain biking.

Explore the Deeside Way. It runs for over 45 beautiful miles between Ballater and Aberdeen. You can enjoy some easier rides, as well as the purpose-built mountain bike trails at Laggan Wolftrax, which offers both difficult and technical rides for the experienced.

In summer, you can find more downhill biking trails at The Lecht and Glenshee, with chairlifts to take you to the top. Try your fly on the world-class salmon and sea trout fishing rivers of the Spey and Dee.

You can ski and board at three places in the National Park: Cairngorm Mountain has many activities including a visitor centre, bar/café, tubing, ATV Experience, ranger services and walks to name a few. The Lecht is a family-friendly centre with teaching facilities, snow tubing and a range of summer activities. Glenshee has the most extensive ski area in the UK, with runs spread across four mountains.

Here's a golfing secret – the Spey Valley Championship Golf Course was recently voted one of the best in Scotland by the Top 100 Golf Courses of the World. And the highest 18-hole course in Britain is in Braemar.

The very pleasant six-mile walk to the Ryvoan Pass. You'll pass by the vividly green An Lochan Uaine, which gets its colour from the local fairies washing their clothes there...

For fast and furious action, catch a game of shinty. The villages of Kingussie and Newtonmore are only three miles apart but have a fierce century-old rivalry over this exciting game.

The Wildcat Trail is a 10km waymarked path encircling the village of Newtonmore.
Are you ready for a feast? In our beautiful landscapes are born some equally gorgeous food and drink that you simply must taste to believe. And here in the Cairngorms National Park there are local delicacies right on your doorstep.

Our hills are dotted with deer, cattle and sheep and you won't have far to go to sample some very local venison, beef and lamb. The rivers and lochs are brimming with salmon and trout – to taste them when they have only recently been caught is to take a step into heaven.

If you’re out on a walk you will almost certainly see a game bird or two, and this is the place to sample the bold flavours of grouse and pheasant.

Of course, meat isn’t the only food that we do well here. You can sample fresh local vegetables and heather honey as well as locally grown strawberries and handmade cheeses.

Now, let’s talk drinks. For beer, the aptly named Cairngorm Brewery in Aviemore will happily let you try their superb ales, lagers and stouts. For a truly unusual tipple, go for Nessie’s Monster Mash.

The craft brewery in Grantown-on-Spey is called Two Thirsty Men and you can guess what sort of people its founders are! They brew beer in small batches using pure local water and lashings of passion.

From hotels and restaurants with award-winning chefs to traditional country inns, you are sure to find outstanding menus on offer, all using quality local produce. Browse the foodie goodies in the farm shop at the Rothiemurchus Centre, then sit down to a warming meal of local produce at the Druie Restaurant Café.

The best way to end each feast is with a dram of single malt from one of the local distilleries such as the Glenlivet Distillery, where you can take a tour.

Or spend an afternoon at the Dalwhinnie Distillery, one of the six Scottish distilleries that form the Classic Malts Collection. It is also one of Scotland’s highest distilleries at over 1,000ft above sea level.

In the Highland Home Centre, Aviemore’s newest foodie attraction, Route 7 Café, offers delicious freshly prepared food, including cakes, cheeses, meats and even arts and crafts.

If you have a sweet tooth, Alba Chocolate based in Newtonmore offer chocolate making workshops. The Kilted Fudge Company in Aviemore creates so many amazing flavours you will find it difficult to choose.

Pull in for a pitstop at the 1896 Gallery & Coffee Shop in Boat of Garten.

THE CAIRNGORMS NATIONAL PARK

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Explore the variety of brilliant experiences that await you in the Cairngorms National Park. And what better way to celebrate the Year of Coasts and Waters than with an exciting programme of events that showcases all the great wonders that the region has to offer?

Scotland’s coasts and waters have shaped our history, culture and way of life, from fishing and textiles, to whisky and wave power. The Cairngorms National Park boasts a hugely diverse scenery and a rich offering of inland waters, ranging from sparkling lochs to rivers and waterfalls.

**Outdoors Playground**

The Cairngorms National Park is the largest National Park in the UK and an area of outstanding natural beauty with ancient pine forests, sub-arctic mountain tops, lochs, rivers and moorland – now that’s a big playground! Explore its dramatic natural water features, with an unparalleled range of adventures, from watersports to snowsports and some incredible walking and cycling routes.

You could take a wonderful trek on the Speyside Way along the River Spey to Kincraig or go sailing at Loch Insh watersports centre or at Loch Morlich near Aviemore.

For the more adventurous, why not try canyoning or white-water tubing at Rothiemurchus, or bungee jumping with a once-in-a-lifetime free-fall experience of 40 metres towards the water below the Garry Bridge over the beautiful River Garry in Killiecrankie, Perthshire?

**Go Wild**

The wild natural landscapes and inland waters around the Cairngorms National Park are teeming with wonderful wildlife.

In Boat of Garten, take a wander around the Abernethy Forest Nature Reserve, home to endangered ospreys and other rare bird species. Visit the Osprey Centre and take the nature trail around the shores of Loch Garten and Loch Mallachie. Try salmon and sea trout fishing on the Spey or in stocked lochs on the nearby estates.

Whether you hope to spot black grouse or a pine marten, majestic golden eagles or red squirrels, the Cairngorms National Park is home to them all.

**Year of Coasts and Waters 2020**

**Bliadhna Cladaichean IS UISGACHAN NA H-ALBA 2020**

**A Taste of the Cairngorms**

Few regions in Scotland encapsulate the traditional and world-famous cuisine of the country as well as the Cairngorms – venison from deer that range across the hills, beef from Highland cattle, salmon and trout from pristine rivers and lochs and whisky from age-old distilleries.

There are plenty of places to go for a Highland feast, from the Old Bridge Inn in Aviemore to The Boathouse Restaurant on the shores of Loch Insh.

No visit to the Highlands would be complete without sampling a ‘wee dram’ of whisky beatha or ‘the water of life’ that is Scotch whisky. Enjoy a warming dram of whisky from one of six distilleries, including Dalwhinnie, Royal Lochnagar and Glenlivet, a cheeky glass of gin from the Balmenach Distillery, home of Caorunn Gin, or a refreshing pint of local ale by the Cairngorms Brewery.

**Great Adventures**

Discover the Cairngorms National Park in style on the charming Strathspey Railway heading north alongside the famous River Spey. Take a walk through ancient glacial landscapes to the magical An Lochan Uaine (The Green Loch) in the Glenmore Forest Park, where the fairies wash their clothes, all the way to the Eagle’s crag.

Nearby visit Loch Morlich, together with its sandy beach, one of the highest lochs in the country at 1,000ft above sea level. Or take a short walk along Loch an Eilein and admire its ruined castle, while spotting red squirrels in Rothiemurchus Forest.

**Don’t miss...**

- Loch Muick – Water of Pig One - A very picturesque loch and a great place for a walk at the far end of Glen Muick, accessible from Ballater.
- The five majestic Angus Glens – Glen Isla, Glen Prosen, Glen Clova, Glen Lethnot, and Glen Esk.
- Loch Kinord – Loch of Head-Water - Part of the Muir of Dinnet nature reserve, this loch offers plenty of bird watching and wildlife spotting opportunities.
- Spirit of the Spey - combine canoeing and whisky tasting along the Spey River.
- The majestic rivers Spey and Dee flow through the National Park on their way to the sea and are two of the finest salmon and sea trout rivers in Scotland.

Explore the variety of brilliant experiences that await you in the Cairngorms National Park. And what better way to celebrate the Year of Coasts and Waters than with an exciting programme of events that showcases all the great wonders that the region has to offer?
Food festivals, Highland games, sports matches, walking festivals – all these events and hundreds more take place throughout the National Park each year. Which will you join in with?

If you’re here in summer, you have to see a Highland games. Cabers are tossed, haggis is served and dancers take to the stage as the sound of bagpipes fill the air. It’s the ultimate Scottish experience!

At the Lonach Gathering & Games, soak up the scenery and learn the history of contemporary Highland culture.

The Atholl Gathering and Highland Games at Blair Castle is another unique event. It’s the only place in Europe that you can watch an inspection parade of a private army – the Atholl Highlanders.

Your tail will be wagging at the Aviemore Sled Dog Rally, in January. Just remember to wrap up warm!

There’s no sport quite like shinty – fast, skilful and pretty violent, it’s a thrill to watch. You can see Scotland’s indigenous sport at an exciting local match. Local teams, Kingussie and Newtonmore, play at the top level in the Marine Harvest Premiership.

Thunder in the Glens – in August thousands travel from all over the world to take part in the largest Harley Davidson rally in the UK. With a mixture of live music, bike demos, Jeep rides, trade stands and the rumble of engines, this truly is a spectacular weekend which can be enjoyed by all the family.

Top chainsaw carvers from around the globe compete for the coveted Golden Spurtle™ trophy. Christmas in the Cairngorms National Park is a truly magical experience with reindeer, Christmas shopping events, log cabins and roaring fires. There are a huge range of events including visits from Santa in many of the local villages on Christmas Eve.

WHAT’S ON
TACHARTASAN

FOO DIV YE SPIK I’ DORIC?
How do you speak Doric?
Doric is a Scots dialect spoken in north east Aberdeenshire. The term ‘Doric’ is thought to originate from the Greek for ‘rural’ or ‘rustic’ due to the fishing and farming communities of the region.

Wifie – Woman
Mannie – Man
Quine – Girl/Daughter
Loon – Boy/Son
Bairns – Children
Toonser – From the city
Teuchter – From the rural country
Fit like? – (What like?) How are you?
Rowie/buttery – Savoury bread roll

FOO DIV YE SPIK I’ DORIC?
The easiest way to reach the Cairngorms National Park is by the A9 trunk road, the A93 road in the east, or the main railway line from Perth to Inverness, which passes through the west of the park. Once you’re here, you can drive or catch a bus to most of the towns and villages and there are also some excellent cycle routes.

By road
Explore the picturesque landscape of the Cairngorms on the 90-mile Snow Roads Scenic Route from Blairgowrie to Grantown-on-Spey, linking together Braemar, Ballater and Tomintoul with a range of natural and cultural attractions. You can also explore the new North East 250 route, which passes through part of the National Park. If you don’t bring your own car, you can hire one in Aviemore or Aboyne. There are many single track roads in remote areas. Use the passing places to carry on safely. For further details about driving safely in Scotland, visit www.visitscotland.com/about/practical-information/driving-in-scotland/

By bus
Stagecoach operates bus services throughout most of the towns and villages in the National Park. National services are operated by Citylink, Stagecoach and National Express with bus stops along the A9 trunk road and in gateway villages. Pick up the Cairngorms Explorer leaflet in a VisitScotland Information Centre or download it from www.cairngorms.co.uk

By rail
The main railway line from Perth to Inverness runs along Strathspey in the west of the National Park with stations in Blair Atholl, Dalwhinnie, Newtonmore, Kingussie, Aviemore and Carrbridge. You can also enjoy a unique train journey between Aviemore and Broomhill on the restored Strathspey Steam Railway. For more rail information visit www.strathspeyrailway.co.uk

By bike
Cycling on and off-road is also a great way to get to and around the National Park. National Cycle Network Route 7 and sections of the Deeside Way, Speyside Way and Dava Way are all suitable for cycling. For more information go to www.visitcairngorms.com/onabike

You can now hire electric bikes via the E-Bike Project at various locations across the park. These run for 30-40 miles of assisted cycling and charging them up is completely free at designated points. Find out more at www.electricbicyclenetwork.com


By rail
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PRACTICAL INFORMATION
FIOSRACHADH FEUMAIL

The listings within this guide have been split into the following sections:

• Places to visit
• Leisure activities
• Food & drink
• Tours

Businesses within these sections are listed in alphabetical order by business location then by business name. Each entry has a map reference (see example) rating to the map which appears at the back of this guide. Most entries have a postcode which can be used to pin point locations but it is always wise to check the actual location before making your journey.

SAMPLE ENTRY
Location
‘By’ designates that a property is within 10 miles of this location. Mileage in brackets after the location indicates the distance from the named location.

Name of business

Contact details

Business description

Quality award

Where a Quality Assurance award has been included on an entry, the business has been graded by VisitScotland and provides assurances on quality and standards. Further information on page 23 of this guide. Quality Assurance awards are correct as at January 2020.

Pricing
Prices shown in entries for admission, services and facilities are provided by the advertisers. Please note that prices are for your guidance only and include VAT where applicable (VAT as at December 2019). It is always advisable to check cost prior to booking.

Booking
Accepting a booking by telephone or in writing means you have entered into a legally binding contract with the proprietor of the establishment. If you cancel or fail to turn up, for whatever reason, the proprietor has the right to ask you for compensation. You should always check the cancellation terms in advance and, if you must cancel a booking, advise the business immediately. Online bookings are also subject to terms and conditions, please check directly with the proprietor of the business.

Insurance and cancellations
Should you have to cancel for whatever reason, it is reassuring to know that you can be insured against any compensation claim. It is advisable to take out cancellation insurance prior to your trip.

Accessibility
Whether you want a cosmopolitan city break or a relaxing holiday in the countryside, you’ll find a great range of accessible accommodation, attractions, things to see and do and transport. You can stay in a bustling city centre, with great access-friendly attractions right on your doorstep, or out in the countryside, where you can enjoy accessible walks or trips to the beach. For more information go to www.visitscotland.com/holidays-breaks/accessible. Also go to www.euansguide.com for information on businesses throughout Scotland with good access reviews from disabled people, their family and friends.

Businesses with the logo (below) on their www.visitscotland.com entries have their own Accessibility Guide which will include information on their facilities such as onsite restaurants, free WiFi, hearing loop, level access and accessible parking or drop off points. It is always advisable to check the businesses own website for this information, which will be highlighted by this symbol.

A
Accessible and Assistance dogs*

These symbols are contained in some entries in this guide denotes establishments have some access, and guide dogs are made welcome but please do check with the business before booking or visiting.

B
Hearing loop*

Many establishments will be able to cater for those with a sensory impairment but please do check with the business before booking and visiting.

S
Short breaks available*

There is a fabulous range of accommodation throughout Scotland. Many offer short breaks options. Many establishments have offers throughout the year, contact direct for latest special offers.

F
Family fun*

There is a wealth of things to see and do that will keep smiles on faces all day. Businesses that are particularly suitable for children can highlight this within their entries.

Dogs welcome*

Dogs are welcome to this establishment, on the understanding that they are on their leash and are kept under control. You may have to check with each establishment whether there are restricted areas for your dog.

Refreshments available*

Café or refreshments are available at this business. Please check prior to visiting if you have particular requirements.

WiFi available*

Guest WiFi access is available at this location.

Wild camping
Wild camping is legal in Scotland but there are guidelines that all campers should follow. Please camp responsibly, in particular avoid overcrowding by moving on to another location if it’s already a busy spot. Wherever possible, use a stove rather than an open fire. Never light an open fire during dry periods or in sensitive places like forests or peaty ground. Take away your rubbish and consider picking up other litter as well. If in doubt, ask the landowner. Their advice just might help you find a better camping spot. For further information see the Scottish Access Code: www.outdooraccess-scotland.scot/practical-guide-all/camping

Take extra care and follow any local advice when parking cars or campervans. Please note, responsible access rights within the Scottish Outdoor Access Code do not extend to motorised transport. If you are planning to travel in a motorhome or campervan check with the landowner before you stop or book a pitch in a nearby camping park. Across the length and breadth of Scotland there are some really fantastic camping parks in stunning locations, from beachside crofts to wooded areas lined with ancient pines. By pitching up at a proper campsite, you’ll help ensure our natural environments and their often fragile ecosystems remain intact.

Smoking
Scotland’s indoor public places, including pubs, restaurants and cafes are smoke-free by law, creating a healthier and fresher environment for residents and visitors to our beautiful country.

Drinking and driving
Scotland’s drink drive limit is 50 mg (of alcohol per 100 ml of blood). The Scottish Government recommends the best approach is to have no alcohol at all, if you are intending to get behind a wheel in Scotland.

Denotes that these symbols establishments have selected to include in their entries, they are not verified by VisitScotland and all facilities should be checked prior to arrival.

For further information go to www.visitscotland.com
Only in Scotland can you find information and advice in so many places.

Our friendly information experts can offer advice on what’s on, where to go and book tickets for events, activities and transport. Our Shop Local initiative promotes local artisans so we’re sure to help you find the perfect gift from Scotland. Find us on page 19.

Our accredited iKnow Partners are based throughout Scotland and can offer tailored advice to help you make the most of your visit. Chat with them for insider tips about the must see attractions in the local area. Find them at visitscotland.com/iknow

Quite simply, it takes us the length and breadth of Scotland to visit thousands of different properties every year and grade them on the things we know matter to you. Things like the overall quality on offer and warmth of welcome to help you make a more informed choice. VisitScotland Quality Assurance – Quality you can trust.

An acceptable standard
A good, all round standard
Very good standard, with attention to detail in every area
Excellent – superb food where provided and friendly, professional service
An exceptional standard where quality, hospitality and service are hard to fault

Serviced accommodation establishments awarded gold stars have consistently achieved the highest levels of excellence within their star grading.

We want you to feel welcome – find establishments that pay particular attention to your specific needs:
- Walkers
- Anglers
- Classic Cars
- Visiting Golfers
- Field Sports
- Ancestral Tourism
- Pets

Taste Our Best
One way to ensure that you’ll enjoy great quality Scottish food and drink, prepared with care and delivered with passion, is to look for places that are part of Taste Our Best, our food and drink quality scheme.

Green Tourism—because we care
Businesses that work in a sustainable, environmentally friendly way are graded: Bronze ⭐, Silver ⭐⭐ or Gold ⭐⭐⭐⭐⭐

For any feedback or comments you may have on quality assured properties please email us on qa@visitscotland.com.
**Places to visit**

*Castles, historic homes & attractions*

Also check Visitor attractions

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**BALLINDALLOCH**

**Ballindalloch Castle**  
Ballindalloch, Banffshire AB37 9AX  
T: 01807 500205  
enquiries@ballindallochcastle.co.uk  
www.ballindallochcastle.co.uk  
16th-century castle/family home. Tour, audio-tours, tearoom, shop, gardens, walks, grass labyrinth, Aberdeen Angus cattle.  
• 12 fully furnished rooms • Guided tours • Audio tours (English, French and German) • Gift Shop  
Open: Check opening times, April to October, www.ballindallochcastle.co.uk  
Closed on Sat 5th Sept for the Braemar Gathering.  
Admission: Adults £10, Students £7, Children £4, Family £18. Pre-booked groups (over 10 people) qualify for 15% discount.  
T: 01339 741219 info@braemarcastle.co.uk  
Braemar, the heart of the Cairngorms National Park.  
www.braemarcastle.co.uk

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**BLAIR ATHOLL**

**Braemar Castle**  
On A939, east of Braemar, on The Snow Roads & NE250 routes AB35 5XR  
T: 01339 741219 info@braemarcastle.co.uk www.braemarcastle.co.uk  
Fairytale castle built by the Earl of Mar in 1628. 12 fully furnished rooms. Guided tours, tales of Jacobites, Farquharsons and ghosts. Friendly community run castle with a warm welcome. Personal guided tours and audio tours. Also visit free the Earl of Mar’s earlier Castle, Kindrochit, in the centre of Braemar, the heart of the Cairngorms National Park.  
Open: Check opening times, April to October, www.braemarcastle.co.uk  
Closed on Sat 5th Sept for the Braemar Gathering.  
T: 01339 741219 info@braemarcastle.co.uk  
Braemar, the heart of the Cairngorms National Park.  
www.braemarcastle.co.uk

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**CORGARFF**

**Corgarff Castle**  
Historic Scotland, 8 miles west of Strathdon on the A939, AB36 8YP  
T: 01975 651460 customer@hes.scot www.historicenvironmentscotland.gov.uk  
An ancient castle with a distinctive 18th century star-shaped perimeter wall.  
Open: Check website for up to date opening times  
Gardens only tickets available.  
• 12 fully furnished rooms • Guided tours • Audio tours (English, French and German) • Gift Shop  
Open: Check opening times, April to October, www.braemarcastle.co.uk  
Closed on Sat 5th Sept for the Braemar Gathering.  
Admission: Adults £10, Students £7, Children £4, Family £18. Pre-booked groups (over 10 people) qualify for 15% discount.  
T: 01339 741219 info@braemarcastle.co.uk  
Braemar, the heart of the Cairngorms National Park.  
www.braemarcastle.co.uk

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**GLENLIVET**

**Glenlivet Estate**  
Glenlivet Estate Office, Main St, Tomintoul, Ballindalloch AB37 9EX  
T: 01479 812498 enquiries@speysidewildlife.co.uk www.glenlivetestate.co.uk  
Enjoy walking, cycling, horse riding, wildlife watching, off-road tours and skiing. Visit historic sites, adventure playground and our information centre.  
Open: All year, Information Centre open Mon-Fri, 9am-5pm.  
Admission: Free entry.  
T: 01479 812498 enquiries@speysidewildlife.co.uk www.glenlivetestate.co.uk

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**DALWHINNE**

**Dalwhinnie**  
www.dalwhinniedistillery.com Book your tour  
Or e-mail: dalwhinnie.distillery@diageo.com  
Elevate your senses at the highest distillery in Scotland  
Enjoy our award winning distillery tours and luxurious world class tastings, pairing our whiskies with the sublime chocolates of Iain Burnett, the Highland Chocolatier  
Please refer to the website for opening times:  
www.dalwhinniedistillery.com

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**CAIRNGORMS NATIONAL PARK**

**Speyside Wildlife**  
Aviemore, Grantown-on-Spey & Kingussie area  
T: 01479 812498 enquiries@speysidewildlife.co.uk www.speysidewildlife.co.uk  
Wildlife can be elusive in the Scottish Highlands, so book a private guided day out, or an evening mammal watch with one of our knowledgeable wildlife guides.  
Open: Closed on Sat 5th Sept for the Braemar Gathering.  
Admission: Free entry.  
T: 01479 812498 enquiries@speysidewildlife.co.uk www.speysidewildlife.co.uk

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**BE IN THE KNOW**

Our accredited Information Partners are based throughout Scotland and can offer tailored advice to help you make the most of your visit. Chat with them for insider tips about the most see attractions in the local area.  
Look out for the sign or find us at visitscotland.com/iknow  
www.visitscotland.com
The Whisky Castle has been selling the finest malt whiskies of Scotland from its location in Tomintoul for over 100 years. We are Experts in non-chill filtered sherry, bourbon, port, rum and wine cask malt whiskies.

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Visit our charming victorian shop in the heart of whisky country.

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- Scottish and International Choices
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- Fine Wines, Malt Whiskies and Beers
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www.scone-palace.co.uk

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www.scone-palace.co.uk

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www.dolphinspirit.co.uk
Inverness Marina, Stadium Road, Inverness, IV1 1FF

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AULDEARN, NAIRN
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High St Merchants Cafe - Gallery

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Selection of Scottish Gins & Ale (Two Thirsty Men) brewed right next door.
www.thehighstmerchants.com  Tel: 01479 872246 www.twothirstymen.com

From our restaurants, B&Bs and hotels, to visitor attractions, pubs and take-aways, you can sample our famous fare made with the freshest local produce.

To find out more go to visitscotland.com/tasteourbest

Loch Insh Outdoor Centre

Kinlochmoidart PH21 1NU
T: 01540 651272
www.lochinsh.com
watersports  bike trails  walks  wildlife cruises  restaurant  gift shop and bar

Look out for the Taste Our Best logo, a sign that great quality Scottish food and drink is on the menu, prepared with care and delivered with passion.
**Leisure activities**

### Activities – outdoor

#### Mountain biking/leisure biking

**By LAGGAN**

Laggan Wolftrax
Forestry and Land Scotland, Laggan, 1 mile west of Laggan Bridge on A86 PH20 1BU
Tel: 0131 370 5696 enquiries.north@forestryandland.gov.scot
www.forestryandland.gov.scot/mtb

Over 20 miles (35 km) of purpose-built trails wind through Laggan Forest, with superb views of the Monadhliath hills on the edge of the Cairngorms National Park. There are routes from an easy-going green trail to a black run.

**Open:** All year.
**Admission:** Free admission. Parking charge applies.

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#### Pony trekking/horse riding

**KINCRAG**

Alvie Stables
Alvie Estate, Kincraig, Inverness-shire PH21 1NE

Fantastic riding through miles of beautiful countryside on well schooled horses and ponies. Novice and experienced riders catered for. TRSS approved.

**Open:** All year.
**Admission:** On application. Discounts for families and groups. Children from 3 years welcome.

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#### Country sports – fishing, shooting

**AVIEMORE**

Osprey Fishing School
Jim Comfort, 1 Braeriach Court, Aviemore PH22 1TL
Tel: 01479 810632 M: 0775 447 5445 guc@btinternet.com

Fly fishing tuition for trout and salmon, including the world famous Spey cast. Loch & river fishing trips, casting clinics, private tuition, courses, boat & tackle hire. Permit & tackle sales. Located at Avielochan, 3 miles north of Aviemore.

**Open:** Please contact for further details.

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**Balmoral Luxury Land Rover Safaris**

Accompany a ranger on a fascinating ‘behind-the-scenes’ tour of Balmoral Estate. An excellent opportunity to experience the stunning mountain scenery of the Cairngorms National Park from the comfort of a luxury Land Rover Discovery.

To book please call 013397 42534
For further information visit our web-site at www.balmoralcastle.com
Safaris available April to July and late-October to December.

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T: 0800 980 4846 M: 0781 478 4402 seaprobe@msn.com
www.seaprobeatlantis.com

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• Voted Best Wildlife Experience in the UK, Daily Telegraph • Informative & Fun for All Ages & Agilitities • All-weather Attraction • Seals Every Trip • On-board refreshments & toilet • As seen on BBC, ITV & CH4

Open: April 1st to October 31st. Regular Trips Daily. All scheduled sailing times on website - www.seaprobeatlantis.com. Book online anytime or in person at our Ticket Office.


CARRBRIDGE
The Cairn Hotel
Carrbridge, Inverness-shire PH23 3AS
T: 01479 841212 stay@cairnhotel.co.uk
www.cairnhotel.co.uk

Award-winning authentic Highland Inn serving seasonal bar meals, using the best local ingredients. 7 rooms, excellent choice of real ale and malt whisky.


KINCRAG
Boathouse Restaurant
Loch Insh, Kincraig, Kingussie, Inverness-shire PH21 1NU
T: 01540 651272 F: 01540 651208 office@lochinsh.co.uk www.lochinsh.com

‘One of the best views in the Spey Valley’ with log fire, balcony and bar. Home-baking, a la carte, bar meals, children’s menu. Wifi available.

Visit Scotland celebrates the year of Coasts and Waters
Find out more at visitscotland.com/ycw2020
Join the conversation #YCW2020
Join us in 2020 at the world-famous Braemar Royal Highland Gathering

Saturday, 5th September, 2020 at the Princess Royal and Duke of Fife Memorial Park in Braemar

Tickets: www.braemargathering.org

...or discover the fascinating history of Highland Games, all year round at The Duke of Rothesay Highland Games Pavilion

CAFE EXHIBITION & SHOP

Look out for the Taste Our Best logo, and sign that great quality Scottish food and drink is on the menu.

To find out more go to visitscotland.com/tasteourbest

Display adverts

Alvie & Dalraddy Estate Activities
Alvie Estate Office, Kincraig, Kingussie PH21 1NE
T: 01479 810330  F: 01540 651255 info@alvie-estate.co.uk
www.alvie-estate.co.uk/activities

Alvie Estate is a family owned, traditional Highland estate covering 13,000 acres of fields, woodland and moor in the Cairngorm National Park, 4 miles south of Aviemore, near the village of Kincraig.

Family activities are available on the estate to accommodate all ages & abilities including the exciting Zip Trek Park, Paintball, Gorge Walking, Clay Pigeon Shooting, Fishing, Off Road Buggies and seasonal Red Squirrel and Stag Photography.

Family Fun

Key to Costs and Symbols

T: 01479 810330  F: 01540 651255 info@alvie-estate.co.uk
www.alvie-estate.co.uk/activities
AVIEMORE (3 miles)

Alvie Holiday Cottages
Traditional working Highland Estate with 5 cottages (sleeping 4-6).
Short breaks are available out with July/August. Full details, online booking & availability on our website. Family activities on the estate.

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T: 01540 651255 info@alvie-estate.co.uk  www.alvie-estate.co.uk

Self Catering
Open: All year

£495 - £1595 pw
Sleeps (6/10)
Bedrooms (3/5)

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Jane and Gary Lud, Woodside Avenue, Grantown-on-Spey PH26 3JU
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Guest House
Open: All year

£42 - £52 pppn
Sgl (2)
Dbl (2)
Twin (1)

LAGGAN, by NEWTONMORE

Gaskbeg Cottages
Completely renovated, these two extraordinary cottages combine the beauty of a traditional stone built exterior with a bright, modern and stylish interior. Both cottages sit peacefully in an elevated position.

Mrs Lucy Grant, Gaskbeg Farm, Laggan, Newtonmore PH26 1BS
T: 01528 544 236 M: 0788 871 7666 gaskbeg@btinternet.com www.gaskbeg.co.uk

Bed and Breakfast
Open: All year

£21 - £40 Per Night
Dbl (2)
Twn (1)

AVIEMORE (2 miles)

Dalraddy Holiday Park
Dalraddy Holiday Park is set in 97 acres of mixed native woodland, with spectacular views over the Cairngorm Mountains. The holiday park offers a selection of large touring pitches as well as chalet and static caravan holidays. Activities and shop onsite.

Dalraddy Holiday Park, Near Aviemore PH22 1QB
T: 01479 842062 M: 0774 843 2648
www.blaircastlecaravanpark.co.uk

Small Holiday Park
Open: All year

CARAVANS (2)
Touring (45)
Tent (50)
Chalets (11)

NETHY BRIDGE

Coire Chioille Bed & Breakfast
Peaceful, friendly B&B with a wildlife garden. Near bus routes.

Mrs Janet Goodall, Coire Choille, Lettoch Road, Nethy Bridge PH25 3DY
T: 01479 821716 jan@bandbnethybridge.co.uk

Bed and Breakfast
Open: All year

£45 - £85 pw
Sgl (1)
Dbl (1)
Twn (1)

BALLATER

Bonn-na-Coille Cottages

Bonn-na-Coille, 8 Braemar Road, Ballater, Aberdeenshire AB35 5RL
T: 01224 585500 T: 01796 481263 M: 0798 056 5901
stay@ballaterselfcatering.co.uk www.ballaterselfcatering.co.uk

Self Catering
Open: All year

£395 - £650 pw
Cottage (2)
Bedrooms (2)
Sleeps (2-3 [i.e 2+1])

BLAIR ATHOLL

Blair Castle Caravan Park
9 acre green site with mixture of tourer/tenting pitches, caravan holiday homes, pods & self catering wooden lodges. Electric hook-ups, showers/toilet blocks, laundry facilities, drying facilities, mountain bike hire. Electric car charging points, kids playpark and sewage hire.

Blair Atholl, Perthshire PH18 5SR
T: 01796 481263 bookings@blaircastlecavanpark.co.uk
www.blaircastlecavanpark.co.uk

Holiday Park
Open: March - Nov

CARAVANS (18)
Touring (200)
Tent (65)
Pods (8)

£350 - £865 Per Week
£21 - £40 Per Night
£9.50 - £30 Per Night
£35 - £60 Per Night

BOAT OF GARTEN

Alba Highland Cottages

Dr James Weir, Chapeltown, Busot of Garten PH24 3BJ
T: 01905 840062 M: 0774 843 2648
holidays@albahighlandcottages.co.uk
www.albahighlandcottages.co.uk

Self Catering
Open: All year

£395 to £1595 pw
Bedrooms (3/5)
Sleeps (6/10)
ALBA HIGHLAND COTTAGES

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Visit our newly country inn on the Glenlivet Estate, in a traditional Highland village within the Cairngorms National Park. Enjoy the great outdoors, Scottish wildlife and local cuisine, all with a panoramic view of the surrounding mountains. Our self-catering log cabins offer the perfect blend of relaxation and adventure, with private hot tubs and Wi-Fi included.

BOAT OF GARTEN
TEL 01505 842062
Please check out our website for more details.
www.albahighlandcottages.co.uk

Glenbeag Mountain Lodges

Self-catering Norwegian Log Cabins with outdoor private hot tubs. All the cabins have panoramic views over the majestic mountainous surroundings of Glenlivet and the Cairngorms National Park, offering a unique destination at over 1000 feet above sea level. All log cabins include Wi-Fi, Sky Freesat TV, CD/DVD's, BBQ's, patio decks and outdoor hot tubs. Some cabins have saunas, some accept pets. Ideal for a family holiday or a special romantic break.

Spital of Glenshee, Perthshire, PH10 7QE
01250 885 204 | logcabin@glenbeag.co.uk
www.glenbeag.co.uk

BE IN THE KNOW

Our accredited Information Partners are based throughout Scotland and can offer tailored advice to help you make the most of your visit. Chat with them for insider tips about the must see attractions in the local area. Look out for the sign or find us at visitscotland.com/iknow

www.caingormlodges.com
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Superfast WiFi

BE IN THE KNOW

Our accredited Information Partners are based throughout Scotland and can offer tailored advice to help you make the most of your visit. Chat with them for insider tips about the must see attractions in the local area. Look out for the sign or find us at visitscotland.com/iknow

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07583 436040

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www.caravanscotland.com
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The Rowan Tree Country Hotel is in a rural setting just outside Aviemore in the Cairngorms National Park. It is situated in stunning countryside and in an outdoor enthusiasts’ heaven. Activities nearby include, mountain biking, climbing, hiking, road cycling, canoeing, fishing, water sports, skiing, nature photography and local history.

Rowan Tree Country Hotel
Loch Alvie, Aviemore PH22 1QB
01479 810207 • enquiries@rowantreehotel.com
www.rowantreehotel.com

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www.strathspeyrailway.co.uk

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To book, call us on 0344 879 9152 or visit www.macdonaldhotels.co.uk/Aviemore